



NEWSLETTER

Intergroup Association of Nassau, Inc.
361 Hempstead Turnpike, West Hempstead, NY 11552-1329

24/7 Hotline: (516) 292-3040
Business: (516) 292-3045
intergroup@nassaunyny-aa.org

AUGUST 2022

A.A. ANNOUNCEMENTS

- The Aug. Reps. meeting will be on 8/4/22 at 7:30 PM. The Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607. There is a New Reps. Orientation Meeting beforehand at 7:00 pm same Meeting ID and Passcode.
- For upcoming A.A. events see pages 5.
- Traditions workshops will be every second Saturday of the month at 10 AM. Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607
- There are service opportunities with the Nightbook/Daybook (see flyer below).
- The office is open with restricted access, please call ahead (516-292-3045) to verify if someone is available. Masks and social distancing is required.
- ESCYPAA VIII Committee Meetings are held on the 1st and 3rd Mondays of every month at 8:15pm on Zoom. Meeting ID: 658 749 0274 Passcode: ESCYPAA8
- In keeping with the procedure described in our current bylaws, we are publishing our [existing bylaws](#) and the [proposed changes](#) online. For a simplified summary of the editorial and substantive changes being proposed, please refer to [this one-pager](#). The proposed changes were developed by an *ad hoc* committee in 2020, and were discussed at length at the monthly reps meetings in 2021. We will vote on whether to adopt the revised bylaws at the August 4, 2022 Intergroup Reps' meeting.

Calendar Of Events:

August 2022

- 8/1/22:
- NY State Informational Workshop
- 8/3/22:
- Institutions Committee Meeting
7:30pm
- 8/4/22:
- New Representatives Orientation
7:00pm
- Nassau Intergroup
Representatives Meeting 7:30pm
- 8/13/22:
- Traditions Workshop 10:00am
- 8/17/22:
- Tech. Committee Meeting
- 8/21/22:
- SENY Intergroup Liason Meeting
- 8/25/22:
- Steering Committee Meeting (by invitation) 7:30pm

September 2022

- 9/1/22:
- New Representatives Orientation
7:00pm
- Nassau Intergroup
Representatives Meeting 7:30pm
- 37th Annual Intergroup Seminar
- 9/2/22:
- 37th Annual Intergroup Seminar
- Convenvencion Hispana
- 9/3/22:
- 37th Annual Intergroup Seminar
- Convenvencion Hispana
- 9/4/22:
- 37th Annual Intergroup Seminar
- Convenvencion Hispana
- 9/5/22:
- 37th Annual Intergroup Seminar
- 9/6/22:
- SENY Committee Meeting
- 9/7/22:
- Institutions Committee Meeting
7:30pm
- 9/9/22:
- NAATW
- 9/10/22:
- SENY Assembly 8:00am
- Traditions Workshop 10:00am
- NAATW
- 9/11/22:
- NAATW
- 9/15/22:
- Tech. Committee Meeting
- Financial Review Committee Meeting
- 9/17/22:
- Speaker Exchange 7:00am
- 9/19/22:
- NGSG 12 Concepts Workshop
- 9/21/22:
- Tech. Committee Meeting
- 9/29/22:
- Steering Committee Meeting (by invitation) 7:30pm

For detailed information regarding each meeting, please refer to the Nassau Intergroup Calendar of Events website, which can be found [here](#).



"Each day my friend's simple talk in our kitchen multiplies itself in a widening circle of peace on earth and good will to men."

Reprinted from the Big Book, Alcoholics Anonymous, p. 16, with permission of A.A. World Services, Inc.

**Drunks are calling...
Let's ensure the hand of
A.A. is there to answer their calls.**

The A.A. hotline, both the daytime phones and the Nightbook, is in dire need of phone volunteers.

Reach out to
Regina at phonereps@nassaunynyaa.org or
Luisa at nightbook@nassaunynyaa.org
for opportunities
to do service.

DISTRICT COMMITTEE MEMBER CHAIR'S DESK

Our Elections will be held at our NGSF October 17th reps meeting. Refer to the attached flyers, Officer Responsibilities, Guidelines, and Suggested Qualifications. South Eastern New York (SENY) Area 49 will be holding elections at the September 10th, assembly from 10am-3:30pm Meeting ID: 825 5322 5053 Passcode: 16464 and to call in: 929-205-6099. Evolution of a Conference Advisory Action at our June 20th NGSF reps meeting, our CPC Committee Chair brought forth a proposed agenda item for the 73rd General Service Conference, regarding a pamphlet for Educators. We heard the proposed item and the motion was seconded. We discussed and voted and it was unanimously accepted.

1A) An idea, suggestion, concern, or subject comes from A.A. members, G.S.R.s, D.C.M.s,

Area Committee members, Delegates, Trustees, or G.S.O./GV Staff, and may be shared or discussed at the group, district and Area Assembly and sent to the Conference Coordinator GSO.

1B) Area 49, Special Voting Assembly: Proposed Agenda Items for the 73rd General Service Conference. Theme is Our Three Legacies: Recovery, Unity, & Service. The date is August 20th 9:00am-2:00pm, Meeting ID: 733 111 2611, Passcode 98765

2) The idea is reviewed by the G.S.O./GV Staff and forwarded to appropriate trustees committee. "Were it not for Committees it is doubtful that any Conference could get over a fraction of the ground it now covers. As the Conference has grown in size and influence the Committees importance has grown even more." —from The A.A. Service Manual.

Come out and see how the upside Triangle Works.

Concept 1) Final Responsibility and Ultimate Authority for A.A. World Services should always reside in the collective conscience of our whole Fellowship.

Concept 2) When in 1955, the A.A. groups confirmed the permanent charter for their General Service Conference, they there by delegated to the Conference complete authority for the active maintenance of our world services and thereby made the Conference excepting for any change in the Twelve Traditions or in Article 12 of the Conference Charter – the actual voice and the effective conscience for our whole Society.

Marty K. NGSF DCMC

NGSF Officer Responsibilities, Guidelines, and Suggested Qualifications*

	DCMC (District Committee Member Chair)	First Alternate DCMC	Second Alternate DCMC	Treasurer	Secretary	Technology & Communications Officer
Continuous Sobriety	5 years	5 years	5 years	3 years	3 years	3 years
Previous Service	GSR, DCM/Alternate DCM	GSR, DCM/Alternate DCM	GSR, DCM/Alternate DCM	GSR, Treasurer in Group, District	GSR, Secretary in Group, District	GSR
Skills & Abilities	<ul style="list-style-type: none"> • Communication • Leadership • Meeting planning • Management skills 	<ul style="list-style-type: none"> • Communication • Leadership • Meeting planning • Management skills 	<ul style="list-style-type: none"> • Communication • Leadership • Meeting planning • Management skills 	<ul style="list-style-type: none"> • Finances, banking, bookkeeping • Understanding of 7th Tradition • Ability to use Excel or similar program • Prepare reports 	<ul style="list-style-type: none"> • Experience with document production • Ability to prepare meeting minutes • Knowledge of group email distribution 	<ul style="list-style-type: none"> • Ability to use Excel or similar program to manage membership data • Technical skills necessary to assist with virtual events
General Responsibilities	<ul style="list-style-type: none"> • Provides leadership and support to other officers and members • Delegation of responsibilities as necessary • Appoints and oversees NGSF Committee chairs • Prepares meeting agendas • Right of Decision between meetings 	<ul style="list-style-type: none"> • Provides leadership and support to standing committees • Takes on DCMC responsibilities if DCMC unable to serve • DCM orientation and support 	<ul style="list-style-type: none"> • Provides leadership to ad hoc chairs and committees (Unity Breakfast, Big Meeting, LISTS) • GSR orientation and support 	<ul style="list-style-type: none"> • Maintains bank account; records • Writes checks as authorized (two signatures) • Makes timely deposits • Picks up mail • Sends thank-you letters for contributions • Prepares Treasurer & Contributions Reports, Year-end report & budget for the following year 	<ul style="list-style-type: none"> • Records minutes at county meetings & officer meetings • Sends meeting notices, agendas, & reports to members by email 	<ul style="list-style-type: none"> • Enrolls new DCMs, GSRs, Alternates, & Committee Chairs in NGSF, SENY, & GSO databases • Provides NGSF officers with updates to membership lists
At NGSF Meetings	<ul style="list-style-type: none"> • Chairs meetings • Votes only in case of a tie • Instructs members in procedure & Concepts • Encourages participation 	<ul style="list-style-type: none"> • Chairs in absence of DCMC • Reports on assigned committees & responsibilities 	<ul style="list-style-type: none"> • Chairs in absence of DCMC & 1st Alternate • Reports on assigned committees & responsibilities 	<ul style="list-style-type: none"> • Collects 7th Tradition contributions & reports on total 	<ul style="list-style-type: none"> • Keeps minutes, including names of those making & seconding motions 	<ul style="list-style-type: none"> • Enrolls & introduces new members • Requests & assists members to update the database
Agenda	• Prepares agenda	• Contributes to agenda	• Contributes to agenda	• Contributes to agenda	• Contributes to agenda	• Contributes to agenda
Reports at meetings & in writing	<ul style="list-style-type: none"> • Reports on important A.A. matters • Seeks guidance from members • Reports on county issues 	<ul style="list-style-type: none"> • Collects reports from assigned committees & sends to members one week before meeting. 	<ul style="list-style-type: none"> • Collects reports from assigned committees & sends to members one week before meeting. 	<ul style="list-style-type: none"> • Prepares Financial Report & Contributions Report & sends to members • Reviews reimbursement forms 	<ul style="list-style-type: none"> • Prepares Minutes of each meeting & sends to members after DCMC review 	<ul style="list-style-type: none"> • Introduces new members • Reports on membership
SENY Committees - member	• Area Committee • Service Participation Committee	• Area Committee • Service Participation Committee	• Area Committee • Service Participation Committee			• Registration Committee
Attendance is supported by NGSF at:	<ul style="list-style-type: none"> • Assemblies • Area Committee • Officer Meetings • Area Convention • NERAASA • SENY Service Participation Committee • Nassau District events • NERF, NYSIW 	<ul style="list-style-type: none"> • Assemblies • Area Committee • Officer Meetings • Area Convention • NERAASA • SENY Service Participation Committee • Nassau District events • NERF, NYSIW 	<ul style="list-style-type: none"> • Assemblies • Area Committee • Officer Meetings • Area Convention • NERAASA • SENY Service Participation Committee • Nassau District events • NERF, NYSIW 	<ul style="list-style-type: none"> • Assemblies • Officer Meetings • NERF, NERAASA (once) 	<ul style="list-style-type: none"> • Assemblies • Officer Meetings • NERF, NERAASA (once) 	<ul style="list-style-type: none"> • Assemblies • Officer Meetings • NYSIW • NERF, NERAASA (once)

HELP WANTED

- **2nd Alternate DCMC-**
Requirements: Needs to have previously been a GSR and has 5 years of sobriety
- **Technical Communications Officer-**
Requirements: experience with Excel or similar programs to manage membership data, technical skills to manage virtual events, and has 3 years of sobriety.

If you are interested in these service opportunities contact Marty at dcmc@aanassaugs-ny.org

CONTACT INFORMATION

If you would like to get in touch with the DCMC please send an email to dcmc@aanassaugs-ny.org.

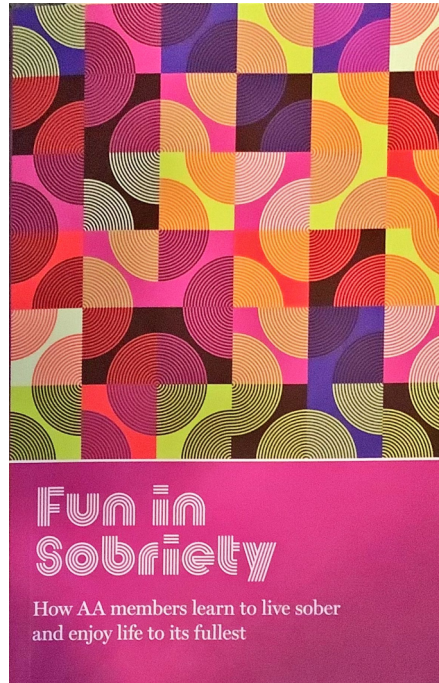
ARCHIVES CHAIR'S CORNER

The Home Group- The Heartbeat of AA

A home group is most important to my sobriety. I just celebrated 39 years of sobriety last month. During that time I've belonged to two home groups, the Prospect Group (1948) in Brooklyn, and my current group, Cedarhurst Hewlett (1959) here in Nassau. I made the coffee early on in Brooklyn and believe it or not we used to fight for that commitment. Everything I learned about service I learned there. Today sometimes it seems it's hard to get anyone to do service even at the group level. That is not the case in my home group. Right now we are meeting in a small room with no ability to make coffee. That does not stop JOHN. He prepares the coffee at home and brings the entire set up to the meeting. John has a servant's heart, as do all the guys there, Kenny, John, Joe, Nick, Dwain, Dean, Ernie, & Darrell. I feel I belong to the best group in AA. If you want to do service start at the heartbeat of AA, the home group.

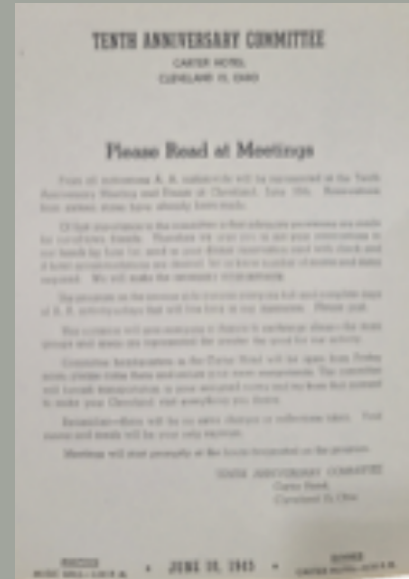
Marie S

Grateful member



This is a brand new publication of the Grapevine. Thank you to my friend Linda D the GV chair at Nassau General Service for my copy. I love it. By the time you might be reading this we would have had our annual Intergroup picnic. I've been going since 1991 and have always enjoyed it. Every year it's a little different, people have moved or passed.

This event takes some planning, so thank you to Augie and his team. Having been involved in the past, it starts with getting the permit in the winter. Lots of effort goes into setting up and cleaning up. Bring a newcomer and show them the way we socialize without drinking. "We are not a glum lot". We are out in public anonymously, so let's put the best AA face forward. Living sober and enjoying life to its fullest.



CONTACT INFORMATION

If you would like to get in touch with the Archives Chair please send

an email to
archives@nassauny-aa.org

A LETTER FROM YPAA...

A Life Beyond My Wildest Dreams

Ryan K. – ESCYPAA 8
Registration Chair

The morning of July 7th, 2016 is a moment I will never forget. I was alone in my car. The sun hit my face, jolting me from another drunken slumber and my eyes shifting to focus on my surroundings. My car was parked and left running in the breakdown lane of Interstate-95. My head pumping, I noticed the bottle of whiskey down by my feet and the fuel gauge on empty. Awakening from yet another episode of unmanageability and chaos. I didn't know at that moment; this would be my last drunk on a recovery journey that would bring me to a spiritual awakening. A life beyond my wildest dreams, filled with so many beautiful people.

During my late teens and throughout my 20's, the disease of alcoholism spiraled deeper and deeper to isolation. Just as I sat alone in that car along the highway. My life was a facade, a series of lies, playing the actor to whichever group I had to placate to keep the extent of my drinking unknown. Pushing away my friends and family. Feeling totally alone in a group full of people. Not letting people in. No one knowing the truth of my existence, a daily binge drinker.

After a month-long inpatient treatment here on Long Island, I was directed by several members of AA to check-out a meeting in Amityville. This meeting they said carried the same 12-step solution, followed the same traditions, and had many people my age. I looked it up on the long

white meeting list, it read: "Doing It Young – YP, 0 – 8pm Mondays". I had to find the abbreviations to understand, YP stood for Young People. It blew my mind that there were enough people my age within AA that there were meetings FULL of them!

This meeting would become my homegroup. Within that room were others in their teens, 20's, and 30's finding and sharing solution to alcoholism. Working the 12-steps of Alcoholics Anonymous; the principles of open-mindedness, honesty, and willingness began to take hold on my life. I didn't fully recognize, my world was growing. More people were coming into my life. This weird thing was occurring, I was making friends?!

Several of these new friends told me about a service committee that would meet in that same location called LICYPAA... great another acronym :) The Long Island Committee of Young People in Alcoholics Anonymous. Since 2003 LICYPAA has existed to unite all young AA's of Long Island in the tradition of our founders to bring the message of recovery to the still suffering alcoholic. Young people from all over Nassau and Suffolk Counties coming together in service. This service committee would utterly change my life. Young Peoples AA got me into service below the group level. I got to be Website Chair, Graphics Chair, PI/CPC Chair, General Service Liaison, Intergroup Liaison, then Committee Chair. I gained such an appreciation for those who came before me in AA, not only keeping the doors open but operating as trusted servants within AA's service structure.

In October of 2016, this service committee hosted a 3-day AA convention in Hauppauge. Walking into the grand ballroom I saw hundreds of young people in AA celebrating the gift of life. I was 5-months sober, living in transitional recovery housing and my entire outlook on recovery skyrocketed into the 4th dimension! Recovery is fun?! People were out camping, whitewater rafting, sober dancing, bringing the message of AA into high schools and colleges?! WHAAAT! I found the fellowship that I craved during all those years alone, drinking away my existence.

That same convention which would show me a life beyond my wildest dreams is BACK ON LONG ISLAND. This year's convention will be held at the Hilton Hotel in Melville, NY, on the weekend of October 28 – 30, 2022. Three days of recovery, panels/workshops, powerful speakers, entertainment and celebration of life in AA! With Al-Anon and Alateen participation! That same experience is there for you! It is there for the young person in your homegroup! It is there to bring a spark of hope and a smile to your face! We hope to see you there regardless of your age! After all.. young simply means room to grow. And don't we all Register today at escypaa8.org

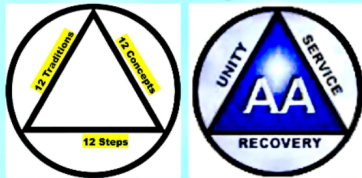
In love and service,
– Ryan K

A.A. EVENTS

Nassau General Services is **National A.A. Technology Workshop 2022** proud to present: ~A Workshop~

"OUR TWELVE CONCEPTS for WORLD SERVICE:"
AA'S Spiritual Principles of Recovery

Our "Three Legacies"



**** Suggest to have your service manual. It's open for all A.A. members
The workshop will be a Virtual Workshop. 7:30pm-9:00pm EST****
922 8787 8377 Passcode 12345

Dates :

January 17	Concepts 1 & 2
March 21	Concepts 3 & 4
May 16	Concepts 5 & 6
July 18	Concepts 7 & 8
September 19	Concepts 9 & 10

Nassau County Intergroup "Live" Speaker Exchange

Speaker Exchange is where groups meet to exchange incoming/outgoing speaking commitments.

WHEN: Every 3 months (March/June/Sept/Dec)
on the 3rd Saturday of the month at 7:00 AM



June 18th
September 17th
December 17th



WHERE: Bellmore Presbyterian Church
2740 Martin Ave. Bellmore NY
("Rambo Hall")

Contact: Nassauexchange@gmail.com for more info.

Looking for a "Virtual" Speaker Exchange?

(to book online/hybrid speakers)

WHEN: First Saturday every month at 9am
(EXCEPT HOLIDAY WEEKENDS,
when it's the SECOND Saturday)

WHERE: Zoom!

To receive log-in, you MUST REGISTER your group
by emailing secretary@queensaa.org

Moving Forward
Together



September 9th - 11th, 2022
Seattle (Tukwila), WA and online

In-Person Location:

Hotel Interurban

223 Andover Park East, Tukwila, WA 98188

Room Rate: Two Queens \$139/night - One King \$129/night
Use Group Code **NAATW** when booking

Registration:

In-Person - \$75; Online - \$25

Onsite meal options available as add-on options. Friday buffet and Saturday box lunch.

nassau intergroup

Monthly Traditions Workshop



The SECOND SUNDAY
of each month
10am-11am

Zoom Meeting ID: 554-670-5146
Passcode: 870607

Warranties, huh, yeah . . .
What are they good for?
Absolutely everything!
THE A.A. SERVICE MANUAL
CONCEPT XII : THE 6 WARRANTIES
OPEN FORUM STUDY GROUP VIRTUAL

LAST SUNDAY EVERY MONTH
BEGINNING : MAY 29TH 2022 with WARRANTY ONE
ENDING : OCTOBER 30TH 2022 with WARRANTY SIX

4:00 PM - 5:00 PM
Eastern Standard Time

ZOOM ID : 998 938 7641 / PASSCODE : 714921
MONTHLY GUEST SPEAKER AND OPEN FORUM
To Enhance The Meeting Experience
A Friendly Reminder To Read The Month's Warranty Ahead Of Time

HOSTED BY

SOUTHEASTERN NEW YORK (SENY) AREA 49
SERVICE SPONSORSHIP COMMITTEE

ALL THE A.A. FELLOWSHIP IS INVITED TO ATTEND

FOR MORE INFORMATION
PDF VERSION OF THE NEW A.A. SERVICE MANUAL
PLEASE VISIT WWW.AASENY.ORG/SERVICE-SPONSORSHIP

INFORM COMMUNICATE INVOLVE ACT INSPIRE ATTRACT

ESCYPAA VIII
Campout
REGISTRATION NOW OPEN!
\$40
*Day Passes available at site \$15

Wildwood State Park
790 Hulse Landing Rd,
Wading River, NY 11792

Register at
escypaa8.org/campout

SCAN TO REGISTER
Open to all AA, Al-Anon & Alateen Members

Visit us at:
www.escypaa8.org
or email us at:
events.escypaa8@gmail.com

DETAILS
Event Date
September 9-11, 2022
Schedule includes
• AA Meetings
• Yoga
• "Drop the Rock" workshop w/ Cathy
• Beach
• Campfire
• Outdoor Games
• Nature Walk
*Daily Meals Included

ESCYPAA VIII

ESCYPAA CAMPOUT
SAVE THE DATE SEPTEMBER 9-11TH
FOR MORE INFO GO TO WWW.ESCYPAA8.ORG

FELLOWSHIP OF THE SPIRIT

OCTOBER 28-30, 2022

PRE-REGISTRATION: \$30

**PRE-REGISTER
ONLINE AT
ESCYPAA8.ORG**



HUNTINGTON HILTON
598 BROADHOLLOW RD
MELVILLE, NY 11747

Book your hotel room at
www.hiltonlongisland.com

GROUP RATE CODE : ESCY or call 631-577-1537

*With Al-Anon and Alateen participation

ESCYPAA VIII

NASSAU INTERGROUP - EMAIL ADDRESSES

OFFICERS

Chairperson chair@nassauny-aa.org

1st Vice Chair 1stvice@nassauny-aa.org

2nd Vice Chair 2ndvice@nassauny-aa.org

Secretary secretary@nassauny-aa.org

Treasurer treasurer@nassauny-aa.org

Nassau General Service District Committee Member Chair (DCMC)
dcmc@aanassaugs-ny.org

STANDING COMMITTEES

Archives archives@nassauny-aa.org

Coop. Pro. Comm. (CPC) cpc@nassauny-aa.org

Corrections corrections@nassauny-aa.org

Financial Review finance@nassauny-aa.org

Institutions (H&I) institutions@nassauny-aa.org

Literature literature@nassauny-aa.org

Meeting List meetinglist@nassauny-aa.org

Newsletter news@nassauny-aa.org

Night Book nightbook@nassauny-aa.org

Officer Coordinator (Mgr.) phonereps@nassauny-aa.org
officemanager@nassauny-aa.org

Public Information (PI) publicinfo@nassauny-aa.org

Share-a-Day (SAD) shareaday@nassauny-aa.org

Speakers Exchange speakerexchange@nassauny-aa.org

Accessibilities accessibilities@nassauny-aa.org

12th Step List 12thstep@nassauny-aa.org

Meeting List Changes:

Many meetings have reopened Please check the meeting guide and/or meeting app.

If your group needs changes made, send in a meeting change form and send it to the webmaster email address:
webmaster@nassauny-aa.org.

The Nassau Intergroup meeting finder can be found [here](#) or you can download the meeting guide app [here](#). These will reflect the most accurate information. Please help to keep the meeting lists current and correct by submitting a "Meeting List Changes Form" whenever your meeting details change. That form can be found [here](#).

Our Purpose

As we say in our meeting books (and more formally in our ByLaws):

Declaration of Purpose:

Nassau InterGroup of Alcoholics Anonymous is an all volunteer organization formed by the AA groups in Nassau County to serve all groups and meetings in Nassau county.

In order to carry the message of Alcoholics Anonymous to the still sick and suffering alcoholic, both in and out of the fellowship, Nassau InterGroup, in accordance with AA's 12 Steps, Traditions, and Concepts of World Service, has as its primary purpose:

- to have all telephone inquiries answered by a recovering alcoholic. The Nassau InterGroup HotLine number will be listed in the Nassau telephone directory. Meeting information and 12 step referrals will be made from all Nassau area groups that have provided up-to-date information.
- publish and distribute at regular intervals up-to-date directories of group meetings in Nassau county.
- publish and distribute a monthly newsletter.
- provide for quarterly group exchange meetings at which groups may exchange meetings with other groups.
- provide for monthly institutions committee meetings at which groups may arrange to participate in "inside" meetings.
- conduct monthly business meetings to address any group concerns and Intergroup business.

Yours in love and service,
Nassau InterGroup of Alcoholics Anonymous

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