



# NEWSLETTER

Intergroup Association of Nassau, Inc.  
361 Hempstead Turnpike, West Hempstead, NY 11552-1329

24/7 Hotline: (516) 292-3040  
Business: (516) 292-3045  
intergroup@nassaunyny-aa.org

## MARCH 2022

### A.A. ANNOUNCEMENTS

- The March Reps. meeting will be on 3/3/22 at 7:30 PM. The Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607. There is a New Reps. Orientation Meeting beforehand at 7:00 pm same Meeting ID and Passcode.
- The next Speaker Exchange is 3/19/22 at 7:00 AM at Eisenhower Park Field 3.
- For upcoming A.A. events see pages 11-15.
- Traditions workshops will be every second Saturday of the month at 10 AM. Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607
- There are service opportunities with the Nightbook/Daybook (see page 8).
- The office is open with restricted access, please call ahead (516-292-3045) to verify if someone is available. Masks and social distancing is required.
- ESCYPAA VIII Committee Meetings are held on the 1st and 3rd Mondays of every month at 8:15pm on Zoom. Meeting ID: 658 749 0274 Passcode: ESCYPAA8
- Nassau General Service CPC/PI Committee Meeting is the last Tues. of each month 7:00pm Meeting ID: 922 8787 8377 Passcode:12345
- The newsletter editor wants to know your groups thoughts on how to proceed with the format of the newsletter. Please bring this survey to your next business meeting to discuss and fill out <https://forms.gle/g8oq3iGHvVY4ii5Q9>
- The Share-A-Day hybrid committee meetings will be held every second Wed. of each month at 7:00pm. Virtual Zoom information: Meeting ID: 554 670 5146 Passcode: 870607 and in-person at the Intergroup Office.

### Calendar Of Events:

#### March 2022

- 3/2/22:
  - Institutions Committee Meeting 7:30pm
- 3/3/22:
  - New Representatives Orientation 7:00pm
  - Nassau Intergroup Representatives Meeting 7:30pm
- 3/5/22:
  - Delegates Day of Sharing 9:00am
- 3/7/22:
  - SENY Committee Meeting 7:30pm
- 3/8/22:
  - SAD Planning Committee Meeting 7:00pm
- 3/12/22:
  - Traditions Workshop 10:00am
- 3/16/22:
  - Technology Committee Meeting
- 3/17/22:
  - Financial Review Committee Meeting
- 3/19/22:
  - Speaker Exchange 7:00am
  - SENY/Area 49 Joy of Service Workshop 12:30pm
- 3/21/22:
  - NGSG 12 Concepts Workshop 7:30pm
- 3/31/22:
  - Steering Committee Meeting (by invitation) 7:30pm

#### April 2022

- 4/1/22:
  - SENY Convention
- 4/2/22:
  - SENY Convention
- 4/3/22:
  - SENY Convention
- 4/6/22:
  - Institutions Committee Meeting 7:30pm
- 4/7/22:
  - New Representatives Orientation 7:00pm
  - Nassau Intergroup Representatives Meeting 7:30pm
- 4/9/22:
  - SENY Pre-conference Assembly 8:30am
  - Traditions Workshop 10:00am
- 4/14/22:
  - New GSR Orientation 7:00pm
  - GSR Meeting 7:30pm
- 4/20/22:
  - Tech. Committee Meeting
- 4/24/22:
  - General Service Conference
- 4/25/22:
  - General Service Conference
- 4/26/22:
  - General Service Conference
- 4/27/22:
  - General Service Conference
- 4/28/22:
  - General Service Conference
  - Steering Committee Meeting (by invitation) 7:30pm
- 4/29/22:
  - General Service Conference



*"Each day my friend's simple talk in our kitchen multiplies itself in a widening circle of peace on earth and good will to men."*

Reprinted from the Big Book, Alcoholics Anonymous, p.16, with permission of A.A. World Services, Inc.

**Drunks are calling...  
Let's ensure the hand of  
A.A. is there to answer their calls.**

The A.A. hotline, both the daytime phones and the Nightbook, is in dire need of phone volunteers.

Reach out to  
Kenny at [officemanager@nassaunynyaa.org](mailto:officemanager@nassaunynyaa.org) or  
Luisa at [nightbook@nassaunynyaa.org](mailto:nightbook@nassaunynyaa.org)  
for opportunities  
to do service.

For detailed information regarding each meeting, please refer to the Nassau Intergroup Calendar of Events website, which can be found [here](#).

## THE THREE LEGACIES

### Step 3

When I first came back to the rooms of AA this time around, I had no intention of working the 12 steps. I had tried them before. I had gotten the sponsor, took the advice, read the book, the whole nine. It wasn't for me. I was just too smart for all this corny nonsense about God. But I was lonely, and I was struggling in complete isolation against an unrelenting mental obsession to drink alcohol and ruin my life, so I decided to attend some AA meetings anyway, just for the opportunity to get out of my head and see other people. Initially, I would show up to meetings and argue. It was an exhausting month or two. Thankfully, at some point, the levee broke, and humility came flooding in. I took a look at myself, picking fights, feeling superior even as my life was in shambles, and I took a look at the people I was arguing against, humble, generous, at peace. Frankly, I felt embarrassed. This was an important crossroads; on one hand, I could go into denial and drink, and on the other I could leverage the pain as motivation to make a change. Somehow, in spite of myself, I choose the latter route and began work with a sponsor. From the position of humility, I finally could see the truth and wisdom contained in the 12 steps and the big book. When we arrived at step 3, I was ready. I made a decision to turn my will and my life over to God.

I'd best describe the experience as a relief, like a huge burden

of responsibility had been lifted, a burden I didn't even realize was completely self-imposed. Without God in my life, do you know who is responsible for everything to go well? Me. I'm responsible for everything. I'm responsible to figure out exactly how things should be, and when I failed to make sure things went well, I felt enormous anxiety and guilt. By the end, nothing was going well. I lost faith in myself, which meant I had no faith at all. I was helpless and miserable, and all but completely resigned to living that way until I died.

Additionally, I completely failed to appreciate and respect others. I was only capable of neglect. Other people just made me anxious, precisely because their actions and opinions were out of my control, so I systematically cut out everyone who got too close. My unwillingness to just live my life on God's terms not only left me with a very empty life, but also caused a lot of hurt to a lot of good, well intentioned people.

I consider the third step as the beginning of my sobriety. It was the moment when I began to understand what it would look like for me to live a happy life in sobriety. It means just keeping up momentum in life, doing the next right thing, one foot in front of the other, and having faith that things will pan out exactly as they are meant to. I turn my will over often. At least once a day I remind myself of the decision I made back in the beginning of my sobriety. It rouses me out of my existential anxiety and helps me navigate life with a

healthy perspective. My third step sits right at the foundation of my life. My life has filled up and I consider myself a happy, well-adjusted person today. I am grateful for a solid third step in my life.

- Sam

### Third Step Prayer

God, I offer myself to Thee- to build with me to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life. May I do Thy will always!

*Reprinted from Alcoholics Anonymous, p. 63, with permission of A.A. World Services, Inc*

## STEP THREE

Made a decision to turn our will and our lives over to the care of God as we understood him.

*Reprinted from Alcoholics Anonymous, p. 59, with permission of A.A. World Services, Inc.*

## THE THREE LEGACIES CONTINUED...

### Tradition 3

The Preamble is read at the beginning of most, if not all, AA meetings and in it we hear the Third Tradition, that the only requirement for membership is a desire to stop drinking. The purpose of Tradition Three is to ensure that no one who wishes to hear the message of AA gets blocked from doing so based on arbitrary criteria or group decisions. As the Twelve and Twelve explains, it became evident early on in AA that there was a need ensure that we didn't get too high and mighty and start making up reasons to exclude people. We cannot forget that each of us has hit a bottom of some kind that represents a personal low for us so who then are we to judge? The desire to stop drinking is what gets you in the door to

an AA meeting, and what keeps you there is your willingness to hear the message. You don't have to stop drinking, but hopefully the struggling member keeps trying and does not disturb others that want to hear the message. Sometimes there will be disruptive members who, wittingly or unwittingly, may see Tradition Three as license to do and act in any way they want. Luckily AA has experience and advice for these challenging, though rare, instances. Tradition One (Long Form) states "Each member of Alcoholics Anonymous is but a small part of a great whole. AA must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward." This means that every member a chance to hear the message of AA: the 12

Steps as presented in the Big Book and elaborated on in the Twelve and Twelve, along with other AA literature. All who are willing to receive the message are welcome, but we have to remember our primary purpose comes first...

- Sean

### TRADITION THREE

The only requirement for A.A. membership is a desire to stop drinking.

*Reprinted from Twelve Steps and Twelve Traditions, p.139, with permission of A.A. World Services, Inc.*

### TRADITION THREE CHECKLIST

1. In my mind, do I prejudge some new AA members as losers?
2. Is there some kind of alcoholic whom I privately do not want in my AA group?
3. Do I set myself up as a judge of whether a newcomer is sincere or phony?
4. Do I let language, religion (or lack of it), race, education, age, or other such things interfere with my carrying the message?
5. Am I overimpressed by a celebrity? By a doctor, a clergyman, an ex-convict?

Or can I just treat this new member simply and naturally as one more sick human, like the rest of us?

6. When someone turns up at AA needing information or help (even if he can't ask for it aloud), does it really matter to me what he does for a living? Where he lives? What his domestic arrangements are? Whether he had been to AA before? What his other problems are?

Hi I'm Vic. A grateful recovered alcoholic. My sobriety date is 2/10/2019 and I truly believe I made it here to Alcoholics Anonymous through the moment of silence and the 3rd concept - The Right of Decision.

When I went through the concepts with my sponsor and grand sponsor I was afforded the privilege to make these principles applicable in my daily life and at all levels of service through my program.

The right of decision granted me the dignity to decide I wanted a spiritual experience through the 12 steps.

It gave me the right to decide if I wanted to seek the help to achieve sobriety.

It gave me the grace to come to believe in a God of my understanding.

When I think of my experience in sponsorship I am often humbly reminded that the people I work with are also granted the right to decide if they want support, if they want to take action, if they want the suggestions.

When I honor each persons right to decide I remember that I am not anyones authority. I am here to decide only based on my willingness and only on my actions to practice these principles.

It has also been an anchor point where I am reminded of extreme grace and mercy where I get to decide how I experience life today.

I lost the privilege of choice when all I could choose was to drink.

Through the 12 steps, 12 traditions and 12 concepts I have this awe inspiring experience of freedom everyday where I have been restored the privilege of decision from a full heart and a

clear mind.

I decide the life I live one day at a time.

The right of decision has infiltrated my experience in profound ways and I hope who every reads this gets to share in that same experience as well!

-Vic

## CONCEPT III

To insure effective leadership, we should endow each element of A.A. —the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional “Right of Decision.”

*Reprinted from Service Material from the General Service Office, p.1, with permission of A.A. World Services, Inc.*

## CONCEPT III CHECKLIST

1. Do we understand what is meant by the “Right of Decision”? Do we grant it at all levels of service or do we “instruct”?
2. Do we trust our trusted servants — G.S.R., D.C.M., area delegate, the Conference itself?

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## CHAIR'S CORNER

### **In Touch, Informed, Involved, and In Charge**

One of our biggest challenges at Intergroup (and in AA as a whole) is maintaining consistence communication between our service centers and our Fellowship. Even before COVID, this has been a challenge. Intergroup officers and other trusted servants rotate and don't always pass along access to the channels they've established. Groups rotate their trusted servants and don't always update their contact info with Intergroup.

So the first issue is how do we stay in touch? The answer at our end is that we suggest that each group has an Intergroup Rep who can attend our monthly meeting on the first Thursday of each month. Historically, we have used a "Group Officer" form that allows groups to submit contact information for their Intergroup Rep and other trusted servants. This form is available on our website, here:

<https://www.nassauny-aa.org/Forms/FrmFiles/GrpOffcr.pdf>

Only when we have accurate contact info for your group, can we stay in touch!

Of course, being in touch is only a stepping stone to the next vital

piece: staying informed. Once we're in touch with a local AA group, we can keep it abreast of upcoming events, current service opportunities, and pressing issues that AA in Nassau County (or beyond) is facing. Our monthly meeting is designed to share this kind of information and maintain a two-way stream of information between your group and your Intergroup office. Reports, flyers and our monthly newsletter are available at this meeting, and follow-up emails and minutes will insure that your group has the information it needs to participate in AA as a whole.

Which brings us to the next step: being involved. Groups that are in touch and stay informed are generally the groups that are doing the vital 12 Step work of AA beyond the home group! They volunteer to cover our hotline through our Night Book, step up to plan and execute Alkathons and other events, bring AA meetings into various institutions, and help us round up 12-Step volunteers for our hotline.

Most importantly, however, is that groups that stay in touch, keep themselves informed, and stay involved are the groups that are in charge of Nassau Intergroup. This is as it should be, in keeping with the spirit of Tradition Two. The authority for every dime

Intergroup spends and every policy decision Intergroup makes comes from the voting power of our Intergroup Reps when they gather each month to shape our constantly evolving group conscience.

Come join us! Get in touch, get informed, get involved -- so a loving God can be in charge, through your voice and your vote.

Jim M.

Chair

Intergroup Association of Nassau, Inc.

[chair@nassauny-aa.org](mailto:chair@nassauny-aa.org)

Monthly Intergroup Reps meeting  
- First Thursday of the month,  
7:30pm

<https://zoom.us/j/5546705146>

Meeting ID: 554 670 5146

Passcode: 870607

### CONTACT INFORMATION

If you would like to get in touch with the Nassau Intergroup Chair please send an email to [chair@nassauny-aa.org](mailto:chair@nassauny-aa.org)

## ACCESSIBILITIES CHAIR'S CORNER

### Passing On The Message

Dr. Bob's 4 Reasons for passing on the message are:

- 1) Sense of Duty
- 2) It is a pleasure
- 3) Because in so doing I am paying my debt to the man who took the time to pass it on to me
- 4) Because every time I do it I take out a little more insurance for myself against a possible slip

As time marches on (we get older) we all will have a greater need for that added insurance.

The Accessibilities Committee is seeking to help alcoholics who might need help now, or in the near future due to physical, emotional, or mentally challenges with attending meetings. We are seeking to reach out to the alcoholic who is just joining, or struggling to continue with meetings due to these various issues. While we cannot provide a solution to

all issues, we will try to seek adequate answers. In the past, various group members have stepped up in helping with rides, sometimes providing interpreters - ASL, language interpretation, closed captioning at online meetings, and offering that important welcoming hand to the person seeking help.

For now, please provide the committee with any info concerning wheelchair accessibility, even if only the meeting place is available and the restroom is not wheelchair accessible.

Thank you,  
George P.

Accessibilities Chair -  
[Accessibilities@nassauny-aa.org](mailto:Accessibilities@nassauny-aa.org)

Click the image of any label below for more information.

[F-182W Contents of Accessibilities Kit List](#)

[View PDF](#)

[SMF-208 Accessibilities Checklist for Meetings and Groups](#)

Contains a series of questions that may help your group determine the overall accessibility of your meeting space to those who frequently experience barriers.

[View PDF](#)

[MG-16 A.A. Guidelines on Accessibility for All Alcoholics](#)

[View PDF](#)

## CONTACT INFORMATION

If you would like to get in touch with the Accessibilities Chair please send an email to [Accessibilities@nassauny-aa.org](mailto:Accessibilities@nassauny-aa.org)

## DISTRICT COMMITTEE MEMBER CHAIR'S DESK

### The Group & Its' General Service Representative

The home group affords individual AAs' the privilege of voting on issues that affect the Fellowship as a whole: it is the very basis of the service structure. The G.S.R. is the link between group and A.A. as a whole. The link becomes a channel through which news, information, opinions & ideas can flow back and forth. Importantly, this also gives the group a voice in the affairs of the fellowship. The GSR is the voice.

How important is it that your group has a GSR? We are available to moderate a group inventory. For more information read the pamphlet [A.A. Group... Where It All Begins](#), Pg 29, A Group Inventory or you can email me at [dcmc@aanassaugs-ny.org](mailto:dcmc@aanassaugs-ny.org).

Our next NGS Reps meeting is February 21. Orientation for new reps. is at 7:00PM and our reps meeting begins at 7:30PM. It's virtual and the Zoom information is as follows:

Meeting ID: 922 8787 8377  
Passcode: 12345

### NERAASA 2022

([www.neraasa.org](http://www.neraasa.org)) is being held in Pittsburgh, PA, February 25-28. There are 18 Areas represented and I can make you a personal promise that if it will be your first NERAASA, you will come away inspired to get involved in service below the home group level.

March 5th, the next SENY Assembly "Delegates Day Of Sharing (DDOS) –all Assemblies are open meetings. It's important that the GSR and Alternate GSR attend the assemblies. Tom B., is our SENY Area 49 Delegate. He will be emailing the 72nd General Service Conference, titled A.A In a Time of Change 2.0, final conference agenda to DCMCs' the last week in February. My responsibility will be to inform the county of this vital information. There is a mock Delegates Questionnaire Tom screen- shared at the January 23rd Assembly. This is available on the [aaseny.org](http://aaseny.org) website. March 5th there will be agenda presentations discussing back ground information. The Delegates Questionnaire will also be available. A GSR will go back to their group and will need to set aside a separate group conscience so that group members can

participate by discussing these agenda items.\* (The group can discuss any agenda items that are on the final agenda. If you feel they aren't on the Delegates Questionnaire. All the agenda items can be found [here](#).)

March 19th NGS is hosting a "Joy of Service Workshop" It will be a hybrid workshop. A flyer is available at all local websites. Print it out and announce at your home group.

Many years ago, the Area 49 Joy of Service Workshop was started to invite and encourage AA members to become more involved and informed about the A.A. General Service structure. Our aim is to educate members, reinforce the need for volunteers, and attract individuals with the desire to go beyond their comfort zone & expand their perspectives through servant leadership. The Third Legacy –Service.

- Marty K NGSG DCMC



- **2nd Alternate DCMC-**  
*Requirements:* Needs to have previously been a GSR and has 5 years of sobriety
- **Technical Communications Officer-**  
*Requirements:* experience with Excel or similar programs to manage membership data, technical skills to manage virtual events, and has 3 years of sobriety.

If you are interested in these service opportunities contact Marty at [dcmc@aanassaugs-ny.org](mailto:dcmc@aanassaugs-ny.org)

## CONTACT INFORMATION

If you would like to get in touch with the DCMC please send an email to

[dcmc@aanassaugs-ny.org](mailto:dcmc@aanassaugs-ny.org).



SERVING NASSAU COUNTY ON NY'S LONG ISLAND SINCE THE LATE 40'S

**24 HOUR HotLINE: (516) 292.3040**

Grab your phone and let's GO!

Looking to get more involved in service?

Are you feeling a bit restless, bored, or blah?

Missed out on taking a commitment in your homegroup?

Have you hit a Sobriety Stop sign and thinking of going back out?

Whatever you are going through right now at this very moment, let us offer you a few suggestions:

It is suggested we try and give back to our AA program in anyway we can.

It is suggested we keep it in the day.

It is suggested we help another alcoholic when they are asking for our help.

It is suggested that when all else fails, we do whatever it takes to live a happy & Free life!

The Nightbook commitment is part of these suggestions. It's a feel good way of being a part of and doing something that gives back.

Sign up today! Now looking for AA Homegroups & Volunteers to take a week for the month of April . This is what's available:

Sat 4/2 - Sat 4/9

Sat 4/9 - Sat 4/16

Sat 4/16 - Sat 4/23

Sat 4/23 - Sat 4/30

All phone shifts begin at 5pm and end on 9 am the following day. The AA 24 hour Hotline number is transferred to your phone (cell or home number) using our automated system.

Anyone interested in being of service, please contact me anytime via email or by text.

Thank you kindly!

With Love & Gratitude,

Luisa, Nightbook Chair  
[nightbook@nassauny-aa.org](mailto:nightbook@nassauny-aa.org)

## CONTACT INFORMATION

If you would like to get in touch with the Nassau Intergroup Nightbook Chair, please send an email to  
[nightbook@nassauny-aa.org](mailto:nightbook@nassauny-aa.org).

## ARCHIVES CHAIR'S CORNER



### Archives

with power point virtual tours.

Thank you for this opportunity to serve Nassau Intergroup as your new archives chair!

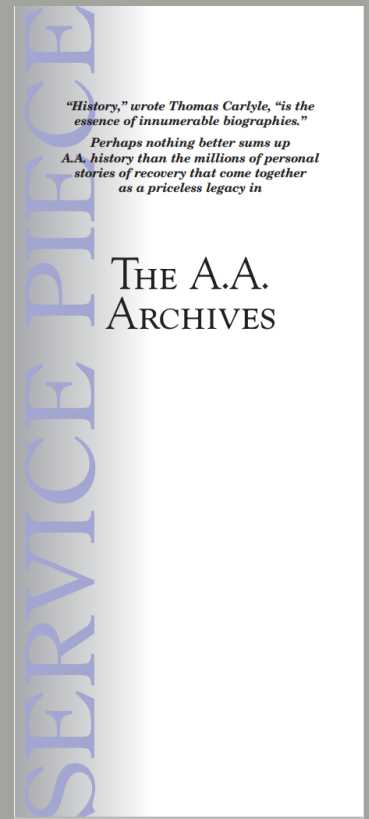
Nassau has a rich and vibrant Alcoholics Anonymous history of which we are very proud of.

Recently, I virtually attended the 6th Symposium on Alcoholics Anonymous History and really enjoyed it. The archivists from GSO, and the Stepping Stones Foundation, and the Wilson House had amazing presentations

Please let me know if your group would like to find out about their AA roots! My home group Cedarhurst-Hewlett celebrated 60 years October 2019.(pre pandemic)

I hope to get to see you in person soon at an event, possibly the Share A Day event! In the meantime, please reach out to me if you have interest in helping in any way, or with suggestions or questions. I thank you again for the privilege.

- Marie S.



To read the full pamphlet click [here](#)

### CONTACT INFORMATION

If you would like to get in touch with the Nassau Intergroup Nightbook Chair, please send an email to [nightbook@nassaunya-aa.org](mailto:nightbook@nassaunya-aa.org).



## MARCH FINANCIAL REVIEW

### Financial Review—Intergroup's 2021 Annual Report

Last month we talked a bit about where the money from the AA basket typically goes. In line with our obligation to be transparent about Intergroup's finances, last month too Financial Review presented the 2021 Annual Report (a summary of that year's financial activity for Intergroup) at the monthly Intergroup Reps meeting. Details from the narrative section of that report are below.

Intergroup rolled into 2021 with \$70,208 in cash assets on account, and a conservative budget of \$72,116. COVID induced irregularities remained a factor impacting office operations and traffic as well as other Intergroup activities such as Share A Day, the Big Meeting and other traditionally face to face events in 2021.

In spite of the continuing impact of COVID throughout the local Fellowship in 2021, income expectations were significantly exceeded while expenses were well under budget for a net gain of \$23,514, and \$93,816 in cash assets on account between its several funds and Petty Cash at the close of the year, including \$55,003 on reserve. There was a small payable for NY State Sales Tax (due March 2022) of \$79.

Major sources of income included Group Contributions which were strong at \$68,123 and Literature Sales (Deposits) which rebounded at \$16,921. Total income was \$93,396.

The largest expense items in 2021 included office Rent, \$35,676, and Literature Purchases (AAWS and AAGV), \$16,281, followed by Utilities, \$8,508, Software Subscriptions, \$2,795, Office Maintenance, \$1,912, Insurance, \$1,429 and \$1,046 to upgrade the office for hybrid meetings. Total expenses were \$69,883, under the \$72,116 budget amount.

In January \$13,000 was transferred from Checking to Savings (Reserve) consistent with the requirements of the then newly adopted by-laws. An

additional \$5,000 was moved into the Reserve in November.

Intergroup filed its required informational return (Form 990) with the IRS on time in May. Its quarterly Sales Tax filings and payments were likewise on time, March, June, September and December 2021.

Despite the continuing negative impact of COVID on all levels of the Fellowship, 2021 proved to be a good year for Intergroup financially thanks largely to conservative budgeting, careful day to day management, and the generosity of AA groups and a partial rebound in literature sales.

Intergroup closed 2021 with a net gain of \$23,514 of which \$18,000 went into Reserve.

A more detailed report is available through your group's Intergroup Rep or on request to Financial Review.

In other matters, Financial Review is helping with the aggregation and summary of the required five years of financial information to support our application to the IRS to move Intergroup from being recognized as a 501c4 to a 501c3 non-profit entity. ([26 US Code § 501](#) deals with tax exemption, and sub-section 501c defines classes of tax exempt organizations. The reasons for requesting the change have been discussed in detail in this column and at the last few monthly Reps meetings.) Final submission had not been completed as of this writing.

Also, Intergroup's "Purchasing and Expenditures: Policy and Procedures" guidelines were presented to the February Reps meeting. (The guidelines are designed to help assure each rotation of trusted servants is mindful of and conforms to Intergroup's legal obligations as a 501c entity with the IRS, a non-profit corporation in the State of New York, and a State sales tax vendor since in the past Intergroup had not always met these responsibilities.) We hope the guidelines will be settled at this month's Reps meeting.

Long before we had a Tradition Seven to guide us, AA co-founder Bill W. was deeply concerned with how we would finance the needs of our nascent Fellowship. And while he would ultimately abandon his initial thinking and approach to the matter, he came to know that there was an important place where money and spirituality needed to mix in order to enable us to carry out our primary purpose, to carry the AA message to the alcoholic who still suffers.

Finance in AA isn't the most exciting thing we consider, but it easily plays a most critical role as access to funding at one point or another mediates all we are able to do in AA. It keeps the home group doors open, puts coffee in the kitchen and AA literature in our hands. Beyond the home group, it enables the many activities of our Intergroups, supports the work of our General Service committees and GSO, enables our Conference to meet on our behalf, and supports so much more.

Concerned and responsible AAs pay attention to our finances, and if you've gotten this far in reading this article, thanks for your interest and participation in helping us manage this critical responsibility.

Hope this is helpful. Stay safe.

Bill C., Financial Review Committee  
516-292-3045 or  
[finance@nassauny-aa.org](mailto:finance@nassauny-aa.org)

## CONTACT INFORMATION

If you would like to get in touch with the Financial Review Committee please send an email to [finance@nassauny-aa.org](mailto:finance@nassauny-aa.org)

## LITERATURE CHAIR'S CORNER

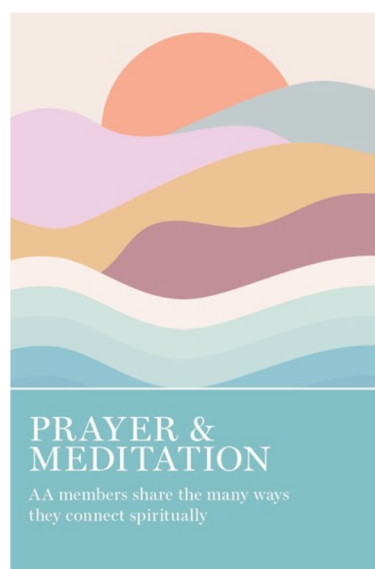
Let's speak a little about one of the service pamphlets available for purchase. This pamphlet is known as "**A MEMBER'S EYE VIEW OF ALCOHOLICS ANONYMOUS**" which is an AA General Service conference approved pamphlet designed to explain to people in the helping professions how AA works. This task on explaining this process was a difficult task as there is no official interpretation. While we all know that this program can work as long as we remain honest, open-minded and willing to change (HOW), having a commonality as an Alcoholic is far greater. While we also need to find our individual spiritual connection, the 12 steps and 12 traditions help guide us along the way. This pamphlet is one members view on how this program works. Say no more! Pick up a copy and read for yourself on how this member describes the aspects on what is involved in working this program, and how it really does work. It's definitely worth reading.

Also, don't forget, the Grapevine has a prayer and meditation book available featuring powerful stories by members of Alcoholics Anonymous, and the many ways they pray and meditate. Order yours now!

Any Literature requests can be obtained via email at [literature@nassauny-aa.org](mailto:literature@nassauny-aa.org) or in person at the office between 9 am and 5 pm. We ask that you call ahead at 516-292-3045 to assure someone is physically at the office as many volunteers are still answering the phones virtually. If there is a special request, I can arrange for someone to meet you at the office to obtain the literature needed.

As this pandemic remains a concern, there are still restrictions in place. We ask that you be courteous of other's safety by wearing a mask and maintaining a 6 ft distance when possible while in the office.

Karen G., NI Literature Chair, 2021-2022



Intergroup Catalog:  
Click the image of any label below for more information.

Other AAWS  
items—



AAGV Books &  
other items—



AAWS  
Books—



## CONTACT INFORMATION

If you would like to get in  
touch with the Literature  
Chair please send

an email to  
[literature@nassauny-aa.org](mailto:literature@nassauny-aa.org)



Nassau Intergroup  
PRESENTS

44th Annual

Share  
A Day

Save the Date

April 30, 2022 | 9 AM

Garden City Community Church  
245 Stewart Avenue, Garden City, NY 11530Nassau Intergroup  
PRESENTS

44th Annual

Share A Day  
OUR COMMON WELFARE

## Share-A-Day 2022 Program

Room & Time	9-9:40am	9:45-10:30am	10:35 - 10:50a	11am-12:30	12:30-1pm	1pm-1:40pm	1:40pm-2pm	Room & Time	2:10pm-2:50pm	3pm-3:45
1	Steps 1-3	Steps 4-6	Sobriety Countdown	All-Timers Panel (speakers 1-4)	Break	All-Timers Panel (speakers 5&6)	Traditions Play	1	Steps 7-9	Steps 10-12
2	Acceptance	Healing from Loss						2	Meditation Station	Contempt Prior to Investigation
3	Sponsorship	Service Beyond the Home Group						3	The Good Old Timers	Young, Free and Sober
4	Principles over Personalities	Life on Life's Terms						4	Inventory: Check Yourself Before You Wreck Yourself!	Sober Parenting
5	Al-Anon								Spanish language meeting	Al-Anon

## SAVE THE DATE

April 30, 2022 | 9 AM

Garden City Community Church  
245 Stewart Avenue, Garden City, NY 11530

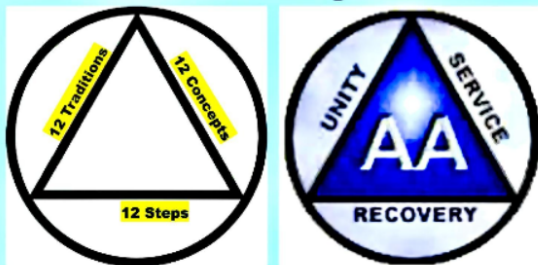
## SIGN YOUR GROUP UP FOR A WORKSHOP

Attend the Intergroup Reps' Meeting Early

at 7pm on March 3rd or April 7th

After March 3 Contact our committee at  
ShareADay@nassauny-aa.orgNassau General Services is  
proud to present:  
~A Workshop~"OUR TWELVE CONCEPTS for WORLD SERVICE:"  
AA'S Spiritual Principles of Recovery

## Our "Three Legacies"



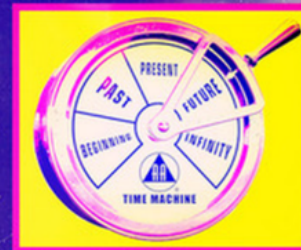
\*\*\*\* Suggest to have your service manual. It's open for all A.A. members.

The workshop will be a Virtual Workshop. 7:30pm-9:00pm EST\*\*\*\*

922 8787 8377 Passcode 12345

Dates :

January 17 Concepts 1 & 2  
 March 21 Concepts 3 & 4  
 May 16 Concepts 5 & 6  
 July 18 Concepts 7 & 8  
 September 19 Concepts 9 & 10  
 November 21 Concepts 11 & 12

2022 SENY CONVENTION  
"A.A. COMES OF AGE 2.0"

## BACK TO THE FUTURE

54TH ANNUAL IN-PERSON AREA 49 CELEBRATION

FRIDAY APRIL 1 - SUNDAY APRIL 3

WESTCHESTER MARRIOTT

670 WHITE PLAINS ROAD

TARRYTOWN, NY 10591

"A.A." "AL-ANON" "ALATEEN" "YOUNG PEOPLE IN A.A."  
 "SPEAKER MEETINGS" "WORKSHOPS" "ALKATHONS"  
 "SPANISH LANGUAGE MEETINGS" "SPANISH TRANSLATION"  
 "UNITY" "INCLUSIVITY" "DIVERSITY" "ACCESSIBILITY"  
 "SATURDAY NIGHT BANQUET" "HOSPITALITY"  
 "12 STEPS" "12 TRADITIONS" "12 CONCEPTS"  
 "FUN" "GAMES" "ENTERTAINMENT"

## LET'S GET THIS PARTY STARTED!



FOR MORE INFORMATION + TO REGISTER ONLINE

CLICK HERE OR VISIT

WWW.AASENY.ORG/2022-CONVENTION

UNIFIED IN LOVE AND SERVICE



# Long Island Round Up



**LIRU 2022: May 5th - 8th 2022**

Belvedere Guest House

Cherry Grove, Fire Island

*Proof of COVID-19 Vaccination Required*

First 25 tickets - \$35.00/each

Thereafter - \$40.00/each until February 1, 2022

For Tickets, please visit: <https://tinyurl.com/LIRU2022>

*The Long Island Round Up is an AA with Al-Anon participation conference hosted by and for the LGBTQ+ community, but in accordance with the 3rd tradition, all are welcome.*

**ESCYPAA VIII**

PRESENTS

## KEEPING IT GREEN

GREEN IS THE NEW BLACK  
EMO NIGHT DANCE

**MARCH 12th**

**6PM-11PM**

MEETING@6:30pm

**1101 Lakeland Ave,  
Bohemia, NY 11716**

**SUGGESTED  
CONTRIBUTION: \$10**

[www.escypaa8.org](http://www.escypaa8.org)

**ESCYPAA VIII**

**October 28-30, 2022**

**HUNTINGTON HILTON  
598 BROADHOLLOW RD,  
MELVILLE, NY 11747**

**Pre-Registration : \$20**



Snail Mail: PO Box 975  
Amityville, NY  
11701

PayPal: [info.licypaa@gmail.com](mailto:info.licypaa@gmail.com)

Venmo: @escypaa-2022

Please include: full name, sober  
date, email, phone number,  
location and number of  
registrations in the notes

For any further questions contact:  
[reg.escypaa8@gmail.com](mailto:reg.escypaa8@gmail.com)

**ESCYPAA VIII**

**FELLOWSHIP  
OF THE SPIRIT**  
October 28-30, 2022

**HILTON HUNTINGTON  
598 BROADHOLLOW RD  
MELVILLE, NY 11747**

**Pre-Registration : \$20**

**Pre-register online at  
[www.escypaa8.org](http://www.escypaa8.org)**

**Book your hotel room at  
[www.hiltonlongisland.com](http://www.hiltonlongisland.com)**

**GROUP RATE CODE: ESCY  
or call 631-577-1537**





**ESCYPAA VIII** Presents

SUGGESTED CONTRIBUTION \$10

SUNDAY, JUNE 12, 2022 @8AM

**Lucan**

BEACH PARTY

Robert Moses State Park, Field 2  
600 ROBERT MOSES STATE PKWY,  
BABYLON, NY 11702  
(PICNIC AREA ON THE RIGHT SIDE)  
PARKING FEE:\$8  
MEETING STARTS AT:4PM  
FOOD,FUN AND FELLOWSHIP

[www.escypaa8.org](http://www.escypaa8.org)

## SENY ACCESSIBILITIES COMMITTEE WORKSHOP VIRTUAL

April 14, 2022 • 7:30 PM - 9:00 PM

### How Can We Help?

Discuss solutions to accessibility challenges which are of greatest concern to AA members in SENY

Join Zoom Meeting:

<https://us06web.zoom.us/j/9989387641>  
Zoom ID: 998 938 7641 • Passcode: 714921

One tap mobile: +19292056099,,9989387641#,,,,\*714921# US (New York)

Dial by your location: +1 929 205 6099 US (New York)

Find your local number: <https://us06web.zoom.us/j/9989387641>

Email [access@aasenyn.org](mailto:access@aasenyn.org) for more information

## GRATITUDE INTO ACTION'S FIRST YEAR GROUP ANNIVERSARY

6-10PM

MEETING AT 7:30PM

OCEANSIDE LUTHERAN CHURCH  
PARISH HALL UPSTAIRS  
65 FAIRVIEW AVE.  
OCEANSIDE, NY

SATURDAY  
MARCH  
19, 2022

FOOD - MUSIC - SOBRIETY COUNTDOWN  
FELLOWSHIP & FUN!

## FELLOWSHIP OF THE SPIRIT

OCTOBER 28-30, 2022

PRE-REGISTRATION: \$25

PRE-REGISTER  
ONLINE AT  
ESCYPAA8.ORG



HUNTINGTON HILTON  
598 BROADHOLLOW RD  
MELVILLE, NY 11747

Book your hotel room at  
[www.hiltonlongisland.com](http://www.hiltonlongisland.com)

GROUP RATE CODE : ESCY or call 631-577-1537

ESCYPAA VIII



**BIG APPLE BID FOR ICYPAA  
AND ESCYPAA 8 HOST COMMITTEE**

**FellowSHIP  
BOAT PARTY**

THIS CONTENT IS NOT AVAILABLE IN YOUR REGION  
TO ACCESS ALL FEATURES, PLEASE PURCHASE TICKETS ONLINE

THIS CONTENT IS NOT AVAILABLE IN YOUR REGION  
TO ACCESS ALL FEATURES, PLEASE PURCHASE TICKETS ONLINE

**PROOF OF VACCINE REQUIRED (PER NYC LAW)**  
PLEASE ARRIVE EARLY FOR ON TIME DEPARTURE  
RAIN OR SHINE

**Saturday June 11, 2022**  
Pier 83 (42nd St/12th Ave) NYC  
Checkin 5:30, Cruise 7-10



**Save The Date**  
**Connect The Dots**

*Celebrating the 87th  
Birthday of Alcoholics  
Anonymous*

**6th  
Annual  
Birthday  
Brunch**

**SUNDAY  
JUNE 19TH,  
2022**

for tickets & info, contact Susanne at  
ctdliny@gmail.com

**Doors Open at 8:30am**  
**POLISH HALL**  
214 Marcy Ave. Riverhead, NY

**Tickets  
\$30**

## ESCYPAA VIII



**Got Experience?  
Got Strength? Got Hope?**

*ESCYPAA VIII is searching for speakers to share  
their story on Long Island this October.*

To submit a speaker tape or nominate someone else,  
please use our submission form at  
[www.escypaa8.org/speaker](http://www.escypaa8.org/speaker). Direct questions to  
[programs.escypaa8@gmail.com](mailto:programs.escypaa8@gmail.com).  
Submission Deadline is February 18th.

[www.escypaa8.org](http://www.escypaa8.org)

## Our Great Responsibility

**SENY/Area 49: Joy Of Service**

Hosted by

**Nassau County General Service**

**March 19, 2022 doors open 12:30pm**

**Event begins 1:00 pm- 3:30 pm**

Bellmore Presbyterian Church  
2740 Martin Avenue, Bellmore

Zoom Hybrid  
Mtg ID: 82640806947  
Passcode: Nassau

**Lunch will be served, service fair tables,  
literature, and committee chairs**

**LIRR**

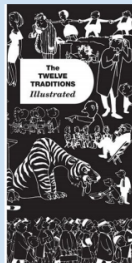
Babylon line, Bellmore.  
0.6 miles via Bedford Ave.

Wheelchair accessible.  
Spanish Translation  
**MASKS REQUIRED**

## IAN Monthly Tradition Workshops

**nassau intergroup**

### **Monthly Traditions Workshop**



**THE SECOND  
SATURDAY  
OF EACH MONTH**

**10am-11am**

**Zoom Meeting ID: 554-670-5146**

**Passcode: 870607**

Are you intimidated by or just not necessarily interested when talk in the rooms turns to the Traditions of AA ? Or maybe just unfamiliar with their meaning and purpose within our Fellowship ? Many of us have felt the same way. As important as they are to AA's continued efforts, discussion of them can often seem technical or "dry".

Intergroup Association of Nassau hosts a monthly Traditions Workshop that not only spends an hour or more discussing the Tradition for the given month, but

since its pre-virtual-era inception has done so in a significantly lighter, but no less serious way.

Instead of just "going around the room" reading the tradition from the "12 and 12", we've chosen to use the Illustrated Traditions pamphlet, which is more concise and features artwork and captions which are informative and "humorous" at the same time.

This approach lends itself to livelier, somewhat more informal sessions than many of the

Tradition "Meetings" we may have been accustomed to. Those meetings are extremely valuable and encouraged. These monthly Workshops are designed to enhance our understanding of the Traditions and supplement what we learn about the Traditions throughout our journeys.

It is our hope that attendees, especially those less familiar with the Traditions, come away from these workshops with new understanding and increased enthusiasm toward them (the traditions.)

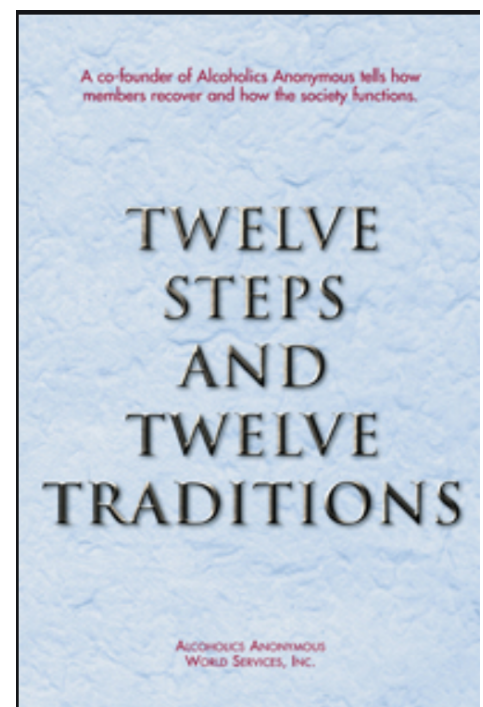
The Workshops are held (virtually for now) on the second Saturday of each month, starting at 10 am.

The Zoom information is as follows:

Meeting ID: 554 670 5146

Passcode: 870607

Michael F.



## NASSAU INTERGROUP - EMAIL ADDRESSES

### OFFICERS

Chairperson [chair@nassauny-aa.org](mailto:chair@nassauny-aa.org)

1st Vice Chair [1stvice@nassauny-aa.org](mailto:1stvice@nassauny-aa.org)

2nd Vice Chair [2ndvice@nassauny-aa.org](mailto:2ndvice@nassauny-aa.org)

Secretary [secretary@nassauny-aa.org](mailto:secretary@nassauny-aa.org)

Treasurer [treasurer@nassauny-aa.org](mailto:treasurer@nassauny-aa.org)

Nassau General Service District Committee Member Chair (DCMC)  
[dcmc@aanassaugs-ny.org](mailto:dcmc@aanassaugs-ny.org)

### STANDING COMMITTEES

Archives [archives@nassauny-aa.org](mailto:archives@nassauny-aa.org)

Coop. Pro. Comm. (CPC) [cpc@nassauny-aa.org](mailto:cpc@nassauny-aa.org)

Corrections [corrections@nassauny-aa.org](mailto:corrections@nassauny-aa.org)

Financial Review [finance@nassauny-aa.org](mailto:finance@nassauny-aa.org)

Institutions (H&I) [institutions@nassauny-aa.org](mailto:institutions@nassauny-aa.org)

Literature [literature@nassauny-aa.org](mailto:literature@nassauny-aa.org)

Meeting List [meetinglist@nassauny-aa.org](mailto:meetinglist@nassauny-aa.org)

Newsletter [news@nassauny-aa.org](mailto:news@nassauny-aa.org)

Night Book [nightbook@nassauny-aa.org](mailto:nightbook@nassauny-aa.org)

Officer Coordinator (Mgr.) [officemanager@nassauny-aa.org](mailto:officemanager@nassauny-aa.org)

Public Information (PI) [publicinfo@nassauny-aa.org](mailto:publicinfo@nassauny-aa.org)

Share-a-Day (SAD) [shareaday@nassauny-aa.org](mailto:shareaday@nassauny-aa.org)

Speakers Exchange [speakerexchange@nassauny-aa.org](mailto:speakerexchange@nassauny-aa.org)

Accessibilities [accessibilities@nassauny-aa.org](mailto:accessibilities@nassauny-aa.org)

12<sup>th</sup> Step List [12thstep@nassauny-aa.org](mailto:12thstep@nassauny-aa.org)

Website [webcommittee@nassauny-aa.org](mailto:webcommittee@nassauny-aa.org)

### Meeting List Changes:

Many meetings have reopened Please check the meeting guide and/or meeting app.

If your group needs changes made, send in a meeting change form and send it to the webmaster email address:  
[webmaster@nassauny-aa.org](mailto:webmaster@nassauny-aa.org).

The Nassau Intergroup meeting finder can be found [here](#) or you can download the meeting guide app [here](#). These will reflect the most accurate information. Please help to keep the meeting lists current and correct by submitting a "Meeting List Changes Form" whenever your meeting details change. That form can be found [here](#).

### Our Purpose

As we say in our meeting books (and more formally in our ByLaws):

#### Declaration of Purpose:

Nassau InterGroup of Alcoholics Anonymous is an all volunteer organization formed by the AA groups in Nassau County to serve all groups and meetings in Nassau county.

In order to carry the message of Alcoholics Anonymous to the still sick and suffering alcoholic, both in and out of the fellowship, Nassau InterGroup, in accordance with AA's 12 Steps, Traditions, and Concepts of World Service, has as its primary purpose:

- to have all telephone inquiries answered by a recovering alcoholic. The Nassau InterGroup HotLine number will be listed in the Nassau telephone directory. Meeting information and 12 step referrals will be made from all Nassau area groups that have provided up-to-date information.
- publish and distribute at regular intervals up-to-date directories of group meetings in Nassau county.
- publish and distribute a monthly newsletter.
- provide for quarterly group exchange meetings at which groups may exchange meetings with other groups.
- provide for monthly institutions committee meetings at which groups may arrange to participate in "inside" meetings.
- conduct monthly business meetings to address any group concerns and Intergroup business.

Yours in love and service,  
Nassau InterGroup of Alcoholics Anonymous