



# NEWSLETTER

Intergroup Association of Nassau, Inc.  
361 Hempstead Turnpike, West Hempstead, NY 11552-1329

24/7 Hotline: (516) 292-3040  
Business: (516) 292-3045  
intergroup@nassauny-aa.org

## APRIL 2022

### A.A. ANNOUNCEMENTS

- The April Reps. meeting will be on 4/7/22 at 7:30 PM. The Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607. There is a New Reps. Orientation Meeting beforehand at 7:00 pm same Meeting ID and Passcode.
- For upcoming A.A. events see pages 11-15.
- Traditions workshops will be every second Saturday of the month at 10 AM. Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607
- There are service opportunities with the Nightbook/Daybook (see page 8).
- The office is open with restricted access, please call ahead (516-292-3045) to verify if someone is available. Masks and social distancing is required.
- ESCYPAA VIII Committee Meetings are held on the 1st and 3rd Mondays of every month at 8:15pm on Zoom. Meeting ID: 658 749 0274 Passcode: ESCYPAA8
- Nassau General Service CPC/PI Committee Meeting is the last Tues. of each month 7:00pm Meeting ID: 922 8787 8377 Passcode:12345
- The newsletter editor wants to know your groups thoughts on how to proceed with the format of the newsletter. Please bring this survey to your next business meeting to discuss and fill out <https://forms.gle/g8og3iGHvVY4ii5Q9>
- The Share-A-Day hybrid committee meetings will be held every second Wed. of each month at 7:00pm. Virtual Zoom information: Meeting ID: 554 670 5146 Passcode: 870607 and in-person at the Intergroup Office.

### Calendar Of Events:

#### April 2022

- 4/1/22:  
- SENY Convention
- 4/2/22:  
- SENY Convention
- 4/3/22:  
- SENY Convention
- 4/6/22:  
- Institutions Committee Meeting 7:30pm
- 4/7/22:  
- New Representatives Orientation 7:00pm  
- Nassau Intergroup Representatives Meeting 7:30pm
- 4/9/22:  
- SENY Pre-conference Assembly 8:30am  
- Traditions Workshop 10:00am
- 4/13/22:  
- SAD Planning Committee 7:00pm
- 4/18/22:  
- New GSR Orientation 7:00pm  
- GSR Meeting 7:30pm
- 4/20/22:  
- Tech. Committee Meeting

- 4/24/22:  
- General Service Conference

- 4/25/22:  
- General Service Conference  
- SAD Planning Committee 7:00pm

- 4/26/22:  
- General Service Conference

- 4/27/22:  
- General Service Conference

- 4/28/22:  
- General Service Conference  
- Steering Committee Meeting (by invitation) 7:30pm

- 4/29/22:  
- General Service Conference

- 4/30/22:  
- Share-A-Day Event 9:00am- 4:00pm

#### May 2022

- 5/2/22:  
- SENY Committee Meeting 7:30pm
- 5/4/22:  
- Institutions Committee Meeting 7:30pm
- 5/5/22:  
- New Representatives Orientation 7:00pm  
- Nassau Intergroup Representatives Meeting 7:30pm

- 5/14/22:  
- Traditions Workshop 10:00am

- 5/15/22:  
- SENY Intergroup Liaison Meeting 2:00pm

- 5/16/22:  
- NGSG 12 Concepts Workshop

- 5/18/22:  
- Tech. Committee Meeting

- 5/19/22:  
- Financial Review Committee Meeting

- 5/26/22:  
- Steering Committee Meeting (by invitation) 7:30pm



*"Each day my friend's simple talk in our kitchen multiplies itself in a widening circle of peace on earth and good will to men."*

Reprinted from the Big Book, Alcoholics Anonymous, p.16, with permission of A.A. World Services, Inc.

**Drunks are calling...  
Let's ensure the hand of  
A.A. is there to answer their calls.**

The A.A. hotline, both the daytime phones and the Nightbook, is in dire need of phone volunteers.

Reach out to  
Kenny at [officemanager@nassaunya.org](mailto:officemanager@nassaunya.org) or  
Luisa at [nightbook@nassaunya.org](mailto:nightbook@nassaunya.org)  
for opportunities  
to do service.

For detailed information regarding each meeting, please refer to the Nassau Intergroup Calendar of Events website, which can be found [here](#).

## THE THREE LEGACIES

### Step Four

Through my fourth step, I came to see that I was indeed a very frightened little child on the inside, who tried to get her needs met by any means necessary - which my sponsor helped me identify as my defects of character.

Whereas I had always seen myself as an innocent victim in my relationships, I now saw that I would often make my partner my Higher Power and become completely crushed when their inevitable fallibility showed up. I didn't realize my partners had feelings and needs of their own because I needed them not to...

I thought myself a pretty honest person. In writing, I learned that I could delude myself into anything, to get whatever I wanted. This wasn't the lying I learned about in kindergarten. This was a dangerously manipulative worldview in which I had all the power. Thankfully, AA taught me that only one has the Power, and it's not me!

The most important resentment I had was against my father. Extremely critical, rigid, controlling, and angry, he was alternately very sweet, doting, and generous. I was confused by him, I was afraid of him, I pitied him—I blamed him for all my life problems.

Then, these words leapt off the pages of the "Big Book", Alcoholics Anonymous (p.67):

"We realized that the people who wronged us were perhaps spiritually sick. Though we did not like their symptoms and the way these disturbed us, they, like ourselves, were sick too. We asked God to help us show them the same tolerance, pity, and patience that we would cheerfully grant a sick friend."

When I heard the terms selfish and self-centered in the Big Book, I had a hard time understanding how they could be applied to this alcoholic. I thought I was caring, thoughtful and generous. My sponsor taught me that the definitions of words in the Big Book differ from how they are commonly used. I was selfish—in the sense that I thought the world, and my father, and everyone I ever met, owed me something.

I came to see a whole host of shortcomings based on my faulty expectations— some connected to some resentments, some not. As it stays in step 8 in the Twelve Steps and Twelve Traditions (p. 79-80):

"Very deep, sometimes quite forgotten, damaging emotional conflicts persist below the level of consciousness. At the time of these occurrences, they may have actually given our emotions violent twists which have since discolored our personalities and altered our

lives for the worse."

I had to drop the word "blame" so that *I* could be better, regardless of if anything or anyone else around me changed. (As is often the case, the better I got, the better the world around me seemed to get)

The most profound thing of all? I saw my father as a child of God - a product of his own imperfect upbringing, someone doing the best he could with what he had - someone sick and suffering- someone just... like... me?

### STEP FOUR

Made a searching  
a fearless inventory  
of ourselves

*Reprinted from Alcoholics Anonymous, p. 59, with permission of A.A. World Services, Inc.*

## THE THREE LEGACIES CONTINUED...

### Tradition Four

Autonomous: a. self-governing; independent; subject to its own laws only.  
b. pertaining to an autonomy, or a self governing community.

This tradition means that “we had been given the courage to declare each A.A. group an individual entity, strictly reliant on its own conscience as a guide to action.” (Twelve Steps and Twelve Traditions, p. 147.)

When our forefathers were charting this freedom, they found it necessary to post only two red flags: A group ought not do anything, which would greatly injure A.A. as a whole, nor should it affiliate itself with anything or anybody else. “There

would be real danger should we commence to call some groups ‘wet,’ others ‘dry,’ still others ‘Republican’ or ‘Communist,’ and yet others ‘Catholic’ or ‘Protestant.’ The A.A. group would have to stick to its course or be hopelessly lost. Sobriety had to be its sole objective. In all other respects there was perfect freedom of will and action” (Twelve Steps and Twelve Traditions, p. 147) and to develop itself as it sees fit, so long as the main goal was sobriety, and no other A.A. groups were affected. For example, an AA group may declare itself as Special interest group according to a group conscious, perhaps LGBTQ friendly. However, Tradition 3 must remain intact. Another example: My old home group wanted to change the anniversary

celebration times. When taking a vote to establish the new group conscience, someone explained that the new celebration time would interfere with a neighboring group’s celebration. So as to not conflict, or affect the neighboring group, our group decided not to make the change. These examples are at the core of Tradition 4.

Kelly R.

### TRADITION FOUR

Each group should be autonomous except in matters effecting other groups or A.A. as a whole

*Reprinted from Twelve Steps and Twelve Traditions, p.139, with permission of A.A. World Services, Inc.*

### TRADITION FOUR CHECKLIST

1. Do I insist that there are only a few right ways of doing things in AA?
2. Does my group always consider the welfare of the rest of AA? Of nearby groups? Of Loners in Alaska? Of Internationalists miles from port? Of a group in Rome or El Salvador?
3. Do I put down other members’ behavior when it is different from mine, or do I learn from it?
4. Do I always bear in mind that, to those outsiders who know I am in AA, I may to some extent represent our entire beloved Fellowship?
5. Am I willing to help a newcomer go to any lengths—his lengths, not mine—to stay sober?
6. Do I share my knowledge of AA tools with other members who may not have heard of them?

## Concept Four : The Right of Participation

Moving deeper into the spiritual principles of the Twelve Concepts, we now explore the issue of participation. Concept III helped us see that our trusted servants must have a certain amount of authority delegated to them to make decisions on our behalf. But who gets to be a trusted servant? Who gets to elect them? And who gets to join the conversations that (hopefully) precede elections, decisions, and actions? Like so many things in AA, the Right of Participation is not an all-or-nothing matter. The qualifying phrase "at all responsible levels" is the first guard rail to keep us on the road. Many of us have seen the consequences of appointing a relative newcomer to a service position for which they're not ready. We may also be acquainted with a "service junkie" who takes on job after job in AA and not only spreads themselves too thin, but also hinders the ability of others to participate. The right of participation "at all responsible levels" means we should avoid both the overly simplistic anyone-can-do-it attitude (such as when looking for an Intergroup webmaster or a group treasurer) and the self-centered

I'll-do-it-all attitude (which is obviously contrary to the A.A. spirit of humble, grateful service). Concept IV also addresses the idea of voting representation. In our home groups, one vote per person is the general rule. At the local service level, such as at Intergroup, the basic principle is one vote per group. And at our annual general service conference, all 93 service areas are allowed to send one voting delegate, to join with trustees, non-trustee directors, and a handful of GSO staff members, to make decisions for the good of AA as a whole. The key factor in how we determine voting representation is captured in the phrase "reasonable proportion." Simply put, the greater the burden of responsibility, the greater the proportion of votes. So our Intergroup steering committee, while enjoying the "Right of Participation" of a couple dozen votes, should always be far outweighed by the voting power of the 300+ AA groups in Nassau County. This balance of power is justifiably skewed toward the groups, since (as we saw in Concept I) final responsibility and ultimate authority should reside in the collective conscience of our fellowship - not in a handful of members of a steering committee. By the same token, the General Service Board trustees, AAWS and AAGV

non-trustee directors, and the staff members of the General Service Office all have voting rights at the annual General Service Conference, but even if they all voted together they'd still be outweighed by the 93 Area delegates representing more than 1.2 million members in the U.S. and Canada. We should also keep in mind that the right of participation also carries a responsibility to participate. A.A. is not run by "them." It's ours. Because of this, each of us -- from the coffeemaker and greeter at our home group, to our Area delegate to the Conference -- has the opportunity to experience one of the greatest gifts of sobriety: the joy of participation!

- Jim

## CONCEPT IV

At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

*Reprinted from Service Material from the General Service Office, p.1, with permission of A.A. World Services, Inc.*

## CONCEPT IV CHECKLIST

1. Do we understand the spiritual principles underlying the "Right of Participation"?
2. What does "in reasonable proportion" mean? Do we understand when it is appropriate for A.A. paid staff to have a vote at the General Service Conference or in our local service structure?
3. Do we expect that, because we are A.A. members, we should be allowed to vote at any group, even if we are not active members of that group?

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## CHAIR'S CORNER

### Revolutionary Change

**"Here are thousands of men and women, worldly indeed. They flatly declare that since they have come to believe in a Power greater than themselves, to take a certain attitude toward that Power, and to do certain simple things, there has been a revolutionary change in their way of living and thinking."** [\*Alcoholics Anonymous\*, p. 50](#)

Question: How many alcoholics does it take to change a light bulb?

Answer: CHANGE?!? Don't change anything! We'll just sit in the dark!

We joke in AA about being averse to change, but the truth seems to be the opposite: we are change experts! We might not *like* it, but we're really good at it.

When we arrived at AA's doorstep, many of us were willing to do anything to stop drinking. This was a huge change in our willingness. We changed our schedules to attend meetings. We changed our social circles. We changed

our attitudes from "I don't need anyone's help" to "I'll take all the help I can get!"

As we participated in meetings, we changed the way we spoke about ourselves. Instead of merely trying to "look good and sound good," we were encouraged by the honesty of others to be as honest as we could about ourselves. We opened up our lives to our newfound friends. We began to change from constantly suspicious to frequently hopeful.

As we got involved in our home groups, we experienced another change in our attitudes: instead of only looking for help, we started looking for ways to *be helpful*. We took on jobs that required time and effort. We shared the burden of responsibility with our fellow travelers.

At home, if we practiced AA principles in all our affairs, we experienced profound change as well. Relationships were renewed. Trust was reestablished.

Nevertheless, we often still balk at change. Our sponsor suggests a different approach

than what we've "always done" in the past? No way! The home group is considering a new format? Never! AA as a whole is thinking of updating a cherished piece of literature? Where's my torch and pitchfork!?!

Yes, change is challenging. And these past two years have brought ceaseless change that don't need to be cataloged, since we've all lived them. The good news is, we've survived the ones behind us. We've grown wiser and closer.

With each other and with God, we're ready for whatever lies ahead.

Jim M.

[chair@nassauny-aa.org](mailto:chair@nassauny-aa.org)

### CONTACT INFORMATION

If you would like to get in touch with the Nassau Intergroup Chair please send an email to [chair@nassauny-aa.org](mailto:chair@nassauny-aa.org)

## DISTRICT COMMITTEE MEMBER CHAIR'S DESK

From the Delegates Day of Sharing from March 5th, all the presentations are available at [aaseny.org](http://aaseny.org). Any questions on any of the 14 presentations on the Delegates Questionnaire on any of the almost 80 Final Agenda contact Tom B., [delegate@aaseny.org](mailto:delegate@aaseny.org). The highlights were: the progress on the 4th Edition the book Alcoholics Anonymous, Technology (And Anonymity) "Review Request to create a new form of communication to address anonymity on social media", and our GSO guidelines are limited regarding anonymity.

The presentation on The Big Book-Plain Language or on

considering a new pamphlet designed to help Cooperation Professional Community (CPC) committees reach as many doctors as possible. If this pamphlet is approved by the Literature Committee and approved by the General Service Conference is also a pamphlet A.A. members can discuss with their doctor.

The presentation on the use of paid PSAs'. "Discuss feasibility research on paid placement of PSA videos on streaming platforms." The GSO, our special workers, do many of the daily chores that allow us AA members practice our 12th step work. Discuss some of these items that will make available our 5th tradition. Every group

has one primary purpose, to carry the message to the alcoholic that still suffers.

Announcing Nassau County General Service 37th Unity Breakfast:

[aaseny.org/event/nassau-county-general-service-36th-unity-breakfast](http://aaseny.org/event/nassau-county-general-service-36th-unity-breakfast)

We are excited to announce that 2 of our inactive cluster/districts 203-213 & 202-216 are beginning to contact General Service Reps (GSR) to start up . Words to describe this are: wow, perseverance, and Gods timing!!!!

Marty K. NGS G DCMC  
(District Committee Member Chair)



- **2nd Alternate DCMC-**  
*Requirements:* Needs to have previously been a GSR and has 5 years of sobriety
- **Technical Communications Officer-**  
*Requirements:* experience with Excel or similar programs to manage membership data, technical skills to manage virtual events, and has 3 years of sobriety.

If you are interested in these service opportunities contact Marty at [dcmc@aanassaugs-ny.org](mailto:dcmc@aanassaugs-ny.org)

## CONTACT INFORMATION

If you would like to get in touch with the DCMC please send an email to

[dcmc@aanassaugs-ny.org](mailto:dcmc@aanassaugs-ny.org).

## SHARE-A-DAY CHAIR'S CORNER

Nassau Intergroup  
PRESENTS

44th Annual  
*Share A Day*  
OUR COMMON WELFARE

Share-A-Day 2022 Program										
Room & Time	9-9:40am	9:45-10:30am	10:35-10:50a	11am-12:30	12:30-1pm	1pm-1:40pm	1:40pm-2pm	Room & Time	2:10pm-2:50pm	3pm-3:45
1	Steps 1-3	Steps 4-6	Sobriety Countdown	All-Timers Panel (speakers 1-4)	B r e a k	All-Timers Panel (speakers 5&6)	Traditions Play	1	Steps 7-9	Steps 10-12
2	Acceptance	Healing from Loss						2	Meditation Station	Contempt Prior to Investigation
3	Sponsorship	Service Beyond the Home Group						3	The Good Old Timers	Young, Free and Sober
4	Principles over Personalities	Life on Life's Terms						4	Inventory: Check Yourself Before You Wreck Yourself!	Sober Parenting
5	Al-Anon							Spanish language meeting	Al-Anon	

SAVE THE DATE

April 30, 2022 | 9 AM

Garden City Community Church  
245 Stewart Avenue, Garden City, NY 11530  
For more info contact [ShareADay@nassauny-aa.org](mailto:ShareADay@nassauny-aa.org)

Main Event will be  
HYBRID  
11am - 2pm  
Meeting ID: 554 670 5146  
Passcode: 870607

Nassau's Intergroup is EXCITED to announce the Share-a-day workshop program! Homegroups have begun to sign up at 7pm (right before Intergroup monthly meeting). If your home groups interested in participating in a memorable day for "Our Common

Welfare" on April 30th- please email [ShareADay@nassauny-aa.org](mailto:ShareADay@nassauny-aa.org). There are a few workshop times still available! Things are moving ahead with great excitement and hope to spread the message while leaving inspired to carry one! Additionally, We are

looking to cast a few additional members in the annual traditions play- if you are interested to learn more please email the address listed!

- Dina

### CONTACT INFORMATION

If you would like to get in touch with the Share-A-Day Chair, please send an email to [shareaday@nassauny-aa.org](mailto:shareaday@nassauny-aa.org).



SERVING NASSAU COUNTY ON NY'S LONG ISLAND SINCE THE LATE 40'S

**24 HOUR HotLINE: (516) 292.3040**

Welcome Spring! A time with many meanings; a time of renewal, change, warmth, growth, and balance. We may have lost an hour of sleep but we've gained so much more as a result. Just like in sobriety, sometimes we need to lose something in order to gain something better. For myself, Springtime reminds me of what I have had to shed and let go of so that I may learn more and more about myself and what helps me to help others.

Becoming Nightbook Chair over a year ago has come with some sacrifice and adjustment at home, with my little one, my routine, and

being more active with using the phone and emails ( 2 things I'm still getting comfortable doing ). But the connections I have made with other alcoholics, new AA groups and established older groups, individual volunteers wanting to do service, the Intergroup Reps, and the members of our Steering Committee have proved that trusting in God's process will lead me through my fears and into rewarding opportunities!

Anyone looking to be a part of service by answering our AA Hotline after hours, please contact me via phone or email. Thank you to the following groups and

volunteers that took the Nightbook for the month of March:

Gratitude Into Action

Nadia V. & Friends

Cedarhurst Hewlett

No Frills

East Rockaway Group

With Love & Gratitude,

Luisa, Nightbook Chair

[Nightbook@nassauny-aa.org](mailto:Nightbook@nassauny-aa.org)

## CONTACT INFORMATION

If you would like to get in touch with the Nassau Intergroup Nightbook Chair, please send an email to [nightbook@nassauny-aa.org](mailto:nightbook@nassauny-aa.org).

## Financial Review—Fiscal Management Guidance

At the March Reps meeting we approved for use “Fiscal Management: Policies and Procedures,” a workbook of guidelines which “seek to assure our activities follow best practices and that governmental requirements are not overlooked or lost as new trusted servants rotate through the various service roles, this to preserve Intergroup’s standing as a non-profit entity with the Internal Revenue Service (IRS) and State of New York, and as a State Sales Tax vendor.”

A bit of history, going back to Intergroup’s incorporation as a non-profit in New York in 1983 and continuing until relatively recently, Intergroup had been inconsistent in assuring it operated in a manner in line with its obligations. (There was perhaps over the years some ignorance or misunderstanding of our obligations and options.) Prominent in the mix of faulty or neglected practices was our failure to collect and submit sales tax on our resale of AA literature and other items through our office. We had also neglected to apply to the IRS for any formal recognition under Section 501c of the Federal tax code, something that probably should have happened shortly after incorporation in 1983. ([26 US Code § 501](#) deals with tax exemption, and sub-section 501c defines classes of tax exempt organizations.)

These and other questions were remedied beginning in 2019 with the payment to the IRS and State tax authorities of almost \$33,000 in fees and penalties, and with the filing or refiling of required applications and reports with the IRS and New York to set our house in order. By the beginning of

2020, we were operating as a registered State sales tax vendor and as a settled non-profit entity in good standing with both the IRS and the State of New York.

The newly adopted workbook (largely the work of the prior rotation’s trusted servants reviewed and minimally adjusted in this rotation) seeks to support our continued compliance with all obligations we have with government. These include things like collecting, reporting and paying over sales tax on the sale of items through the office, keeping current with State as a non-profit corporation, and the filing of an annual informational return with the IRS. The guidelines also include some guardrails to help trusted servants in Intergroup’s fiscal management as the name of the workbook implies lest we fall back into past questionable practices or develop new problems. Intended to be more descriptive and supportive of best practices than prescriptive (although there are a few fairly definite expected practices), the workbook may be amended as needed. A copy of the workbook is available in the office and on request.

In other matters, Intergroup’s Financial Review (FR) committee meets bimonthly to support and ensure Intergroup’s fiscal operation is compliant with our [By-Laws](#) and any other agreed upon guidance and obligations. The committee is also responsible for delivering near the beginning of each year an annual report on the prior year’s activities, and late in the year a draft budget for the coming year.

FR consists of a chairperson, a past Intergroup treasurer if available or other similarly experienced member and two current Intergroup group Reps as voting members. The current Intergroup treasurer and assistant

treasurer are non-voting ex officio members. The current Intergroup chair may also participate in a non-voting capacity.

Intergroup thanks Regina T. representing the Rockville Centre AM Group for stepping up to join FR replacing Kirk K. of the Sea Cliff Sober Start Group who needed to step down after a year of service owing to work requirements.

“Tradition Seven” suggests thoughtful and responsible handling of AA finances insofar as self-support is where money and spirituality mix, and the AA message of recovery cannot be carried far without that effective mix.

Stay connected. Stay safe.

Bill C., Financial Review Committee

516-292-3045 or  
[finance@nassauny-aa.org](mailto:finance@nassauny-aa.org)

## CONTACT INFORMATION

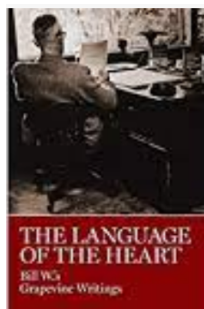
If you would like to get in touch with the Financial Review Committee please send an email to [finance@nassauny-aa.org](mailto:finance@nassauny-aa.org)



## LITERATURE CHAIR'S CORNER

Progress continues on the translation of the Fourth Edition of the Big Book into plain and simple language. This is meant to bring the literacy proficiency and comprehension of the Big Book of Alcoholics Anonymous to a level more relatable to the modernization of today's language. If you have an additional interest in learning more about what work is being done on the Plain Language Big Book, I highly recommend visiting the [AAseny.org/](http://AAseny.org/) from the delegate website.

While the Big Book helps one find a Higher Power, "The Language of the Heart", Bill W.'s Grapevine writings, plants the seed of hope, and expands the ability to communicate. Bill W. also wrote "AA comes of Age" which is a



brief history of AA that helps indoctrinate newcomers and introduces them to the program. You might find these books to be of some interest in reading, and can be purchased at the Intergroup Office.

There are also many pamphlets available which addresses the reliability to Alcoholics Anonymous available for purchase.

Any literature requests can be obtained via email at [literature@nassauny-aa.org](mailto:literature@nassauny-aa.org) or in person at the office between 9 a.m. and 5 p.m.. Just please phone ahead at 516-292-3040 to assure someone is at the office as there are some days where volunteers are answering the phones virtually. If you have a special literature request, arrangements can be made for someone to meet you at the office.

Intergroup Catalog:  
Click the image of any label below for more information.

Other AAWS  
items—



AAGV Books &  
other items—



AAWS  
Books—



## CONTACT INFORMATION

If you would like to get in touch with the Literature Chair please send

an email to  
[literature@nassauny-aa.org](mailto:literature@nassauny-aa.org)

Nassau Intergroup  
PRESENTS

44th Annual

Share  
A Day

Save the Date

April 30, 2022 | 9 AM

Garden City Community Church

245 Stewart Avenue, Garden City, NY 11530

Nassau Intergroup  
PRESENTS

44th Annual

Share A Day  
OUR COMMON WELFARE

## Share-A-Day 2022 Program

Share-A-Day 2022 Program										
Room & Time	9-9:40am	9:45-10:30am	10:35-10:50a	11am-12:30	12:30-1pm	1pm-1:40pm	1:40pm-2pm	Room & Time	2:10pm-2:50 pm	3pm-3:45
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5	Al-Anon							Spanish language meetings	Al-Anon	

SAVE THE DATE

April 30, 2022 | 9 AM

Garden City Community Church

245 Stewart Avenue, Garden City, NY 11530

For more info contact ShareADay@nassau-aa.org

Main Event will be  
HYBRID

11am - 2pm

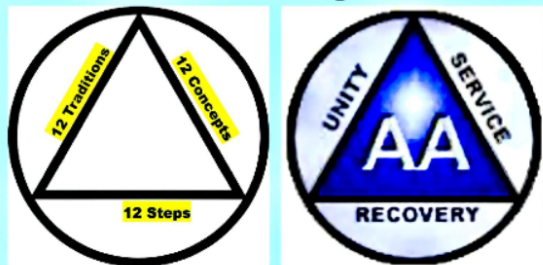
Meeting ID: 554 670 5146

Passcode: 870607

## Nassau General Services is proud to present: ~A Workshop~

"OUR TWELVE CONCEPTS for WORLD SERVICE:"  
AA'S Spiritual Principles of Recovery

### Our "Three Legacies"



\*\*\*\* Suggest to have your service manual. It's open for all A.A. members.

The workshop will be a Virtual Workshop. 7:30pm-9:00pm EST\*\*\*\*

922 8787 8377 Passcode 12345

Dates :

January 17	Concepts 1 & 2
March 21	Concepts 3 & 4
May 16	Concepts 5 & 6
July 18	Concepts 7 & 8
September 19	Concepts 9 & 10
November 21	Concepts 11 & 12

## 2022 SENY CONVENTION "A.A. COMES OF AGE 2.0"



### BACK TO THE FUTURE

54TH ANNUAL IN-PERSON AREA 49 CELEBRATION

**FRIDAY APRIL 1 - SUNDAY APRIL 3**

WESTCHESTER MARRIOTT

670 WHITE PLAINS ROAD

TARRYTOWN, NY 10591

"A.A." "AL-ANON" "ALATEEN" "YOUNG PEOPLE IN A.A."  
"SPEAKER MEETINGS" "WORKSHOPS" "ALKATHONS"  
"SPANISH LANGUAGE MEETINGS" "SPANISH TRANSLATION"  
"UNITY" "INCLUSIVITY" "DIVERSITY" "ACCESSIBILITY"  
"SATURDAY NIGHT BANQUET" "HOSPITALITY"  
"12 STEPS" "12 TRADITIONS" "12 CONCEPTS"  
"FUN" "GAMES" "ENTERTAINMENT"

**LET'S GET THIS PARTY STARTED!**



FOR MORE INFORMATION + TO REGISTER ONLINE

CLICK HERE OR VISIT

[WWW.AASENY.ORG/2022-CONVENTION](http://WWW.AASENY.ORG/2022-CONVENTION)

**UNIFIED IN LOVE AND SERVICE**



# Long Island Round Up



**LIRU 2022: May 5th - 8th 2022**

Belvedere Guest House  
Cherry Grove, Fire Island

*Proof of COVID-19 Vaccination Required*

First 25 tickets - \$35.00/each

Thereafter - \$40.00/each until February 1, 2022

For Tickets, please visit: <https://tinyurl.com/LIRU2022>

*The Long Island Round Up is an AA with Al-Anon participation conference hosted by and for the LGBTQ+ community, but in accordance with the 3rd tradition, all are welcome.*

## FELLOWSHIP OF THE SPIRIT

**OCTOBER 28-30, 2022**

**PRE-REGISTRATION: \$25**

**PRE-REGISTER  
ONLINE AT  
ESCYPAA8.ORG**



**HUNTINGTON HILTON  
598 BROADHOLLOW RD  
MELVILLE, NY 11747**

**Book your hotel room at  
[www.hiltonlongisland.com](http://www.hiltonlongisland.com)**

**GROUP RATE CODE : ESCY or call 631-577-1537**

*\*With Al-Anon and Alateen participation*

**ESCYPAA VIII**

## HEY ONLINE AA GROUPS! THIS REALLY HAPPENED!



**WHO CHANGED THE AA  
PREAMBLE!?**

**WHO CHANGED THE STORIES IN  
THE BIG BOOK!?**

**WHO CHANGED THE WORDING IN  
THE FIRST 164 PAGES!?**

**IS THE VOICE OF ONLINE GROUPS CONSIDERED IN MAJOR CHANGES TO AA?**



### GET INTO ACTION - PART 1

Online AA Groups:  
Keeping AA Available for the Future

**SAT, MARCH 26, 2022**

**8AM HAWAII | 11AM PST | 2PM EST**

### ZOOM

**ID: 949 5119 4588**

**PW: 3legsGroup**

Hosted by:  
Three Legacies Group  
Contact:  
[threelegaciesgroup@gmail.com](mailto:threelegaciesgroup@gmail.com)



### GET INTO ACTION - PART 2

Sending the Voice of Online Groups  
to The General Service Board

**SAT, APRIL 2, 2022**

**8AM HAWAII | 11AM PST | 2PM EST**

### THE GROUPS SPEAK AND THE CONFERENCE LISTENS ADDING ONLINE GROUPS TO THE VOICE & CONSCIENCE OF AA

The 2021 General Service Conference made two decisions about online groups without significant participation from online AA groups:

- One decision was about their Delegate representation.
- The other was how the Conference could get information about online groups.

**Get Into Action - Part 1:** We will discuss the 2022 General Service Conference and how your group can be involved. A report to the General Service Board will be developed from data shared during the workshop detailing the efforts of online AA groups to carry the AA message.

**Get Into Action - Part 2:** We will review the data collected in Part 1 and then discuss any additional online group needs. We will then develop a report to be sent to the 2022 General Service Conference to ensure it creates 12-Step resources serving the needs of online AA Groups.

**ESCYPAA VIII**

**PRESENTS**

## GRATEFUL TO TIE-DY

*Purchase tickets @*

[www.escypaa8.org/tie-diy/](http://www.escypaa8.org/tie-diy/)  
Pre-Sale Tickets: \$20 | Day of: \$25  
Includes entry, ESCYPAA T-shirt  
to dye, and tie-dye supplies

**APRIL 23 | 1 PM - 5 PM**

**Harold Walker Memorial Park  
1085 Woodfield Rd**

**Rockville Centre, NY 11570**

**MEETING STARTS AT 4PM**

**SPEAKERS: HEATHER (ROCYPAA)  
RYAN S (FLICYPAA)**

Join us for a day of Tie-dyeing,  
"Pie in the Face" Auction,  
lawn games and lots of fun!  
Water and Redbull for sale.

*\*Open to Al-Anon and Alateen members\**



**ESCYPAA VIII** Presents

**SUGGESTED CONTRIBUTION \$10**

**SUNDAY, JUNE 12, 2022 @8AM**



**Lucan**

**BEACH PARTY**

**Robert Moses State Park, Field 2**  
**600 ROBERT MOSES STATE PKWY,**  
**BABYLON, NY 11702**  
**(PICNIC AREA ON THE RIGHT SIDE)**  
**PARKING FEE:\$8**  
**MEETING STARTS AT:4PM**  
**FOOD,FUN AND FELLOWSHIP**

[www.escypaa8.org](http://www.escypaa8.org)

## SENY ACCESSIBILITIES COMMITTEE WORKSHOP VIRTUAL

**April 14, 2022 • 7:30 PM - 9:00 PM**

### How Can We Help?

**Discuss solutions to accessibility challenges which are of greatest concern to AA members in SENY**

**Join Zoom Meeting:**

<https://us06web.zoom.us/j/9989387641>

**Zoom ID: 998 938 7641 • Passcode: 714921**

One tap mobile: +19292056099,,9989387641#,,,,\*714921# US (New York)

Dial by your location: +1 929 205 6099 US (New York)

Find your local number: <https://us06web.zoom.us/j/9989387641>

**Email [access@aa-sen.org](mailto:access@aa-sen.org) for more information**

**THE AREA 49 SOUTHEAST NEW YORK PUBLIC INFORMATION COMMITTEE PRESENTS**



## 5TH EDITION BIG BOOK STORY WRITING WORKSHOP

**THE CALL FOR STORIES IS OUT**

April 21, 2022 | 7pm-8:15pm  
 Zoom ID: 998 938 7641 | Password: 714921

## Nassau General Service Group Presents 37th Unity Breakfast 2022

**Unified in Love & Service**

**SUNDAY**  
**JUNE 12, 2022**  
**9 A.M. - 1 P.M.**  
**DOORS OPEN**  
**8 A.M. (SERVICE FAIR)**



**TICKETS: \$35 P.P.**  
**FOR TICKET INFO:**  
**DCMC@**  
**AANASSAUGS-NY.ORG**

**Long Island Marriott**  
**101 James Doolittle Blvd**  
**Uniondale, New York 11553**



**"Our primary purpose is to stay sober and help other alcoholics achieve sobriety"**



BIG APPLE BID BID FOR ICYPAA  
AND ESCYPAA VIII HOST  
TICKETS: \$30  
AS OF MAY 1ST: \$35

**11 JUNE**

*Fellowship*  
**BOAT PARTY**

LIVE DJ / PARTY ON THE HUDSON / REFRESHMENTS FOR SALE  
PIER 83 (42ND ST/12TH AVE) NYC  
CHECK IN: 5:30PM, CRUISE 7PM-10PM



*Save The Date*  
**Connect The Dots**

*Celebrating the 87th  
Birthday of Alcoholics  
Anonymous*

**6th  
Annual  
Birthday  
Brunch**

**SUNDAY  
JUNE 19TH,  
2022**

for tickets & info: contact Susanne at  
ctdliny@gmail.com

**Doors Open at 8:30am**  
**POLISH HALL**  
214 Marcy Ave. Riverhead, NY

Tickets \$30

## ESCYPAA VIII



### Got Experience? Got Strength? Got Hope?

ESCYPAA VIII is searching for speakers to share their story on Long Island this October.

To submit a speaker tape or nominate someone else, please use our submission form at [www.escypaa8.org/speaker](http://www.escypaa8.org/speaker). Direct questions to [programs.escypaa8@gmail.com](mailto:programs.escypaa8@gmail.com). Submission Deadline is February 18th.

[www.escypaa8.org](http://www.escypaa8.org)

**ESCYPAA VIII** **APRIL 30TH**  
**6PM-11PM**

**Breaking Boundaries**

**Suggested Contribution: \$10**

**Panel Discussion  
on Diversity  
& Inclusivity in AA**

**Potluck & Dance**

**\*Open to Al-Anon and Alateen Members\***

**LOCATION: SUFFOLK THRIVE**  
**1324 MOTOR PARKWAY, SUITE 102**  
**HAUPPAUGE, NY 11749**

**HYBRID - On ZOOM**  
**ID: 658 749 0274 PW: ESCYPAA8**  
**[www.escypaa8.org](http://www.escypaa8.org)**



## IAN Monthly Tradition Workshops

**nassau intergroup**

### **Monthly Traditions Workshop**



**THE SECOND  
SATURDAY  
OF EACH MONTH**

**10am-11am**

**Zoom Meeting ID: 554-670-5146**

**Passcode: 870607**

Are you intimidated by or just not necessarily interested when talk in the rooms turns to the Traditions of AA ? Or maybe just unfamiliar with their meaning and purpose within our Fellowship ? Many of us have felt the same way. As important as they are to AA's continued efforts, discussion of them can often seem technical or "dry".

Intergroup Association of Nassau hosts a monthly Traditions Workshop that not only spends an hour or more discussing the Tradition for the given month, but

since its pre-virtual-era inception has done so in a significantly lighter, but no less serious way.

Instead of just "going around the room" reading the tradition from the "12 and 12", we've chosen to use the Illustrated Traditions pamphlet, which is more concise and features artwork and captions which are informative and "humorous" at the same time.

This approach lends itself to livelier, somewhat more informal sessions than many of the

Tradition "Meetings" we may have been accustomed to. Those meetings are extremely valuable and encouraged. These monthly Workshops are designed to enhance our understanding of the Traditions and supplement what we learn about the Traditions throughout our journeys.

It is our hope that attendees, especially those less familiar with the Traditions, come away from these workshops with new understanding and increased enthusiasm toward them (the traditions.)

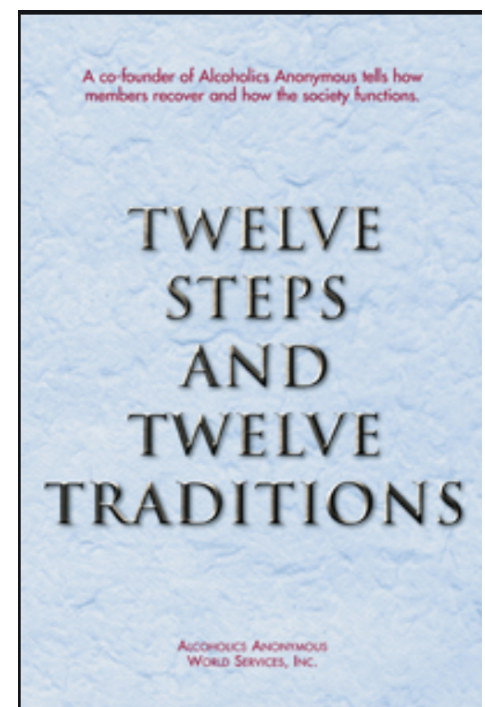
The Workshops are held (virtually for now) on the second Saturday of each month, starting at 10 am.

The Zoom information is as follows:

Meeting ID: 554 670 5146

Passcode: 870607

Michael F.



## NASSAU INTERGROUP - EMAIL ADDRESSES

### OFFICERS

Chairperson [chair@nassauny-aa.org](mailto:chair@nassauny-aa.org)

1st Vice Chair [1stvice@nassauny-aa.org](mailto:1stvice@nassauny-aa.org)

2nd Vice Chair [2ndvice@nassauny-aa.org](mailto:2ndvice@nassauny-aa.org)

Secretary [secretary@nassauny-aa.org](mailto:secretary@nassauny-aa.org)

Treasurer [treasurer@nassauny-aa.org](mailto:treasurer@nassauny-aa.org)

Nassau General Service District Committee Member Chair (DCMC)  
[dcmc@aanassaugs-ny.org](mailto:dcmc@aanassaugs-ny.org)

### STANDING COMMITTEES

Archives [archives@nassauny-aa.org](mailto:archives@nassauny-aa.org)

Coop. Pro. Comm. (CPC) [cpc@nassauny-aa.org](mailto:cpc@nassauny-aa.org)

Corrections [corrections@nassauny-aa.org](mailto:corrections@nassauny-aa.org)

Financial Review [finance@nassauny-aa.org](mailto:finance@nassauny-aa.org)

Institutions (H&I) [institutions@nassauny-aa.org](mailto:institutions@nassauny-aa.org)

Literature [literature@nassauny-aa.org](mailto:literature@nassauny-aa.org)

Meeting List [meetinglist@nassauny-aa.org](mailto:meetinglist@nassauny-aa.org)

Newsletter [news@nassauny-aa.org](mailto:news@nassauny-aa.org)

Night Book [nightbook@nassauny-aa.org](mailto:nightbook@nassauny-aa.org)

Officer Coordinator (Mgr.) [officemanager@nassauny-aa.org](mailto:officemanager@nassauny-aa.org)

Public Information (PI) [publicinfo@nassauny-aa.org](mailto:publicinfo@nassauny-aa.org)

Share-a-Day (SAD) [shareaday@nassauny-aa.org](mailto:shareaday@nassauny-aa.org)

Speakers Exchange [speakerexchange@nassauny-aa.org](mailto:speakerexchange@nassauny-aa.org)

Accessibilities [accessibilities@nassauny-aa.org](mailto:accessibilities@nassauny-aa.org)

12<sup>th</sup> Step List [12thstep@nassauny-aa.org](mailto:12thstep@nassauny-aa.org)

Website [webcommittee@nassauny-aa.org](mailto:webcommittee@nassauny-aa.org)

### Meeting List Changes:

Many meetings have reopened Please check the meeting guide and/or meeting app.

If your group needs changes made, send in a meeting change form and send it to the webmaster email address:  
[webmaster@nassauny-aa.org](mailto:webmaster@nassauny-aa.org).

The Nassau Intergroup meeting finder can be found [here](#) or you can download the meeting guide app [here](#). These will reflect the most accurate information. Please help to keep the meeting lists current and correct by submitting a "Meeting List Changes Form" whenever your meeting details change. That form can be found [here](#).

### Our Purpose

As we say in our meeting books (and more formally in our ByLaws):

#### Declaration of Purpose:

Nassau InterGroup of Alcoholics Anonymous is an all volunteer organization formed by the AA groups in Nassau County to serve all groups and meetings in Nassau county.

In order to carry the message of Alcoholics Anonymous to the still sick and suffering alcoholic, both in and out of the fellowship, Nassau InterGroup, in accordance with AA's 12 Steps, Traditions, and Concepts of World Service, has as its primary purpose:

- to have all telephone inquiries answered by a recovering alcoholic. The Nassau InterGroup HotLine number will be listed in the Nassau telephone directory. Meeting information and 12 step referrals will be made from all Nassau area groups that have provided up-to-date information.
- publish and distribute at regular intervals up-to-date directories of group meetings in Nassau county.
- publish and distribute a monthly newsletter.
- provide for quarterly group exchange meetings at which groups may exchange meetings with other groups.
- provide for monthly institutions committee meetings at which groups may arrange to participate in "inside" meetings.
- conduct monthly business meetings to address any group concerns and Intergroup business.

Yours in love and service,  
Nassau InterGroup of Alcoholics Anonymous