



NEWSLETTER

Intergroup Association of Nassau, Inc.
361 Hempstead Turnpike, West Hempstead, NY 11552-1329

24/7 Hotline: (516) 292-3040
Business: (516) 292-3045
intergroup@nassauny-aa.org

MAY 2022

A.A. ANNOUNCEMENTS

- The May Reps. meeting will be on 5/5/22 at 7:30 PM. The Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607. There is a New Reps. Orientation Meeting beforehand at 7:00 pm same Meeting ID and Passcode.
- For upcoming A.A. events see pages 11-15.
- Traditions workshops will be every second Saturday of the month at 10 AM. Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607
- There are service opportunities with the Nightbook/Daybook (see page 8).
- The office is open with restricted access, please call ahead (516-292-3045) to verify if someone is available. Masks and social distancing is required.
- ESCYPAA VIII Committee Meetings are held on the 1st and 3rd Mondays of every month at 8:15pm on Zoom. Meeting ID: 658 749 0274 Passcode: ESCYPAA8
- Nassau General Service CPC/PI Committee Meeting is the last Tues. of each month 7:00pm Meeting ID: 922 8787 8377 Passcode:12345
- Thank you to everyone who supported Share-A-Day 2022! For any feedback, please email Dina at shareaday@nassauny-aa.org.
- In keeping with the procedure described in our current bylaws, we are publishing our [existing bylaws](#) and the [proposed changes](#) online. The proposed changes were developed by an *ad hoc* committee in 2020, and were discussed at length at the monthly reps meetings in 2021. We will vote on whether to adopt the revised bylaws at the August 4, 2022 Intergroup Reps' meeting.



"Each day my friends simple talk in our kitchen multiplies itself in a widening circle of peace on earth and good will to men."

Reprinted from the Big Book, Alcoholics Anonymous, p.16, with permission of A.A. World Services, Inc.

**Drunks are calling...
Let's ensure the hand of
A.A. is there to answer their calls.**

The A.A. hotline, both the daytime phones and the Nightbook, is in dire need of phone volunteers.

Reach out to
Kenny at officemanager@nassaunya.org or
Luisa at nightbook@nassaunya.org
for opportunities
to do service.

Calendar Of Events:

May 2022

5/2/22:
- SENY Committee Meeting 7:30pm

5/4/22:
- Institutions Committee Meeting 7:30pm

5/5/22:
- New Representatives Orientation 7:00pm
- Nassau Intergroup Representatives Meeting 7:30pm

5/14/22:
- Traditions Workshop 10:00am

5/15/22:
- SENY Intergroup Liaison Meeting 2:00pm

5/16/22:
- NGS 12 Concepts Workshop

5/18/22:
- Tech. Committee Meeting

5/19/22:
- Financial Review Committee Meeting

5/26/22:
- Steering Committee Meeting (by invitation) 7:30pm

June 2022

6/1/22:
- Institutions Committee Meeting 7:30pm

6/2/22:
- New Representatives Orientation 7:00pm
- Nassau Intergroup Representatives Meeting 7:30pm

6/4/22:
- SENY Post Conference Assembly 9:00am

6/11/22:
- Traditions Workshop 10:00am

6/12/22:
- Nassau Unity Breakfast 9:00am

6/15/22:
- Tech. Committee Meeting

6/20/22:
- New GSR Orientation 7:00pm
- GSR Meeting 7:30pm

6/30/22:
- Steering Committee Meeting (by invitation) 7:30pm

For detailed information regarding each meeting, please refer to the Nassau Intergroup Calendar of Events website, which can be found [here](#).

THE THREE LEGACIES

Step Five

After nearly 4 years of attempting to work the program of Alcoholics Anonymous, I found myself completely broken and willing to do whatever it took to stay sober. I followed all directions from the fellowship, a sponsor and the suggestions in the program. I realized I had the gift of desperation.

I immediately began the twelve step work. After about 2 months of diving into the fourth step, I found myself sponsorless. I felt like my wounds were deep and wide open and I was crawling out of my skin. I prayed and asked a trusted friend to sponsor me and she agreed. Not only did she experience the same things during her fourth step, her sponsor did as well. We picked up at the fourth step and I finalized the work. We then met for hours to do a fifth step.

The fifth step in our AA

program is “Admitted to God, to ourselves, and to another human being the exact nature of our wrongs”. As I sat across from her, I had realized I held a heavy burden I did not want to share with anyone. I realized then and there that I would remain sick and suffering, unable to stay sober, if I didn’t admit to this. In desperation, I wrote it down. I trusted her with all of me. Not only did she accept me, she shared something that made me feel not so unique and alone.

After sharing everything with her, I felt vulnerable, yet clear. That clear feeling was so foreign. There was nothing on my mind, and I was completely present. It was almost scary but as I sat in this presence of peace, I felt the presence of God. Since that day, and with the 10th step, I have had this consistent presence of non judgment and joy. I didn’t realize how all of these experiences, judgments, and skewed perceptions revealed in the fourth and

fifth step had kept me sick and addicted. I am now almost a year sober and still free of the obsession to drink or use and able to show up gracefully today.

- Kelly

STEP FIVE

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Reprinted from Alcoholics Anonymous, p. 59, with permission of A.A. World Services, Inc.

THE THREE LEGACIES CONTINUED...

“Shoemaker, stick to thy last.” So opens Tradition 5 in the “12 and 12.” What does this mean? Does it mean that the cobbler has to remember the last pair of shoes made? A quick internet search reveals that a cobbler's “last” is the metal or wooden form that shoes are made or repaired on. So the most accurate interpretation of this saying is that we should stick to what we know best. This is a perfect illustration for Tradition 5: the “Primary Purpose” Tradition.

Here we learn that our primary purpose needs to be to carry the message of recovery to all that still suffer. One of the ways we can ensure we do exactly that, and nothing else, is to remind ourselves that we have a specific reason for the existence of our Fellowship. We are specialists in our own recovery, we are not generalists, and our focus is on nothing but recovery: learning it from

others, discovering it for ourselves and passing it on to the willing newcomer. All else are outside issues.

As we learned in our 4th Step work, we alcoholics are pretty good at building resentments and running off in all kinds of directions. If we didn't stick to our primary purpose, our Fellowship, our society, would not have lasted very long. But because we keep it to the primary purpose, we have managed to keep this thing going since the mid-1930s. The sober among us discovered that we no longer have to live the miserable life of the active alcoholic and we have an obligation to share this wisdom with others who seek it.

Giving it away becomes an act of self-preservation, the “insurance policy” as our literature calls it. We do this without want for money or to

proselytize a particular religion. We keep our fellowship moving along in its primary purpose so that we can find our own state of grace, that is, a state of being that we can be comfortable with, and that not only gives us a bit of peace and serenity, but also gives us the humbleness and willingness to share it with others so that we can stay sober one day at a time.

- Sean M

TRADITION FIVE

Each group has but one primary purpose- to carry its message to the alcoholic who still suffers.

Reprinted from Twelve Steps and Twelve Traditions, p.139, with permission of A.A. World Services, Inc.

TRADITION FIVE CHECKLIST

1. Do I ever cop out by saying, “I’m not a group, so this or that Tradition doesn’t apply to me”?
2. Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?
3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
4. Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?
5. Do I help my group in every way I can to fulfill our primary purpose?
6. Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?

THE THREE LEGACIES CONTINUED...

The "Long Form" of AA's 5th concept states:

Throughout our world service structure, a traditional "Right of Appeal" ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.

Upon reading this, and indeed even upon reading the 2+ pages devoted to its explanation in the AA 12 Concepts publication, I felt as though I didn't really have much to say about it, let alone add to it. Feeling almost stumped, I proceeded to dig a little further to try and see if I had any first-hand experience with this concept "in action" at the 2 levels of our so-called service structure that I have any familiarity at all with (Home Group(s) and Area Intergroup), realizing already that I was doing what a good alcoholic does and complicating things unnecessarily. That "research" yielded the conclusion that it is a lot simpler than it sounds (to me, anyway): the basic principle involved is democracy, but it seems that AA has learned to take it a little further. For example, I was reminded that with regard to many of our decisions, not only is a simple majority NOT enough to reach a verdict, but (and more relevant to Concept 5, if I'm understanding it correctly) if and when the trusted servants who are charged with guiding us through a decision (often culminating in a vote) remember (or are reminded) to solicit those in the minority to add anything to the discussion that may have been left out, then and only then should the majority decision be accepted (again, depending on whether the case calls for a simple or 2/3 majority.)*(* I am not 100% sure, but I believe there may be scenarios where neither of those majorities is used - I apologize for not being certain of

that.)

To be certain, though, it is not only incumbent on the trusted servant leading the discussion/agenda/vote, etc. to encourage the minority opinions before a possible vote and again (after such a vote) see if those in the minority have anything to add to those opinions, BUT (and possibly more importantly) it is up to each and every member to offer up any concerns, questions and information related to the topic at hand - that is, it is our **obligation** to "leave no stone unturned" with regard to any issue before us, whether we are uncomfortable expressing a potentially unpopular opinion or even if we are unsure of the relevance of any point we may make or question we may ask.

I realize that my "take" on this concept may be extremely dry and that specific examples or anecdotes would possibly make this concept more relatable. Unfortunately, I am hard-pressed to recollect first-hand examples where the minority opinion on an issue was so impactful or profound that the majority decision at hand was reversed, but I feel that is hardly the point. The fact that the potential for the majority to be wrong exists, so all opinions must be heard.

I am grateful that I have been in attendance at the Intergroup level, when trusted servants (often, but not always, the Chairperson) have either incorporated the opportunity for those in the minority to speak again, after a vote (or were reminded to.) It should be noted that this is not an opportunity for those in the minority to merely repeat their objections, opinions or already stated

facts; rather the opportunity is to present as-yet unstated relevant considerations or information.

Further (and this may be my best "take-away" from this foray into understanding Concept 5), I know for a fact that there have been times when I, myself, had a(n) (minority) opinion on a matter at a business meeting **and kept quiet**. I realize, now, that I should not do that, no matter how silly, I think my point may appear or how apprehensive I may feel about saying something that may not be in line with the direction a discussion's outcome is leaning. Again, it is our (my) responsibility to get that opinion, question or information into the discussion because the majority could possibly be making a mistake.

I hope that I was able to properly "get the gist" of this Concept and that some of what I said points to that; I apologize in advance if I got it wrong. Thank you for the opportunity to try.

- Mike F

CONCEPT V

Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

Reprinted from Service Material from the General Service Office, p.1, with permission of A.A. World Services, Inc.

CONCEPT V CHECKLIST

1. Do we encourage the minority opinion, the "Right of Appeal," to be heard at our home group, district committee meetings, area assemblies and the Conference?
2. What does our group accept as "substantial unanimity"?
3. Has our group experienced the "tyranny of the majority" or the "tyranny of the minority"?
4. Does our group understand the importance of all points of view being heard before a vote is taken?

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CHAIR'S CORNER

Luxury Problems

While much of the world around us has struggled economically during the COVID pandemic, our local AA fellowship has remained financially stable. This is partly due to sound budgeting and careful financial management by your trusted servants at Intergroup, but it is mostly due to the incredibly generous spirit of our local groups and members.

How many businesses or organizations are currently struggling with the “burden” of excess funds? Who among us is hearing about other entities having “too much money?” It sounds strange, doesn’t it? But thanks to our prudent financial principles and the steady sense of responsibility we all feel for the still suffering alcoholic, your Intergroup office is currently looking at a prudent reserve that is well over the amount we need to feel secure.

So what does that mean? It means we can help more

drunks!

The central function of an AA central office is to support the ongoing Twelfth Step work of the groups it serves. We do this in several ways:

- by coordinating a 24/7/365 hotline;
- by maintaining an informative website;
- by updating our online meeting list;
- by providing literature at the best possible rate, so it’s easy for local groups to carry a consistent AA message;
- by hosting holiday Alkathons and annual Big Meetings and Share-A-Days and picnics, to give our members a place to gather, to help each other stay sober, and to build unity.

These standard items are already budgeted for 2022, and are fully funded – and we still have more to spend. So what do we need from you?

Your ideas and input!

- Should we extend our public information signs on the NYCE

buses for a full year?

- Should we bring back the printed newsletter?
- How about printed meeting lists, or some other resource that makes it easier for your group to orient a newcomer to the vast Fellowship we enjoy here in Nassau County?
- Are there AA workshops/events you’d like to see us put on?
- Something else???

Find out if your group has an Intergroup rep. If they do, please share your ideas with them. If they don’t, volunteer to become one! And don’t hesitate to contact me if I can help you and your group get more connected and involved with AA as a whole.

-Jim M.

CONTACT INFORMATION

If you would like to get in touch with the Nassau Intergroup Chair please send an email to chair@nassaunya-aa.org

DISTRICT COMMITTEE MEMBER CHAIR'S DESK

Service is an avocation,
Participation is the attraction;
Joy of service has a light,
Be assured the future looks
bright;
Positions will continue to
rotate,
Recovery & Unity = Service.
Have you a date?
The hand of AA has a
responsibility,
Below the group offers sanity &
stability.

Nassau County hosted a SENY/
Joy of Service Workshop. The
Workshop renewed my faith
that our counties future looks
bright. GSRs and friends were
invited to be part of the
planning committee, they did.
And when you

fill a workshop the day of, it's
exciting! The workshop room
was alive with fellowship.
Again, I am encouraged to see

and feel that the future of
service roles in Nassau County
are looking bright.

I enjoy the service that I have
been elected to be effective one
second, one hour and one day
at a time. The role of the DCMC
begins with good leadership, its
vital. I am an alcoholic, I am
trying to get better, but the jury
is out how well it's going.

Back to the future of Nassau
General Service. Don't look
now, in October we will be
having elections for Officers.
DCMC, 1st Alternate to the
DCMC, 2nd Alternate to the
DCMC, Treasurer, Recording
Secretary & Technical
Communications Officer.

At the August Reps meeting we
will be passing out how we run

our elections for new officers.
We also will pass out the
guidelines and responsibilities
for officers.

The continued experience that
one experiences by being an
active participant. One can
only experience the joy by
getting involved. I continue to
encourage to join 1 of our
Standing Committees and
become an effective member of
that effective committee. Each
individual creates the
fellowship he or she craves.

In the 10th step the key word is
continued. Step 11 the key word
is improve. In step 12 the
keyword is practice.

Marty K. NGSG DCMC, By the
Grace of a Loving God



- **2nd Alternate DCMC-**
Requirements: Needs to have previously been a GSR and has 5 years of sobriety
- **Technical Communications Officer-**
Requirements: experience with Excel or similar programs to manage membership data, technical skills to manage virtual events, and has 3 years of sobriety.

If you are interested in these service opportunities
contact Marty at dcmc@aanassaugs-ny.org

CONTACT INFORMATION

If you would like to get in
touch with the DCMC please
send an email to
dcmc@aanassaugs-ny.org.

MAY FINANCIAL REVIEW

Financial Review— Too much money?

At the March Steering Committee (SC) and April Reps meetings, Financial Review (FR) shared a report looking at the levels that had been reached for funds on hand. While there is some flexibility in Intergroup's [By-Laws](#) on what those levels should be, there still is a matter here to consider.

The report offered that, "Consistent with Tradition Seven which states, 'We view with much concern those AA treasuries which continue, beyond prudent reserve, to accumulate funds for no stated AA purpose,' Intergroup By-Laws place limits on funds on hand as follows.

Article VIII, Section 1— 'Nassau Intergroup will seek to accrue and maintain a prudent reserve of approximately [emphasis added] six months of the combined expenses of Nassau Intergroup and its various committees (e.g., H&I, Literature, Share-A-Day, etc.).' Referencing the 2022 Budget, this places the cap on the reserve fund at approximately \$44,000.

Article VIII, Section 2— 'The operating fund of Nassau Intergroup (e.g., the NI bank accounts other than the dedicated sub-accounts and the reserve account) shall not exceed [emphasis added] one-quarter ($\frac{1}{4}$) of the then-current annual budget.' Referencing the 2022 Budget, this places the cap on the operating fund just under \$22,000."

And further that,

"The By-Laws and 'Fiscal Management' guidelines impose no strict response or specific remedy to excess funds."

In the March Treasurer's report, \$55,000+ was on hand in the Reserve (savings) account, and \$36,000+ in the Operating account. The April report would by now also be available, but it is unlikely the additional funds would have been used up through routine activities.

What to do? Suggestions?

My own view is that we should see this as an opportunity and obligation to come up with additional meaningful services and activities consistent with Intergroup's mission and methods. But we shouldn't just sit on it for too long.

We need to keep in mind that while we have extra funds on hand, it doesn't mean we shouldn't still be thoughtful and disciplined in our process. Added projects need to be discussed and approved before going forward. Trusted servants should avoid spending money that hasn't been approved even if they think it is going to very good purposes. We won't be rigid or punitive here, but we did agree on a process when we recently adopted "Fiscal Management: Policies and Procedures." (See the [April 2022 newsletter](#) FR article for a brief discussion of those guidelines.)

Ideas for additional projects are already coming in, including some good stuff from the Exchange Meeting and Public Information chairs among others, and we hope to hear more. By way of process, as ideas work their way through, the Reps should expect to be consulted and have the final say before Intergroup commits to anything new.

In other matters, the 72nd General Service Conference (GSC) Finance Committee had very little by way of finance-related matters on its [agenda](#) to consider (only "Review Self-Support Packet"), but did have two literature-related matters on the agenda. The first was, "Consider request to add a historical disclaimer to the front of the book Twelve Steps and Twelve Traditions." The second, "Consider request that all proposed changes to the book Twelve Steps and Twelve Traditions be handled in footnotes." Other Conference committees also reviewed literature-related agenda items this year.

I was certainly wondering about the appearance of these literature items on the Finance agenda. I was reminded by our delegate, Tom B., that this was the first year of a three year trial of what is called the "Equitable Distribution of Workload" (EDW) approved by the 71st Conference in order to address the frequent imbalance of agenda items for some Conference committees. (Guess I wasn't paying attention.) Literature still had some 21 items to consider this year even with the EDW trial.

The 72nd GSC is by now history, and we can look forward to our delegate's report back at the [Post-Conference SENY Assembly](#) next month, details TBA. A final formal Conference report usually comes out over the summer or later.

Stay engaged. Stay safe.

Bill C., Financial Review Committee

516-292-3045 or
finance@nassauny-aa.org

CONTACT INFORMATION

If you would like to get in touch with the Financial Review Committee please send an email to finance@nassauny-aa.org



SERVING NASSAU COUNTY ON NY'S LONG ISLAND SINCE THE LATE 40'S

24 HOUR HotLINE: (516) 292.3040

Spring Into Action!

Let's get connected! Let's stay involved!

The AA 24 Hour Hotline is looking for volunteers from our amazing fellow Nassau County Groups to be available to answer the phone. There is always an alcoholic that could use our help! Whether looking for a meeting, new to sobriety, just coming back, looking for a detox or rehab or any other AA related questions.

Let's continue to be of service and be available wherever we are needed.

Sign up via text or email anytime!

Here are the available dates for the month of June: (All shifts begin at 5pm and end at 9am the following morning)

- 6/4 - 6/11
- 6/11 - 6/18
- 6/18 - 6/25
- 6/25 - 7/2

Thank you to the following AA Groups and Volunteers that took the hotline for the month of April !!!

Young By The Beach

Tova and Friends

Susan, No Frills

Brad, Young By The Beach

Adam, No Frills

Greg, PACE Group

Shira, No Frills

Lauren, Acceptance Is The Key

Seaford Time Group

With Love and Gratitude,

Luisa, Nightbook Chair

nightbook@nassauny-aa.org

CONTACT INFORMATION

If you would like to get in touch with the Nassau Intergroup Nightbook Chair, please send an email to nightbook@nassauny-aa.org.

LITERATURE CHAIR'S CORNER

There are many changes which occur in the literature world all of which happen to help represent the current membership of Alcoholics Anonymous more accurately. With that being said, a Fifth Edition of the Big Book of Alcoholics Anonymous is currently in the works. Although the first 164 pages remain the same, the Literature Committee of General Services is seeking articles which depict A.A. recovery experience of members in the fellowship from a broad cross-section of the local communities. As Bill writes on page 29 of the book Alcoholics Anonymous: "Our hope is that many alcoholic men and women, desperately in need, will see these pages, and we believe that it is only by fully disclosing ourselves and our problems that they will be persuaded to say, 'yes, I am one of them too; I must have this thing.'" So if this is of some interest to you, go to the AA. website for further information.

A Fourth Edition of the Spanish language Big Book is also being updated. They are seeking stories of recovery from members of a wide representation of the Hispanic Community. For further information, check the A.A. website.

There is also a call for stories for the new titled pamphlet "A.A. for the Black and African-American Alcoholic".

The new podcast, the AA Grapevine Half-Hour Variety Hour is available for free with a new episode every Monday. This podcast inspires the "meeting after the meeting" conversation about getting sober and staying sober in Alcoholics Anonymous. This can be found at www.aagrapevine.org/podcast.

Any literature requests can be obtained via email at literature@nassauny-aa.org or in person at the office between 9 a.m. and 5 p.m.. Just please phone ahead at 516-292-3040 to assure someone is at the office as there are some days where volunteers are answering the phones virtually. If you have a special literature request, arrangements can be made for someone to meet you at the office.

Karen G.,
NI Literature Chair,
2021-2022

Intergroup Catalog:
Click the image of any label
below for more information.

Other AAWS
items—



AAGV Books &
other items—



AAWS
Books—



CONTACT INFORMATION

If you would like to get in
touch with the Literature
Chair please send

an email to
literature@nassauny-aa.org

ARCHIVES CHAIR'S CORNER

Although we know June 10th 1935, to be AA's beginning with Dr. Bob's last drink, we remember in this month another important day.

The previous month on 5/12, Mother's day, was when Bill and Dr. Bob met for the first time and so began the unique spiritual support of one alcoholic to another by sharing their experience. I have had the privilege of visiting the Seiberling Gate House where this amazing event took place. The legacy we all share started that Mother's Day and I'm grateful. We owe a debt of gratitude to non-AA's like Henrietta Seiberling and others in those early years. That was a Mother's Day divinely inspired by a Higher Power.

The Saturday before, Bill was at the Mayflower Hotel and passing the lobby bar became increasingly uncomfortable with the noise and music, as he had only been sober with the Oxford Group for a short while. Bill noticing the Ministers Directly thought he'd try to reach one of them. After nine

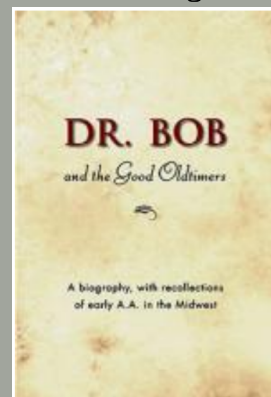
names were exhausted Bill reached Henrietta Seiberling. He told her the urgency to meet with another drinker as he described himself as a "rum hound" from New York. She reached Anne, Dr. Bob's wife, but she said her husband was not up to meeting that evening. What we now know as a set of divine circumstances they did meet the next day.

Bob nursing a horrible hangover said he'd give Bill 15 minutes to make his case. That was at 5 PM and they were still talking after 11. Bob said he felt as if someone now knew exactly what he was going through.

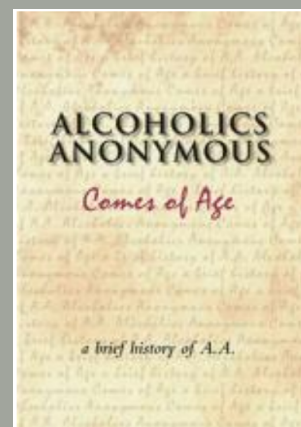
Bob did drink after that at the Atlantic City convention a few weeks later, but that perfect storm proved so powerful that on June 10th, after a last bottle of beer that morning to perform surgery that would be his last.

-Marie

Literature for further reading:



[Dr. Bob and the Good Oldtimers | Alcoholics Anonymous \(aa.org\)](#)



[Alcoholics Anonymous Comes of Age | Alcoholics Anonymous \(aa.org\)](#)

CONTACT INFORMATION

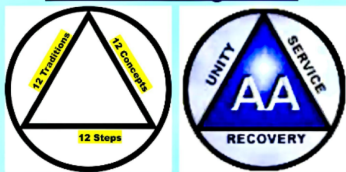
If you would like to get in touch with the Archives Chair please send an email to archives@nassauny-aa.org

A.A. EVENTS

Nassau General Services is proud to present: ~A Workshop~

"OUR TWELVE CONCEPTS for WORLD SERVICE:"
AA'S Spiritual Principles of Recovery

Our "Three Legacies"



**** Suggest to have your service manual. It's open for all A.A. members.
The workshop will be a Virtual Workshop. 7:30pm-9:00pm EST****
922 8787 8377 Passcode 12345

Dates :

January 17	Concepts 1 & 2
March 21	Concepts 3 & 4
May 16	Concepts 5 & 6
July 18	Concepts 7 & 8
September 19	Concepts 9 & 10
November 21	Concepts 11 & 12

Nassau General Service Group Presents 37th Unity Breakfast 2022

Unified in Love & Service

SUNDAY
JUNE 12, 2022
9 A.M. - 1 P.M.
DOORS OPEN
8 A.M. (SERVICE FAIR)



TICKETS: \$35 P.P.
FOR TICKET INFO:
DCMC@
AANASSAUGS-NY.ORG

Long Island Marriott
101 James Doolittle Blvd
Uniondale, New York 11553



"Our primary purpose is to stay sober and help
other alcoholics achieve sobriety"

nassau intergroup

Monthly Traditions Workshop



**The SECOND SUNDAY
of each month
10am-11am**

**Zoom Meeting ID: 554-670-5146
Passcode: 870607**

Nassau County Intergroup "Live" Speaker Exchange

Speaker Exchange is where groups meet
to exchange incoming/outgoing
speaking commitments.

WHEN: Every 3 months (March/June/Sept/Dec)
on the 3rd Saturday of the month at 7:00 AM



June 18th
September 17th
December 17th



WHERE: Bellmore Presbyterian Church
2740 Martin Ave. Bellmore NY
("Rambo Hall")

Contact: Nassauexchange@gmail.com for more info.

Looking for a "Virtual" Speaker Exchange?

(to book online/hybrid speakers)

WHEN: First Saturday every month at 9am
(EXCEPT HOLIDAY WEEKENDS,
when it's the SECOND Saturday)

WHERE: Zoom!

To receive log-in, you MUST REGISTER your group
by emailing secretary@queensaa.org

BIG APPLE BID BID FOR ICYPAA
AND ESCYPAA VIII HOST
TICKETS: \$30
AS OF MAY 1ST: \$35

11
JUNE

Fellowship BOAT PARTY

LIVE DJ / PARTY ON THE HUDSON / REFRESHMENTS FOR SALE
PIER 83 (42ND ST/12TH AVE) NYC
CHECK IN: 5:30PM, CRUISE 7PM-10PM



ESCYPAA CAMPOUT
SAVE THE DATE SEPTEMBER 9-11TH
FOR MORE INFO GO TO WWW.ESCYPAA8.ORG

ESCYPAA VIII

Presents

SUGGESTED
CONTRIBUTION
\$10



Luau
BEACH PARTY

Robert Moses State Park, Field 2
600 ROBERT MOSES STATE PKWY,
BABYLON, NY 11702
(PICNIC AREA ON THE RIGHT SIDE)
PARKING FEE: \$8
MEETING STARTS AT 4PM
FOOD, FUN AND FELLOWSHIP

www.escypaa8.org

FELLOWSHIP OF THE SPIRIT

OCTOBER 28-30, 2022

PRE-REGISTRATION: \$25

PRE-REGISTER
ONLINE AT
ESCYPAA8.ORG



HUNTINGTON HILTON
598 BROADHOLLOW RD
MELVILLE, NY 11747

Book your hotel room at
www.hiltonlongisland.com

GROUP RATE CODE : ESCY or call 631-577-1537

*With Al-Anon and Alateen participation

ESCYPAA VIII

Long Island Round Up



LIRU 2022: May 5th - 8th 2022

Belvedere Guest House
Cherry Grove, Fire Island

Proof of COVID-19 Vaccination Required

First 25 tickets - \$35.00/each

Thereafter - \$40.00/each until February 1, 2022

For Tickets, please visit: <https://tinyurl.com/LIRU2022>

The Long Island Round Up is an AA with Al-Anon participation conference hosted by
and for the LGBTQ+ community, but in accordance with the 3rd tradition,
all are welcome.

NASSAU INTERGROUP - EMAIL ADDRESSES

OFFICERS

Chairperson chair@nassauny-aa.org

1st Vice Chair 1stvice@nassauny-aa.org

2nd Vice Chair 2ndvice@nassauny-aa.org

Secretary secretary@nassauny-aa.org

Treasurer treasurer@nassauny-aa.org

Nassau General Service District Committee Member Chair (DCMC)
dcmc@aanassaugs-ny.org

STANDING COMMITTEES

Archives archives@nassauny-aa.org

Coop. Pro. Comm. (CPC) cpc@nassauny-aa.org

Corrections corrections@nassauny-aa.org

Financial Review finance@nassauny-aa.org

Institutions (H&I) institutions@nassauny-aa.org

Literature literature@nassauny-aa.org

Meeting List meetinglist@nassauny-aa.org

Newsletter news@nassauny-aa.org

Night Book nightbook@nassauny-aa.org

Officer Coordinator (Mgr.) officemanager@nassauny-aa.org

Public Information (PI) publicinfo@nassauny-aa.org

Share-a-Day (SAD) shareaday@nassauny-aa.org

Speakers Exchange speakerexchange@nassauny-aa.org

Accessibilities accessibilities@nassauny-aa.org

12th Step List 12thstep@nassauny-aa.org

Website webcommittee@nassauny-aa.org

Meeting List Changes:

Many meetings have reopened Please check the meeting guide and/or meeting app.

If your group needs changes made, send in a meeting change form and send it to the webmaster email address:
webmaster@nassauny-aa.org.

The Nassau Intergroup meeting finder can be found [here](#) or you can download the meeting guide app [here](#). These will reflect the most accurate information. Please help to keep the meeting lists current and correct by submitting a "Meeting List Changes Form" whenever your meeting details change. That form can be found [here](#).

Our Purpose

As we say in our meeting books (and more formally in our ByLaws):

Declaration of Purpose:

Nassau InterGroup of Alcoholics Anonymous is an all volunteer organization formed by the AA groups in Nassau County to serve all groups and meetings in Nassau county.

In order to carry the message of Alcoholics Anonymous to the still sick and suffering alcoholic, both in and out of the fellowship, Nassau InterGroup, in accordance with AA's 12 Steps, Traditions, and Concepts of World Service, has as its primary purpose:

- to have all telephone inquiries answered by a recovering alcoholic. The Nassau InterGroup HotLine number will be listed in the Nassau telephone directory. Meeting information and 12 step referrals will be made from all Nassau area groups that have provided up-to-date information.
- publish and distribute at regular intervals up-to-date directories of group meetings in Nassau county.
- publish and distribute a monthly newsletter.
- provide for quarterly group exchange meetings at which groups may exchange meetings with other groups.
- provide for monthly institutions committee meetings at which groups may arrange to participate in "inside" meetings.
- conduct monthly business meetings to address any group concerns and Intergroup business.

Yours in love and service,
Nassau InterGroup of Alcoholics Anonymous

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