



# NEWSLETTER

Intergroup Association of Nassau, Inc.  
361 Hempstead Turnpike, West Hempstead, NY 11552-1329

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Business: (516) 292-3045  
[intergroup@nassauny-aa.org](mailto:intergroup@nassauny-aa.org)

## JANUARY 2022

### A.A. ANNOUNCEMENTS

- The Jan. Reps. meeting will be on 1/6/22 at 7:30 PM. The Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607. There is a New Reps. Orientation Meeting beforehand at 7:00 pm same Meeting ID and Passcode.
- For upcoming A.A. events see pages 11-14.
- Traditions workshops will be every second Saturday of the month at 10 AM. Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607
- There are service opportunities with the Nightbook/Daybook (see page 8).
- The office is open with restricted access, please call ahead (516-292-3045) to verify if someone is available. Masks and social distancing is required.
- LICYPAA Committee Meetings are held on the 1st and 3rd Mondays of every month at 8:15pm on Zoom. Meeting ID: 658 749 0274 Passcode: LICYPAA
- Nassau General Service CPC/PI Committee Meeting is the last Tues. of each month 7:00pm Meeting ID: 922 8787 8377 Passcode:12345
- The newsletter wants to know your groups thoughts on how to proceed with the format of the newsletter (digital, print, or hybrid- mainly digital with a few printings for accessibility purposes). Please contact Kyla at [news@nassauny-aa.org](mailto:news@nassauny-aa.org) with the feedback.
- For all AA members, beginning January 2022, Nassau Corrections will accept AA speakers for the in-person meeting at the woman's facilities. If you are interested to participate in sharing the message, please contact us by email. Suggested Requirement: One year or more of sobriety and a working knowledge of the 12 steps. How to get started: send an email [correctionschair@nassauny-aa.org](mailto:correctionschair@nassauny-aa.org)

### Calendar Of Events:

#### January 2022

- 1/1/22:  
- Virtual Alkathon
- 1/6/22:  
- New Representatives Orientation 7:00pm  
- Nassau Intergroup Representatives Meeting 7:30pm
- 1/8/22:  
- Traditions Workshop
- 1/12/22:  
- Share-A-Day Planning Committee
- 1/17/22:  
- NGS 12 Concepts Workshop
- 1/19/22:  
- Technology Committee Meeting
- 1/20/22:  
- Financial Review Committee Meeting
- 1/23/22:  
- SENY Assembly
- 1/25/22:  
- CPC/PI Committee meeting 7:00pm
- 1/27/22:  
- Steering Committee Meeting 7:30pm (by invitation)
- 1/28/22:  
- Archives Symposium
- 1/29/22:  
- Archives Symposium
- 1/30/22:  
- Archives Symposium

#### February 2022

- 2/3/22:  
- New Representatives Orientation 7:00pm  
- Nassau Intergroup Representatives Meeting 7:30pm
- 2/7/22:  
- SENY Committee Meeting
- 2/9/22:  
- Share-A-Day Planning Committee
- 2/12/22:  
- Traditions Workshop
- 2/16/22:  
- Technology Committee Meeting
- 2/21/22:  
- Nassau General Service New Reps Meeting 7:00pm  
- Nassau General Service Meeting 7:30pm
- 2/22/22:  
- CPC/PI Committee meeting 7:00pm
- 2/24/22:  
- Steering Committee Meeting 7:30pm (by invitation)
- 2/25/22:  
- 31st Northeast Regional AA Service Assembly
- 2/26/22:  
- 31st Northeast Regional AA Service Assembly
- 2/27/22:  
- 31st Northeast Regional AA Service Assembly



*"Each day my friend's simple talk in our kitchen multiplies itself in a widening circle of peace on earth and good will to men."*

Reprinted from the Big Book, Alcoholics Anonymous, p.16, with permission of A.A. World Services, Inc.

**Drunks are calling...  
Let's ensure the hand of  
A.A. is there to answer their calls.**

The A.A. hotline, both the daytime phones and the Nightbook, is in dire need of phone volunteers.

Reach out to  
Kenny at [officemanager@nassaunyaa.org](mailto:officemanager@nassaunyaa.org) or  
Luisa at [nightbook@nassaunyaa.org](mailto:nightbook@nassaunyaa.org)  
for opportunities  
to do service.

For detailed information regarding each meeting, please refer to the Nassau Intergroup Calendar of Events website, which can be found [here](#).

## THE THREE LEGACIES

### Step One

Step 1 requires nothing more than acceptance, a deep acceptance of my relationship with alcohol. My first love; My first girlfriend (well, maybe second or third). My first trip into adulthood (or so I thought). What I didn't realize at 13 years old was I starting drinking obsessively pretty quick. I couldn't wait to get to the weekend. I couldn't wait to plan the next party. I couldn't wait for the action. School took a back seat along with athletics, future college prospects, and attempts to behave in any reasonable way. I sought nothing but attention - good or bad. I started to get into more serious trouble inside and outside of school. My relationships, that I worked so hard for, disintegrated. One of the stories in the back of the "Big Book" of Alcoholics Anonymous talks about the difference between alcoholics and non-alcoholics. The writer states that the non-alcoholic changes their behavior to meet their goals, while the alcoholic changes their goals to meet their behavior. That was me! This pattern of behavior lasted for the next dozen years, and as an alcoholic with a progressive

illness, things only got worse. My drinking took on more serious proportions as well as my drug use. I became unemployable. I became a lone wolf and desolate. If it was not for my poor Mother, her prayers and my brother's entry into AA, I might not be here today. In 2011, after 3 years of hitting different bottoms, coming in and out of AA, raising peoples hopes up just to let them down, I finally surrendered. It was on Mother's Day of all days. How fitting! I finally said those three magic words, "I need help". I can't beat this obsession on my own, I lack the power. From there, I entered the rooms of AA and got hooked up with some power. Step 2 came into my life. Thank God, this is not just a one step program for that would mean we, as alcoholics, are doomed. But we are not! The obsession has been removed; it has not been solved. I need to continue with my findings of God and to pass that along to others who are just as desperate as I once was. I am blessed beyond measure today because of AA and all the wonderful people who continue to practice step 1 on a daily basis.

- Steve



### STEP ONE

We admitted we were  
powerless over  
alcohol- that our lives  
had become  
unmanageable

*Reprinted from Alcoholics Anonymous, p. 59, with  
permission of A.A. World Services, Inc.*

## THE THREE LEGACIES CONTINUED...

### Tradition One

My first impulse when considering writing about "unity" is to describe my experience with the concept; my second is to laugh at the irony of that: "my experience" with unity, with being part of something larger than myself is definitely a non-starter regarding the subject. If I can ignore that initial impulse, I can start to recognize a few things which certainly outweigh that persistent tendency to talk about (my)self: that there are very good reasons why "AA Unity" is the first "tradition" presented to us as a tool for continuing to help alcoholics recover. So, I should probably try to understand those reasons first. And even when I don't understand them (or, more accurately, fail to remember them), I will probably have a better chance at helping another alcoholic, and by extension, myself if, at those times, I "act as if" I actually do understand the reasoning behind AA Unity. Admittedly, I am no AA historian. I do know a little, however, of its ("our" ?) history. I know that there were periods, especially early-on, of competing ideas which put the fellowship in jeopardy -even, possibly, in jeopardy of not continuing at all. I also know that our 12 Steps (our program of recovery) as well as our 12 Traditions were generated with no small amount of trial and error and of disagreements. Much has been written about how these Traditions came to be and, I'm sure, about how they came to exist in the order that they do. Likewise, much "technical" explanation is available to describe just what may be meant by "unity"

within our fellowship and how it actually can and does work for us. I'm not qualified to elaborate on or enhance these ideas; not even going to try. I can say, however, that I am extremely grateful for all the experience, strength and hope of those who came before; those who recognized that individuals may not recover if they did not work together in the interest of making sure the movement (and subsequently, the fellowship) stayed true to its primary purpose. It seems almost like another one of AA's paradoxes (to me). Or, maybe, more accurately, it used to seem that way. 'Shouldn't all the alcoholics get better first and then we'll decide how to work "together" as a team?' But the results of what - 85 years? - speak for themselves. The fellowship has grown tremendously and so many alcoholics have recovered. And, if those 2 things hadn't occurred, I would not be here to offer my (still somewhat inarticulate) "take" on common welfare coming first. I would not be sober. I would most likely not be alive.

Many of us have experienced the unity within (or maybe, just as frequently and importantly, the lack of unity somehow eventually giving way to teamwork.) We've all heard, seen, or been part of the situations. I doubt, I could offer even a small new anecdote about our disagreements having to go through the trial of democracy (or AA's version of it, largely guided by our traditions), but with AA or any subset of it remaining intact. So I will just re-iterate that I know it works and I'm grateful that it does.

I know that before I got to AA I rarely thought about the idea of unity; about being a team player. And this goes back to an age before my selfishness went hand in hand with alcohol (and/or other substances). If I think about it honestly, I remember that even though, sure, I wanted, say, the basketball team I was on to win, I was clearly more focused on being the one who made sure we'd win and even if we weren't destined to be the winning team, then I'm going to be the star, even in a loss. Crazy, right? Certainly an -ISM, as I've learned. I carried that mindset (often, unwittingly) into every area of my life. I wasn't against the team, the company, the other partiers - but I came first. And even beaten down, pretty convinced my way wasn't working and with many lower bottoms to come, that was the way I came into AA, time and time again. Unity was not on my radar. Like it was for many of us, survival was the only thing on my mind. But not only was I extremely self-centered, I was uncomfortable about asking for help and for a long, long time my disease had me "figuring this out all by myself", whether I was in the rooms of AA or not. Not surprisingly, I relapsed for many years. Also, not surprisingly, I learned very little about fellowship & AA principles (even as I started to be abstinent, present at meetings and exposed to our literature. Even as I took commitments, the team-player mindset was slow to take hold.) I think it's safe to say that service has been the component of our society (AA) that has kept me alive, often in spite of myself. Besides heeding the

## THE THREE LEGACIES CONTINUED...

oft-heard advice of "don't drink and go to meetings", I rarely knew what else to do to get better. Even as I slowly started to learn the "what else" (work the 12 Steps), I was still very often a basket-case (because I was largely still in self-imposed isolation). However, consciously or not, service to other alcoholics saved me; even service that I stubbornly chose to do alone (making the coffee and setting up hours before the meeting; typing minutes at home). But more often than not, the service involved other members and no, they did not always agree on things. And I often didn't agree with others, either.

Over time, though, I began to recognize this business of unity as being not only a higher goal than that of one individual or group's "stance" being "proven" right. Often it took a more experienced member (with a cooler head) reminding us of it (the group coming first). Often the

results were immediate and things were gratefully put in their proper context. It's easy to get caught up in life on life's terms and forget how important AA Unity is - how the survival of AA itself is vital for local groups to stay afloat at all and then for us (me) to get and stay sober. The pandemic taught me lessons on a weekly, if not nightly basis - often the same lesson : it is important that I stay sober, but not as important as AA staying together at all costs, because if AA is no longer here for alcoholics, here for me - I don't even know how to finish that....just, NOT GOOD. I guess I am both just selfish enough AND unselfish enough to recognize that IF I don't continue to do my small part to work with others in AA, then maybe I can't reasonably expect AA to continue to be there for others...and for me.

Mike F.

### TRADITION ONE

Our common welfare  
should come first;  
personal recovery depends  
upon A.A. unity

*Reprinted from Twelve Steps and Twelve Traditions, p.139,  
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### TRADITION ONE CHECKLIST

1. Am I in my group a healing, mending, integrating person, or am I divisive? What about gossip and taking other members' inventories?
2. Am I a peacemaker? Or do I, with pious preludes such as "just for the sake of discussion," plunge into argument?
3. Am I gentle with those who rub me the wrong way, or am I abrasive?
4. Do I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?
5. Do I put down some AA activities as if I were superior for not participating in this or that aspect of AA?
6. Am I informed about AA as a whole? Do I support, in every way I can, AA as a whole, or just the parts I understand and approve of?
7. Am I as considerate of AA members as I want them to be of me?
8. Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?
9. Do I go to enough AA meetings or read enough AA literature to really keep in touch?
10. Do I share with AA all of me, the bad and the good, accepting as well as giving the help of fellowship



## Concept I

Hi I am Marie B. And I am a Grateful Recovering Alcoholic. I had been a member of our fellowship for a number of years before I became aware of the concepts of AA. From 2000-2002 I had the honor of serving as my then homegroup's Group Chairperson. Our group was going through a major change at the time. We had to find a new home for our meetings. This caused a great deal of stress and anxiety among our members. A fellow group member & friend was also a district rep for Suffolk County General Service and came to me with some suggestions on how to handle the issues our home group was struggling through. He suggested I study the 12 Traditions and the Concepts of World Service. He then guided me through each to help me understand the best ways to guide our group. His suggestions not only helped our group make the difficult decisions in a short time through our group conscience, but the experience also woke up a greater interest in the Traditions and Concepts within myself.

Since that experience, I've spent time studying these cornerstones of our program. We have all heard it said that the Traditions protect AA from its members or from our disease. They protect our program by giving members a guideline to follow that keeps us

humble and in check. The Concepts do this for World service on a grander scale. I learned very early in my recovery that doing service and helping the next sick and suffering alcoholic as well as serving my group and local service centers kept me sober and serene. The experience I had with my home group as group chair helped me understand the importance of group conscience decisions.

So what is group conscience exactly? It's simple. Tradition One tells us that personal recovery depends upon AA Unity. And Tradition 2 says : "For our group purpose, there is but one ultimate authority—a loving God as he may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."

Our groups vote on issues affecting our group members and our fellowship and make decisions based upon a majority vote. Every member has a say in how our groups function. On the level of World Service, it is the same. We are a program that runs from the bottom - up rather than from the top - down. Meaning ALL group members have a say in making decisions for AA whether it's on the level of group, local general service or on the world scale. We all participate in keeping our Program functioning and moving forward with only God as our ultimate authority. Concept One is rooted in Tradition 2. Upon forming the General

Service Conference, our co-founder Bill Wilson found that "a spiritualized society characterized by enough enlightenment, enough responsibility, and enough love of man and of God to insure that our democracy of world service will work." The spiritual principle behind group conscience allows every AA member to take part in decisions affecting our program at any level. We All have a say. This concept protects our program from any one individual, any Trustee, employee, director or group member from having too much authority while we move our program and our fellowship forward. Thus allowing us to keep to our primary purpose; to help the next sick and suffering alcoholic, anywhere in the world.

- Marie B.

## CONCEPT I

Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

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## CONCEPT I CHECKLIST

1. Does our group have a general service representative (G.S.R.)? Do we feel that our home group is part of A.A. as a whole and do our group's decisions and actions reflect that?
2. Do we hold regular group conscience meetings encouraging everyone to participate? Do we pass that conscience on to the district, area, or the local intergroup meetings?
3. Is the "collective conscience" of Alcoholics Anonymous at work in my home group? In my area?
4. Where do we fit in the upside-down triangle of A.A.?
5. Are we willing to do what it takes to insure that our democracy of world service will work under all conditions?

## DISTRICT COMMITTEE MEMBER CHAIR'S DESK

### A Vision For You!!!!

Service Locomotive, get on board. Let God engineer your service journey. You don't need a ticket just get on board. The gift that keeps giving. Get a commitment at your home group and be a greeter or the coffee maker. You are now a board the passenger car-(The A.A. Fellowship). Service is a sneaky –subtle way to brake the isolation that our drinking caused. There you will find release from care, boredom and worry. Your imagination will be fired. Life will mean something at last. The most satisfactory years of your existence lie ahead. Thus we find the fellowship, and so will you. Service affirms the spiritual benefits of our recovery program. Progress means growth. All growth is built on a foundation of willingness. The group has it's monthly business meeting and there are open positions that need to be filled. The Chair of the group is open. No longer I am

asked to come next week early to be the chair person. That was a joke and a way to make me think I was going to be the Chair of the group. So I showed up, to set the meeting up, to put the chairs out. And put them away at end of the meeting. Now back to standing for the Chair of the home group. Some groups it's a 1 year position. The Chair position led me to participate, practice traditions and most of the time compelled to learn. How to run the meeting. Rotation is extremely vital to growing spiritually through service. The most important position in an A.A. Group is the General Service Rep. Wow, it's a 2 year commitment. What another business meeting. I need to travel to the Area Assembly? At the bi-monthly County meeting I got informed what the DCMC (District Committee Member Chair) set a agenda for the business of the county. Got reports from our Standing Committee Chairs ,carrying the message of A,A. to

the alcoholic who still suffers. Left the business meeting with a county treasurer report . fliers and lots of papers. Committee Chairs asked us GSR's to join there committee. Or join the unity breakfast planning committee. When I attended the Area business meeting, there was the New York State Informational Workshop planning Committee. The Area SENY Convention planning Committee. When I rub elbows with service oriented A.A. members in the passenger car I began to be taught A.A. below the home group. There has been and will continue to be many opportunities to give back what was so freely given me. Service in A.A. is that way. Service taught me so much about the my wrongs, character defects. I mentioned earlier in the article, service affirms the spiritual benefits of recovery. So I encourage to challenge yourself and take the leap of faith and enjoy the growth of service below the home group. Be an effective member of an effective committee.

Marty K.  
Nassau General Service Group



#### Technical- Communication Officer (Registrar)

- 3 years sobriety and needs to have been a GSR
- Enrolls new GSR's & Alternates in Nassau County, SENY, GSO database

#### 2nd Alternate to the DCMC

- Needs 5 years sobriety needs to have been a past GSR
- Provides leadership to ad hoc chairs & Committees ( Unity Breakfast, LISTS, Big Meeting)

If you are interested in these service opportunities  
contact Marty at [DCMC@aanassaugs-ny.org](mailto:DCMC@aanassaugs-ny.org)

## CONTACT INFORMATION

If you would like to get in touch  
with the DCMC please send an  
email to  
[DCMC@aanassaugs-ny.org](mailto:DCMC@aanassaugs-ny.org).

## Financial Review—2022 Budget Settled

In the [September](#) and [November](#) newsletters we wrote about the process of developing Intergroup's annual budget as guided by our [By-Laws](#) (Article VIII, Section 4d). Drafts of a proposed 2022 budget were reviewed in the Steering Committee in October 2021, distributed at the November Reps meeting, discussed there that month and the next, and settled (approved) at the December Reps meeting.

The annual budget serves as something of a road map for Intergroup finances each year. The approved 2022 budget anticipates \$85,787 in income (mostly from group contributions), and \$87,619 in expenses. Intergroup will need to fall back on funds on hand in the Operating and/or Reserve accounts to cover the \$1,832 difference, but most likely we will see the extra funds come in as contributions as well. A copy of the approved budget is available on request to [finance@nassauny-aa.org](mailto:finance@nassauny-aa.org) or leave the request for Finance at 516-292-3045. By way of further process, the 2022 budget may be amended at any time by the Reps meeting in the light of new information.

Not included in the approved budget but discussed is funding to bring back print editions of the newsletter and meeting list. (In the wake of the shutdowns imposed by COVID-19 in 2020, we discontinued printing both along with our monthly mailings moving instead to digital access through our [website](#). And with the slow and irregular reopening of AA

activity in Nassau in 2021, we continued to rely solely on the website to get out both the monthly newsletter and current meeting information.) While it is unclear if the desire for a return of print editions of these two items represents a widespread want or need at this time, we've seen enough interest shown to suggest further consideration.

Several questions probably should be answered before we bring back print including the size of any print run, the methods of production (usual printers, small quantities run at Staples, reproduction in the office and/or other methods), means of distribution (currently printed materials are only available when the Intergroup office is open) and costs. Significantly, do digital editions alone leave behind some users? Also, the newsletter has grown considerably in size from what was usually a six to eight page edition to routinely 16 or more pages. Will it be scaled back for print? (The newsletter editor had asked for feedback on the future of the newsletter at the November Reps meeting, but it doesn't seem she's gotten much of a response.) For the meeting list, a significant question may be are changes to our meeting information presently too volatile to make a print edition useful? Are there alternate or hybrid ways of delivering these services? Further, is the desire for a return of these items in print nostalgia or need? Other questions will likely come up as we consider if, when and how to bring back print. Watch for more discussion on this, and, if your group wants to have a say, you need to field a Rep.

Until we do bring back print, you can still get both in digital

editions. Go to our [website](#) for the [newsletter](#) and for meeting information through the "[Meeting Finder](#)." (The [Meeting Guide](#) app from AA World Services, Inc. also offers current local meeting information on a feed from Intergroup.)

Concerning the Financial Review (FR) committee, per our [By-Laws](#) (Article VIII, Section 4a), it is served by a chairperson, a past Intergroup treasurer if available and a group representatives as voting members along with the current Intergroup treasurer in a non-voting capacity. This past year one of two serving group reps was Kirk K. from the Sober Start group, Sea Cliff. Owing to work demands, Kirk has needed to step down from FR. We thank Kirk for his service, and will be seeking to find another Rep to step up in his place at this month's Reps meeting.

Questions, problems or simply something to share concerning finance in AA, perhaps something you'd like to see discussed in this column? Contact, [finance@nassauny-aa.org](mailto:finance@nassauny-aa.org) or leave a message for Finance at the office number below.

Hope this is helpful. Stay safe.

Bill C., Financial Review Committee

516-292-3045 or [finance@nassauny-aa.org](mailto:finance@nassauny-aa.org)



## NIGHTBOOK CHAIR'S CORNER

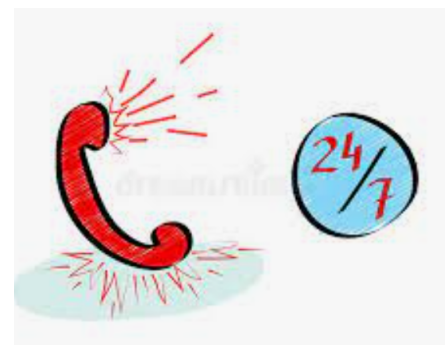


What an incredible year! We have experienced at all. As we say hello to a New Year, some of us have had to say our goodbyes and farewells, grieve and mourn, let go and let God. It has not been the best year nor the easiest to say the least. We've been handed our own spiritual hurdles and obstacles. We've seen alot, heard alot and felt alot too. We've struggled, we have experienced illness, we have been affected by others, we have endured pain and been in painful times.

I am not writing this to add to your sadness or bring about any discomfort. I write this because this has been our truth. And that's what needs to be spoken about. And most importantly, Alcoholics Anonymous has given us the



gift of being able to speak our truth by our meetings and through fellowship and sponsorship. We as individuals have had to change and do a great deal of shifting in 2021. But AA as a whole and it's message of sobriety, still has not changed and will continue onward, pushing through any challenges, changes and obstacles that come our way. The message I would like to bring to everyone reading this article is hope. There will always be hope in AA, in the rooms of AA, online in AA, over the phone with another AAer. I encourage you to keep sharing that hope we were freely given. Share that hope with service, love and gratitude. Stay safe, stay sober and have a hopeful new year!



Thank you very much to the following volunteers who gave their time to answering our 24 hour Hotline through Nassau Intergroup!!

December Nightbook Volunteers:

- Farmingdale Women's Group
- Nadia V.
- Massapequa Bottom Line Group
- Tova and Friends
- Steering Committee
- Alkathon Volunteers

With love and gratitude,

Luisa  
Nightbook Chair

## CONTACT INFORMATION

If you would like to get in touch with the Nassau Intergroup Nightbook Chair, please send an email to [nightbook@nassauny-aa.org](mailto:nightbook@nassauny-aa.org).



## LITERATURE CHAIR'S CORNER

Big Book CD sets featuring New recordings are now available, and will be ordered for your purchase.

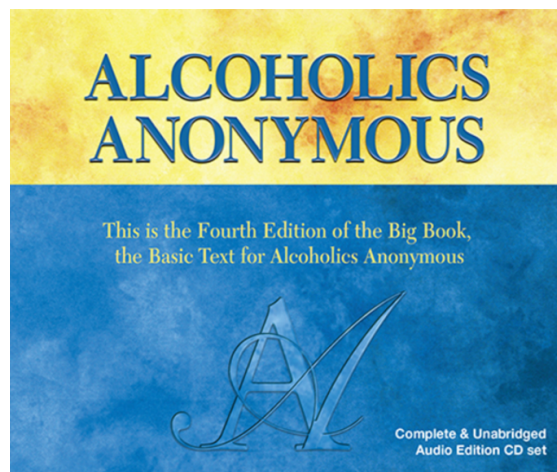
New recordings! Known as the "Big Book," the basic text of Alcoholics Anonymous has helped millions of people recover from alcoholism since the first edition appeared in 1939. Chapters describing the A.A. recovery program — the original Twelve Steps — and the personal histories of A.A.'s co-founders remain unchanged since the original, while new stories have been added to the personal histories with each edition. Fourth Edition (2001).

- [Alcoholics Anonymous, Unabridged \(full text\)](#)
- [Alcoholics Anonymous, Abridged \(without stories\)](#)

Remember.....Nassau Intergroup office also has a large variety of literature available.

A reminder that the newly "revised" Preamble is now in "print", and available for purchase. This can be ordered upon your group's request.

Literature requests can be obtained via email at [literature@nassauny-aa.org](mailto:literature@nassauny-aa.org) or in person at the office daily between 9 am and 5 pm. We ask that you call ahead at 516-292-3045 to assure someone is physically at the office as many volunteers are still answering the phones virtually. If there is a special request, I can arrange for someone to meet you at the office to obtain the literature needed.



As this pandemic remains a concern, there are still restrictions in place. We ask that you be courteous of other's safety by wearing a mask, and maintaining a 6 ft distance when possible while in the office.

Yours in service,

Karen G., NI Literature Chair, 2021-2022

## CONTACT INFORMATION

If you would like to get in touch with the Literature Chair please send

an email to [literature@nassauny-aa.org](mailto:literature@nassauny-aa.org)



## SHARE-A-DAY CHAIR'S CORNER

We spoke about current issue of no location to hold Share A Day at Reps meeting and no one has offered a location that would Include school classrooms for workshops, an auditorium, and a cafeteria!

Until we can secure a location, and Covid-19 restrictions are not as rigid, our date can not be determined.

Email me now to get a location hopefully by April!

Please come to our committee and support the Share A Day Committee with a school location and come to our first committee meeting on January 12, 2022.

Without you there will be no committee.

We serve at the event a continental breakfast, lunch, goodies and coffee, tea all day from 8 AM - 4 PM. About 20-40 workshops on AA topics, a sobriety count down, main

speaker, old timers panel, young people, Ala-non, and Spanish AA meetings 2nd Wednesday of each month from January 2022 to 1 month after event to wrap up the committee and elect next Chair.

Live:

Intergroup Association of Nassau INC.

361 Hempstead Turnpike  
West Hempstead

Virtual:

[HTTPS://zoom.us/j/5546705146](https://zoom.us/j/5546705146)

Zoom meeting ID:

554 670 5146

Passcode:

870607

Please Support Nassau Association of AA largest single Live event.

Share A Day Hybrid Committee meetings 2022 schedule 7-8pm:

- Jan. 12
- Feb. 9
- March 9
- April 14
- May 11
- June 8
- July 13
- Aug. 10
- Sept. 14
- Oct. 12
- Nov. 9
- Dec. 14

- Kevin McH

### CONTACT INFORMATION

If you would like to get in touch with the Share-A-Day Chair please send an email to

[Shareaday@nassauny-aa.org](mailto:Shareaday@nassauny-aa.org)

## 12TH STEP LIST CHAIR'S CORNER

### Are You Willing to be the Hand of AA?

Service has been such an important tool in my journey of sobriety, so when I was asked if I was interested in helping as the 12-Step Chair list for Nassau County, I jumped right in!

I am excited to announce that we just launched our new digital 12-Step list sign-up and already have 24 members ready to help another alcoholic in need. This list will be used by the Nightbook volunteers, and the office phone volunteers, and the link will be changed on a regular basis for security reasons.

Any groups or members who'd prefer being sent a printable PDF for group sign ups can contact me to request it directly.

Here is the link to sign-up for the 12-step list, please pass it on to others in your homegroup.

<https://forms.gle/3ZTJzmUMzmD3SQuC6>

Carlos M.

12th Step List Chair

[12thstep@nassauny-aa.org](mailto:12thstep@nassauny-aa.org)

### CONTACT INFORMATION

If you would like to get in touch with the 12th Step List Chair please send an email to

[12thstep@nassauny-aa.org](mailto:12thstep@nassauny-aa.org)

## Twelve Step Contact Info - Nassau Intergroup of AA

Please fill in this form if you would like our Nassau County AA hotline volunteers to reach out to you when someone calls looking for help with a drinking problem in your town/community. It is recommended that you have 90 days sober before including your name on this list.

Your contact information will NOT be given out. If a call from someone in your town comes in, a volunteer will call you and pass along the number of the person who has reached out to us for contact with a sober member of A.A.

REMINDER: If you're going to meet a newcomer or help someone get to a meeting, take another sober A.A. member with you! Don't go on a Twelfth Step call alone.

LIVE! IN-PERSON!



# NERAASA 2022

Northeast Regional  
AA Service Assembly



**FEB. 25-27  
WPA AREA 60  
PITTSBURGH, PA**

This is as close as it gets in the Northeast Region  
to where it all started ... Dr. Bob's House in Akron, OH  
is just 2 hours away.

DOUBLE TREE BY HILTON HOTEL PITTSBURGH - GREEN TREE  
BOOK WITH A DISCOUNT AT NERAASA.ORG

FOR MORE INFO CONTACT  
INFO2022@NERAASA.ORG  
OR GO ONLINE AT NERAASA.ORG

## Nassau Intergroup Newsletter

— Find topical articles, AA History, AA Grapevine,  
Calendar of Events, Announcements, Intergroup Contact Info,  
Three Legacies, Meeting List Updates, and "Who Am I?"



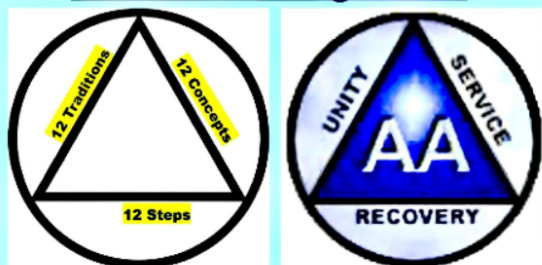
— E-Subscription available. Get your copy of  
the newsletter early and in full colour with  
working hyperlinks. Look for  
"Subscription Form" under "Newsletters"  
at [www.nassauny-aa.org](http://www.nassauny-aa.org).

— Seeking member submitted content, articles, poems,  
puzzles, cartoons, announcements, anything reflecting your  
experience of AA's Three Legacies: Recovery, Unity, Service.  
Mail to the office or [news@nassauny-aa.org](mailto:news@nassauny-aa.org).

## Nassau General Services is proud to present: ~A Workshop~

"OUR TWELVE CONCEPTS for WORLD SERVICE:"  
AA'S Spiritual Principles of Recovery

### Our "Three Legacies"



\*\*\*\* Suggest to have your service manual. It's open for all A.A. members.

The workshop will be a Virtual Workshop. 7:30pm-9:00pm EST\*\*\*\*

922 8787 8377 Passcode 12345

Dates :

January 17	Concepts 1 & 2
March 21	Concepts 3 & 4
May 16	Concepts 5 & 6
July 18	Concepts 7 & 8
September 19	Concepts 9 & 10
November 21	Concepts 11 & 12

## 2022 SENY CONVENTION "A.A. COMES OF AGE 2.0"



## BACK TO THE FUTURE 54TH ANNUAL IN-PERSON AREA 49 CELEBRATION FRIDAY APRIL 1 - SUNDAY APRIL 3

WESTCHESTER MARRIOTT  
670 WHITE PLAINS ROAD  
TARRYTOWN, NY 10591

\* A.A. \* AL-ANON \* ALATEEN \* YOUNG PEOPLE IN A.A. \*  
\* SPEAKER MEETINGS \* WORKSHOPS \* ALKATHONS \*  
\* SPANISH LANGUAGE MEETINGS \* SPANISH TRANSLATION \*  
\* UNITY \* INCLUSIVITY \* DIVERSITY \* ACCESSIBILITY \*  
\* SATURDAY NIGHT BANQUET \* HOSPITALITY \*  
\* 12 STEPS \* 12 TRADITIONS \* 12 CONCEPTS \*  
\* FUN \* GAMES \* ENTERTAINMENT \*

## LET'S GET THIS PARTY STARTED!



FOR MORE INFORMATION + TO REGISTER ONLINE

CLICK HERE OR VISIT

[WWW.AASENY.ORG/2022-CONVENTION](http://WWW.AASENY.ORG/2022-CONVENTION)

UNIFIED IN LOVE AND SERVICE



# Long Island Round Up



*LIRU 2022: May 5th - 8th 2022*

*Belvedere Guest House*

*Cherry Grove, Fire Island*

*Proof of COVID-19 Vaccination Required*

*First 25 tickets - \$35.00 /each*

*Thereafter - \$40.00 /each until February 1, 2022*

*For Tickets, please visit: <https://tinyurl.com/LIRU2022>*

*The Long Island Round Up is an AA with Al-Anon participation conference hosted by and for the LGBTQ+ community, but in accordance with the 3rd tradition, all are welcome.*

## ESCYPAA VIII

**October 28-30, 2022**

**HUNTINGTON HILTON  
598 BROADHOLLOW RD,  
MELVILLE, NY 11747**

**Pre-Registration : \$20**



Snail Mail: PO Box 975  
Amityville, NY  
11701

PayPal: [info.licypaa@gmail.com](mailto:info.licypaa@gmail.com)

Venmo: @escypaa-2022

Please include: full name, sober  
date, email, phone number,  
location and number of  
registrations in the notes

For any further questions contact:  
[reg.escypaa8@gmail.com](mailto:reg.escypaa8@gmail.com)

ESCYPAA VIII PRESENTS

# LET'S TACO-BOUT

*Service*

**January 29th  
@6pm-10pm**

**Location:**

**55 Fairview Avenue  
Oceanside, NY 11572**

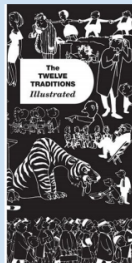
Bring your best tacos, rice,  
beans and everything in  
between! 3 speaker panel.

**Suggested  
Contribution: \$10**

## IAN Monthly Tradition Workshops

**nassau intergroup**

### **Monthly Traditions Workshop**



**THE SECOND  
SATURDAY  
OF EACH MONTH**

**10am-11am**

**Zoom Meeting ID: 554-670-5146**

**Passcode: 870607**

Are you intimidated by or just not necessarily interested when talk in the rooms turns to the Traditions of AA ? Or maybe just unfamiliar with their meaning and purpose within our Fellowship ? Many of us have felt the same way. As important as they are to AA's continued efforts, discussion of them can often seem technical or "dry".

Intergroup Association of Nassau hosts a monthly Traditions Workshop that not only spends an hour or more discussing the Tradition for the given month, but

since its pre-virtual-era inception has done so in a significantly lighter, but no less serious way.

Instead of just "going around the room" reading the tradition from the "12 and 12", we've chosen to use the Illustrated Traditions pamphlet, which is more concise and features artwork and captions which are informative and "humorous" at the same time.

This approach lends itself to livelier, somewhat more informal sessions than many of the

Tradition "Meetings" we may have been accustomed to. Those meetings are extremely valuable and encouraged. These monthly Workshops are designed to enhance our understanding of the Traditions and supplement what we learn about the Traditions throughout our journeys.

It is our hope that attendees, especially those less familiar with the Traditions, come away from these workshops with new understanding and increased enthusiasm toward them (the traditions.)

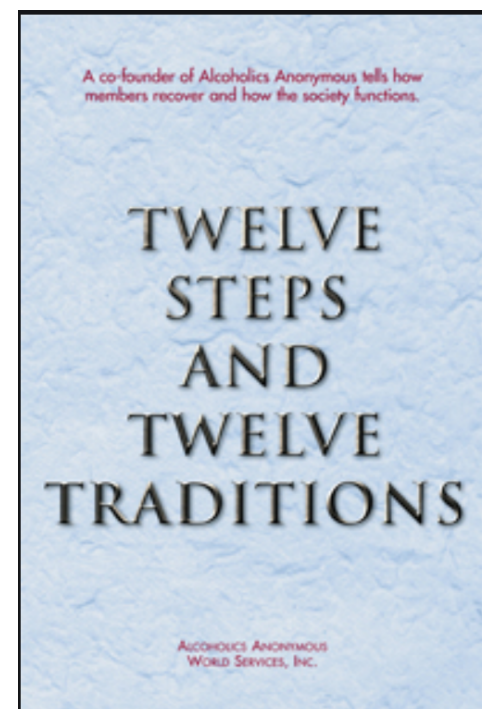
The Workshops are held (virtually for now) on the second Saturday of each month, starting at 10 am.

The Zoom information is as follows:

Meeting ID: 554 670 5146

Passcode: 870607

Michael F.





## NASSAU INTERGROUP - EMAIL ADDRESSES

### OFFICERS

Chairperson [chair@nassauny-aa.org](mailto:chair@nassauny-aa.org)

1st Vice Chair [1stvice@nassauny-aa.org](mailto:1stvice@nassauny-aa.org)

2nd Vice Chair [2ndvice@nassauny-aa.org](mailto:2ndvice@nassauny-aa.org)

Secretary [secretary@nassauny-aa.org](mailto:secretary@nassauny-aa.org)

Treasurer [treasurer@nassauny-aa.org](mailto:treasurer@nassauny-aa.org)

Nassau General Service District Committee Member Chair (DCMC)  
[dcmc@aanassaugs-ny.org](mailto:dcmc@aanassaugs-ny.org)

### STANDING COMMITTEES

Archives [archives@nassauny-aa.org](mailto:archives@nassauny-aa.org)

Coop. Pro. Comm. (CPC) [cpc@nassauny-aa.org](mailto:cpc@nassauny-aa.org)

Corrections [corrections@nassauny-aa.org](mailto:corrections@nassauny-aa.org)

Financial Review [finance@nassauny-aa.org](mailto:finance@nassauny-aa.org)

Institutions (H&I) [institutions@nassauny-aa.org](mailto:institutions@nassauny-aa.org)

Literature [literature@nassauny-aa.org](mailto:literature@nassauny-aa.org)

Meeting List [meetinglist@nassauny-aa.org](mailto:meetinglist@nassauny-aa.org)

Newsletter [news@nassauny-aa.org](mailto:news@nassauny-aa.org)

Night Book [nightbook@nassauny-aa.org](mailto:nightbook@nassauny-aa.org)

Officer Coordinator (Mgr.) [officemanager@nassauny-aa.org](mailto:officemanager@nassauny-aa.org)

Public Information (PI) [publicinfo@nassauny-aa.org](mailto:publicinfo@nassauny-aa.org)

Share-a-Day (SAD) [shareaday@nassauny-aa.org](mailto:shareaday@nassauny-aa.org)

Speakers Exchange [speakerexchange@nassauny-aa.org](mailto:speakerexchange@nassauny-aa.org)

Accessibilities [accessibilities@nassauny-aa.org](mailto:accessibilities@nassauny-aa.org)

12<sup>th</sup> Step List [12thstep@nassauny-aa.org](mailto:12thstep@nassauny-aa.org)

Website [webcommittee@nassauny-aa.org](mailto:webcommittee@nassauny-aa.org)

### Meeting List Changes:

Many meetings have reopened Please check the meeting guide and/or meeting app.

If your group needs changes made, send in a meeting change form and send it to the webmaster email address:  
[webmaster@nassauny-aa.org](mailto:webmaster@nassauny-aa.org).

The Nassau Intergroup meeting finder can be found [here](#) or you can download the meeting guide app [here](#). These will reflect the most accurate information. Please help to keep the meeting lists current and correct by submitting a "Meeting List Changes Form" whenever your meeting details change. That form can be found [here](#).

### Our Purpose

As we say in our meeting books (and more formally in our ByLaws):

#### Declaration of Purpose:

Nassau InterGroup of Alcoholics Anonymous is an all volunteer organization formed by the AA groups in Nassau County to serve all groups and meetings in Nassau county.

In order to carry the message of Alcoholics Anonymous to the still sick and suffering alcoholic, both in and out of the fellowship, Nassau InterGroup, in accordance with AA's 12 Steps, Traditions, and Concepts of World Service, has as its primary purpose:

- to have all telephone inquiries answered by a recovering alcoholic. The Nassau InterGroup HotLine number will be listed in the Nassau telephone directory. Meeting information and 12 step referrals will be made from all Nassau area groups that have provided up-to-date information.
- publish and distribute at regular intervals up-to-date directories of group meetings in Nassau county.
- publish and distribute a monthly newsletter.
- provide for quarterly group exchange meetings at which groups may exchange meetings with other groups.
- provide for monthly institutions committee meetings at which groups may arrange to participate in "inside" meetings.
- conduct monthly business meetings to address any group concerns and Intergroup business.

Yours in love and service,  
Nassau InterGroup of Alcoholics Anonymous