# Digital Resources for Nightbook Volunteers Please read BEFORE you begin your shift, so you are familiar with the information we can share with callers. Please do NOT share additional information beyond what is provided by Nassau Intergroup.

#### **Callers looking for meetings**

Many local groups offer *virtual meetings* on the Zoom platform. Here is a link to our current list of virtual meetings hosted by AA groups in Nassau County: <u>https://www.nassauny-aa.org/Docs/VirtualMtgs.html</u>

You can also use the Nassau "Meeting Finder" here: https://nassauaa.org/meetings

There are also **telephone meetings** (Sober Voices group) members can attend by dialing 712-432-0075 (passcode 654443#) Every day at 12 noon Every night at 10pm Fri/Sat there's an additional meeting at midnight

There is also a 24-Hour Women's Meeting available via Zoom and telephone. Here's the info: Zoom Meeting ID: 928 9414 8568 Passcode: Billw Dial in Phone: 646-518-9805 Meeting ID: 928 9414 8568 Passcode: \*875061#

Anyone looking for Spanish speaking meetings can call 516-223-9590 or look them up at <u>www.aaintergrupohispanodenassau.org</u>.

This info (and meeting info for locations outside of Nassau County) is also available via the **Meeting App**, which can be downloaded here: <u>https://www.aa.org/pages/en\_US/meeting-guide</u>

#### Callers who just want to talk to a sober A.A. member

Feel free to share your experience with drinking and your recovery in A.A. If the conversation goes on too long, offer to take their number and have someone call them back the next day.

#### Callers who are looking for (or may need) medical detox

Use the emergency referral information you will receive from the Nightbook Coordinator.

## Some things to keep in mind:

We are <u>not</u> professionally trained mental health crisis workers, nor should we try to be. If someone is suicidal or otherwise in need of emergency mental health services, explain to them we are not that kind of hotline, and give the emergency referral info you will receive from the Nightbook Coordinator.

### NOTE: We've had some obscene callers to our hotline. These numbers have been "blocked." If you get such a call, please note the number and give it to the Nightbook coordinator, so we can add it to our "blocked caller" list.

**If someone is verbally inappropriate or abusive,** you do not need to stay on the line. Hang up immediately, block the number, and share the call information with the NightBook Coordinator when your shift is over.