# intergroup

# NEWSLETTER

Intergroup Association of Nassau, Inc. 361 Hempstead Turnpike, West Hempstead, NY 11552-1342

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#### **JUNE 2021**

#### A.A. ANNOUNCEMENTS

- The June Reps. meeting will be on 6/3/21 at 7:30 PM. The Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607. There is a New Reps. Orientation Meeting beforehand at 7:00 pm same Meeting ID and Passcode.
- H&I is looking for a chair to lead the Monday morning Zoom meeting for NUMC at 9:30am. Contact Archie at institutions@nassauny-aa.org if you are interested.
- The Speaker Exchange will be on 6/12/21 at 7:00 am at Eisenhower Park in Parking Field #3
- The Virtual Nassau County Unity Breakfast will be on Sunday 6/27/21 from 9:00am- 11:00am. Zoom information is as follows: Meeting ID:926 5515 7743 Passcode: unity
- NI Treasurer reports that contributions have been healthy all year but fell off in May. Acknowledgements are getting out slowly due to group address and treasurer changes but every contribution is appreciated.
- Traditions workshops will be every second Sunday of the month at 10 AM. Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607
- There are service opportunities with the Nightbook/Daybook (see pg. 8)
- The office is open with restricted access, please call ahead (516-292-3045) to verify if someone is available. Masks and social distancing is required.
- · If you have any information about a group formed after 1970 please contact John from archives via email at archives@nassauny-aa.org.

#### Calendar Of Events:

#### June 2021

6/2/21: - Institutions Committee Meeting 8:00pm - Corrections Committee Meeting 8:30pm

6/3/21: - New Representatives Orientation 7:00pm Nassau Intergroup Representatives Meeting 7:30pm

6/7/21: - SENY Committee Meeting 7:30pm

6/9/21: - Share-A-Day Planning Committee 7:00pm

6/12/21: Speaker Exchange 7:00am at Eisenhower Park Parking Field #3 SENY Post Conference Assembly 9:00am- 3:30pm

6/13/21: Traditions Workshop 10:00am

6/21/21: Nassau General Service New Reps Orientation 7:00pm Nassau General Service Committee Meeting 7:30pm

6/24/21: Steering Committee Meeting 7:30pm (by invitation)

7/1/21: New Representatives Orientation 7:00pm Nassau Intergroup Representatives Meeting 7:30pm

7/7/21: - Corrections Committee Meeting 8:30pm

7/11/21: - Traditions Workshop 10:00am

7/14/21: - Share-A-Day Planning Committee

7/19/21: - Nassau General Service 12 Concepts Workshop 7:00pm

- Steering Committee Meeting 7:30pm

"Each day my friend's simple talk in our kitchen multiplies itself in a widening circle of peace on earth and good will to men."

Reprinted from the Big Book, Alcoholics Anonymous, p.16, with permission of A.A. World Services, Inc.

Drunks are calling... Let's ensure the hand of A.A. is there to answer their calls.

The A.A. hotline, both the daytime phones and the Nightbook, is in dire need of phone volunteers.

Reach out to Kenny at officemanager@nassaunyaa.org or Luisa at nightbook@nassaunyaa.org for opportunities to do service.

#### July 2021

# 7:00pm



For detailed information regarding each meeting, please refer to the Nassau Intergroup Calendar of Events website, which can be found here.

#### **Step Six**

I freaked out about every step before getting into each one. Over-thinking and over-analyzing everything. This one step in particular,I continue to freak out about because it's something that I continuously have to do. I put it off for a bit because maybe I wasn't ready. I was scared because what if I saythatI'm ready to have all these character defects removed, or if I think I am ready to have them removed, and I really think I want it but then nothing... Maybe I did it wrong? I don't know. God?

So after much more reading and talking with my sponsor about it, I came to the understanding that I just have to be honest, open and willing. The truth for me, is that these character defects are going to come back up, and when I am aware of it, I immediately ask God to remove it. More so, it's not so much my behaviors and attitudes. It's my thinking which affects everything I say, do and feel, that needs to change. I needed to talk to God more and get more spiritual about it when these things came up. The things that pull me away from God are all the same things that bring me back to him. Funny how that works, but it does. My sponsor would say things like "when the pain gets great enough" or

"more will be revealed" and I hated it! But in my experience, that's exactly what happened.

After 29 months in active recovery, I am right now starting to feel some real spiritual experiences. Over the last 29 months, I have had some extreme highs and lows

The truth for me, is that these character defects are going to come back up, and when I am aware of it, I immediately ask God to remove it.

which have pulled me in all sorts of directions and I am so alcoholic about it. But it gets easier. Patience, love and tolerance is what I was taught. And these character defects I wanted removed are also things that I project on other people as well. And it has nothing to do with them and everything to do with me. Just my experience with God, which is also a continuous extravaganza, helps me to just identify with others and understand better. Forgiveness and amends have been so helpful also. Going through this process, the steps the first time, and going back and looking things over again, being honest with what I am struggling with, being willing to ask for help and talk to God about it, and being open to

anything that is helpful when working through these flaws that pop up is everything for me. Most affective, working with other women and taking them through the steps and the big book. Helping others. I didn't believe it at first, but where I am today, I can surely tell you to go help someone and miraculously things get better.

Eliza

#### STEP SIX

Were entirely ready to have God remove all these defects of character.

Reprinted from Alcoholics Anonymous, p. 59, with permission of A.A. World Services, Inc.

#### **Tradition Six**

This tradition fits snuggly in between our 5th and 7th for good reason. We are reminded of Bill Wilson's vision for us in being effective and unified with our sense of purpose. We are also strongly reminded of how our defects of character have the ability and strength to deter us from helping others. We can then see why our solution to this follows in our next tradition. Material over spiritual has a power that convinced me for years that what I wanted was exactly what I needed. If I couldn't get or earn enough money, I would steal it in some way or another. I'd stay on the clock but not actually work or punch in early and sit around until my actual start time began. If I wanted a \$120 pair of jeans I would simply snip the tags and alarm sensor and wear those jeans under a pair of baggy sweatpants. If I became envious of what someone else had, whether it be an object or an object of my affection, I'd find a way to get it or get with it. If I needed to be recognized for something, my people pleasing skills were put to good use! Experiencing untreated alcoholism and living a lost life afforded me the luxury of being miserable, lonely and left always wanting more. I am encouraged by the 6th Step to want less and start to let go of what held me back in life for so long. I can gain a clearer view of what is actually important in my life and to the lives of others. Thus, being available to carry the message without prejudice or pre conceived notions to the next person(s) that may want or need the hand of A.A. In my experience of being asked to bring in a meeting or speak via Zoom or in person into a detox, rehab, sober house, etc , A.A.

has always been welcomed and greeted warmly with smiles of support. There is a wonderful respect and understanding between these facilities and Alcoholics Anonymous. I attended my first A.A meeting only after being encouraged to go by my counselor at the Outpatient Center I attended, without any endorsement or getting any rewards or accolades other than hoping upon hope that one of us finally "gets it" and "just stays sober." To me, one of the best and most fulfilling experiences I have been given, not taken or stolen, is the gift of giving back and sharing my past experiences and present solution with future miracles in recovery. And when I have the need for any sort of recognition, I check in once a year around my soberversary, God-willing, to that Outpatient Center to let them know that their time and contribution to my sobriety has never gone unnoticed or under appreciated. Thank God for help, hope, humility and a Higher Power!

#### **TRADITION SIX**

An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

Reprinted from Twelve Steps and Twelve Traditions, p.139, with permission of A.A. World Services, Inc.

Luisa

#### TRADITION SIX CHECKLIST

- 1. Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?
  - 2. Is it good for a group to lease a small building?
- 3. Are all the officers and members of our local club for AAs familiar with "Guidelines on Clubs" (which is available free from GSO)?
- 4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?

5. Some alcoholics will stay around AA only if we have a TV and card room. If this is what is required to carry the message to them, should we have these facilities?

#### **Concept Six**

My youngest daughter, like her two older siblings, is involved in sports. What started with a whiffle ball and a plastic bat in our yard has joined with a network of families who love the game. During practices, she is guided by coaches. During games, an umpire makes decisions. Parents yell suggestions from the stands; teammates shout encouragement from the dugout. Surrounded by all this activity, my daughter gets to experience individual success and failure, and she also gets to participate in something bigger than herself.

But behind the scenes there's a good deal of activity as well. The umpires have to be hired, trained and scheduled. Uniforms have to be ordered. Outfields have to be mowed, infields have to be raked, and foul lines must be chalked. A website also has to be maintained with information about everything from schedules to equipment regulations.

Of course, the kids on the field just want to play. But for that to happen, a decision-making apparatus has to be established. Certain responsibilities must be delegated and executed faithfully by a centralized body. Otherwise, each family might buy different uniforms; each team might follow different rules; each game would have to scramble to find an umpire, and hope someone remembers chalk for the foul lines...

A.A. has grown quite a bit since that kitchen table talk between Bill and his old friend Ebby. Within just a few years of that bleak November day, we established our first service center in New Jersey. That little office answered letters and phone calls, sending out literature and connecting suffering alcoholics with A.A.'s who'd found a new way of life through our Twelve Steps. At the time, these efforts were largely guided by our founders and earliest members in a fairly direct fashion.

In just a few years, however, A.A. simply

got too big to be managed directly by the group conscience of its members. Literature was being mass produced and needed to be shipped. As the number of groups increased, so did the requests for shared experience and resources. At that point, the Alcoholic Foundation was formed and this entity took the reins in carrying out certain functions. This wasn't done to take power away from the groups and members. On the contrary, it was done so members could keep their eye on the ball: helping the drunks who walked in the door of their home group.

Many organizations grow in this way, from a grassroots beginning to a corporate structure. As such an entity grows, distance often grows as well between the rank-and-file and the leadership.But not so in A.A., and not so in local sports leagues, because both follow the same spiritual principles of delegation and trust.

Our General Service Board -- the entity delegated by our fellowship to exercise "chief initiative" and to shoulder "active responsibility" for our world services -largely consists of sober members of A.A., most of whom have been area delegates; and before that, DCMs; and before that, GSRs; and before that, newcomers; and before that, hopeless drunks. They have a powerful, personal interest in executing their duties well, for they are entrusted with carrying out vital functions for an organization that saved their lives.

Our local softball league board -- the entity delegated by our families to execute another season of games -largely consists of parents who were once coaches; and before that, players; and before that, little kids hitting a whiffle ball for the first time in the yard. They also have a powerful, personal reason for executing their duties to the best of their ability: because they love the game, and they love the kids who will be taking the field.

Establishing our General Service Board, and maintaining the vital spiritual relationship it enjoys with the Conference -- and thus, with the A.A. Fellowship -- are vital to A.A.'s past, present and future. This behind-the-scenes structure ensures that you and I can toss around some experience, catch a bit of serenity, and (best of all) help another drunk step up and take a swing at sobriety.

Jim M.

Chair Intergroup Association of Nassau, Inc. <u>chair@nassauny-aa.org</u>

#### CONCEPT SIX

On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous.

Reprinted from Service Material from the General Service Office, p.1, with permission of A.A. World Services, Inc.

#### CONCEPT SIX CHECKLIST

1. Are we familiar with how our General Service Board (G.S.B.) Class A and Class B trustees serve A.A.? Are we familiar with how our other trusted servants serve A.A.?

2. Are we clear about the terms, "chief initiative" and "active responsibility"? Can we see a direct link to our home group?

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#### "Assuming we are spiritually fit, we can do all sorts of things alcoholics are not supposed to do."

Reprinted from Alcoholics Anonymous, p.100-101, with permission of A.A. World Services, Inc.

Hello. My name is Lyna M. And I was asked to write an article about my favorite AA big book promise.

"Assuming we are spiritually fit, we can do all sorts of things alcoholics are not supposed to do." This is one of my favorite promises of the book, not only because it gives people hope that we can live normal lives, but because it's become true in my life.

When we first get sober we are told in institutions, rehabs, detoxes, and in and outpatients, that we should stay away from certain people, places and things. Although that may be correct for early sobriety, in my opinion, if that was going to be the plan for the rest of my sober life. I wouldn't want to live that way. I would hate to live my life tip toeing around avoiding alcohol and people who drink it. That's no way of living. It would be nearly impossible to stay away from things that may "trigger" us. For myself, waking up and opening my eyes was a trigger to drink when I was active.

The book tells us "assuming we are spiritually fit" that we can go anywhere and do anything normal men and women do. The condition to this promise is that we're assuming whoever is reading this, on page 100, has been through the work and they are spiritually fit. They have a God of their understanding in their lives. It doesn't say that after 90 days or a year of continuous sobriety you are ready. There's no time limit on this, but you MUST have gone through the work, find a connection with your God, had a spiritual experience and be spiritually fit enough to be in places where alcohol is served. At this point you may even have it in your home to offer others. We don't become sober to avoid our friends and family that do still drink. While we were drinking, we were withdrawing from life little by little, now that we're getting back into a social life, we shouldn't have to withdraw again because our friends and family drink.

As a person who has always worked in the restaurant industry, there was always alcohol around me at work. For my first 14 months sober I didn't work in my field. At first I felt weary about being around that atmosphere and then I found a job that worked well with my early sobriety. Eventually it was time to return to what I knew best. As a manager of a small restaurant it was my responsibility to bartend one night a week. As a sober, recovered women I felt like I was spiritually fit enough to be behind that bar. I also felt like my motives and intentions for being there were right. So in my second year of sobriety I bartended and made drinks for people when I no longer drank. Never once did I feel like I was on shaky ground or did I feel jealous of the people I was making drinks for. This was a direct result of doing the 12 steps, working a program, staying close to god, and sponsoring other women. This promise from the book came true, along with all the other ones.

I don't recommend someone with a few days and no program go out and bartend, or go to a club dancing, or maybe even a wedding, but once we are spiritually fit we CAN go anywhere and do things "alcoholics aren't supposed to do". This is a promise and with Gods direction, I am living proof.

Thank you, Lyna M.

"As we go through the day we pause, when agitated or doubtful, and ask for the right thought or action. We constantly remind ourselves we are no longer running the show, humbly saying to ourselves many times each day. 'Thy will be done.' We become much more efficient. We do not tire so easily, for we are not burning up energy foolishly as we did when we were trying to arrange life to suit ourselves. It works- it really does."

Reprinted from Alcoholics Anonymous, p.87-88, with permission of A.A. World Services, Inc.

The following is the Big Book Prayer I have chosen is: "As we go through the day we pause, when agitated or doubtful, and ask for the right thought or action. We constantly remind ourselves we are no longer running the show, humbly saying to ourselves many times each day "Thy will be done." We become much more efficient. We do not tire so easily, for we are not burning up energy foolishly as we did when we were trying to arrange life to suit ourselves.""It works----it really does." Big Book Pages 87 & 88

When I read this prayer, I came to acknowledge that prior to doing the steps that I attempted to control my life & the lives of others, which

never worked for me. In Steps 2 & 3 I learned through A.A. and sponsorship, that only God has the power to direct. I have learned that I am not running the show and that God is the answer to all my problems. The gift of being able to pause has given me the freedom from self-will which kept me from being blocked from God. My favorite quote of this prayer is "Thy will be done." This means to me that it is Gods' will, not mine, that shall be carried out. When I am struggling, I like to use this quote throughout my day to keep myself connected to my higher power and free from self. I find that if I don't pause and pray for His guidance, on any matters in my life, that I am taking my will back which always brings me back to Step 1,

where my life was not manageable.

In closing, I would like to say that my experience has shown me that this program really does work you have to learn how to trust and believe that your own conception of a higher power is always with you through the good and bad. I find that this prayer as do many others in the book of Alcoholics Anonymous are very helpful to me in my daily life.

Pat C.

#### CHAIR'S CORNER

#### **But One Primary Purpose**

The business of our intergroup office can often feel like "busy-ness" more than spiritual action. Discussions about how we collect and remit sales tax on literature, if we should revise section blah blah blah of the bylaws, and debating over the location of a beloved annual AA event like Share-A-Day can seem pretty far removed from the vital work of one alcoholic sharing experience, strength and hope with another.

But they're not.

Each of these are necessary actions to provide services that our groups and members have determined to be of vital importance.

If we don't follow the laws surrounding sales tax, how do we make it easy for groups to make sure AA literature is ready for the newcomer?

If we don't ensure our bylaws reflect our understanding of AA principles, we'll likely run into entanglements over "money, property and authority" that the long form of Tradition Six warns us about.

If we don't settle fundamental questions of how/where/when for our annual events in a timely fashion, how can our enthusiastic trusted servants plan the events we all look forward to?

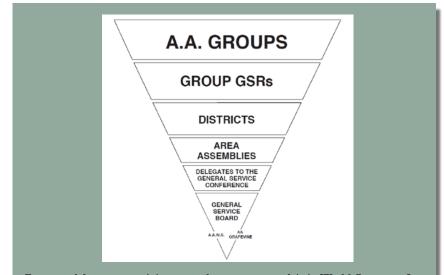
Intergroup, like much of the structural "mechanism" that operates beneath and behind our Fellowship, is run on the same Power that drives you to make coffee at your homegroup; the same Power that compels us to give out our phone number to the new member; the same Power that urges us to share the darkest corners of our past, so that our fellow alcoholics can find their way to a brighter future.

Our Tech team labors to keep our meeting info current. Our PI chair responds to emails and invitations on our behalf. Our H&I and Corrections chairs coordinate carrying the AA message with many professionals at dozens of locations. Our office manager waltzes with a mop bucket and wrestles with our phone system. Our Nightbook chair makes sure groups and members have the chance to be the after-hours "hand of AA." Our financial team counts our nickels and makes sure the lights stay on. Our archivist makes sure the vital artifacts of our past are preserved for those who will come later. Our event chairs plan and plot and revise and adjust so we can gather and fellowship and share.

And our secretary makes sure we keep track of it all, so we don't reinvent the wheel or forget about lessons learned.

It's an honor to serve alongside such people. They are living proof of the Power that brought us all here -- the Power that transforms self-centered alcoholics into wonderful demonstrations of selflessness in action.

Jim M. Chair Intergroup Association of Nassau, Inc. <u>chair@nassauny-aa.org</u>



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#### CONTACT INFORMATION

If you would like to get in touch with the Nassau Intergroup Chair, please send an email to chair@nassauny-aa.org.

#### NIGHTBOOK CHAIR'S CORNER



#### NIGHTBOOK IS ALWAYS LOOKING FOR YOUR SUPPORT !!!

Feel like doing a little service? This could be your opportunity to give back.

The hotline is looking for people to answer the phones. This nightbook commitment is a very important aspect of helping another alcoholic in their time of need. All you need is 6 months of sobriety, and a telephone. It entails answering the hotline between the hours of 5 pm til 9 am.

As I transition out of this service position into another service position, I would like to thank all of the groups for their support during the last two years. Please consider taking a week with your group or a group of friends, and help the next person, Luisa, who is volunteering her time to coordinate the nightbook coverage. The nightbook can only be as successful as the support of the people in this program.

I would like to acknowledge the groups that have helped with the phones last month: Point Lookout/As Bill Sees It, Extravagant Promises, Seaford Serenity, Live at Five, Point Lookout/Serenity by the Sea PM.

If you are interested in helping out, please contact us via email at <u>nightbook@nassauny-aa.org</u>. Please leave your name and number so you can be contacted directly.

Thank you!

Karen

Nightbook Chair

#### CONTACT INFORMATION

If you would like to get in touch with the Nassau Intergroup Nightbook Chair, please send an email to nightbook@nassauny-aa.org. Hello to my AA Family in Nassau County! By the time this article will be printed we finished Concepts 5&6. Also letting you know how busy our Cooperation with the Professional Community -Public Information Committee is. Dropping English, Spanish literature at probation, court houses, libraries, counseling centers, nursing homes, colleges & braille literature for the blind.

Our primary purpose carrying the message to the alcoholic who still suffers!

A.A. Events in the month of June. Have you been to a **Regional Forum? North East Regional Forum Virtual June** 4th-6th, A.K.A The G.S.O. Road Show, visit the G.S.O. website at aa.org. Click on Regional Forum Information. Watch a short video on what happens at the forum. Registration is opened. Forums are weekend sharing informational sessions designed to help the General Service Board, A.A. World Services Inc., the Grapevine Corporate Board, the Grapevine Staff, and the General Service Office Staff stay in touch with A.A. members, trusted

servants, and newcomers to serve throughout the service structure. Bring an open-mind, bring an open heart and you will learn about A.A. that you probably didn't think was possible.. Register at <u>Alcoholics</u> <u>Anonymous : Regional Forum</u> <u>Registration Planning (aa.org)</u>.

Our South East New York Area 49 Delegate Tom B. wrapped up participating at the 71st General Service Conference. He will share with us his spiritual experience on the 8 items on the Delegates Questionnaire and the 65 other agenda items. On may 3rd, at our SENY Committee meeting, he gave us a small sampling. June 12th is an opportunity to ask the Delegate questions on items of concern. He will discuss much more with the SENY Family. Go to aaseny.org. The virtual information will be posted a few days before June 12th.

June 21st will be our County Reps meeting. Is your group informed by having a General Service Rep? Being represented your GSR has a voice & votes on matters affecting A.A. as a whole & brings back an informed report. Nassau County 36th Unity Breakfast, 1st Virtually, is our General Services signature event. The date is June 27th 9am -11am. Information Is being circulated by flyer, or at our website at aanassaugs-ny.org. Mouth to mouth is the best way to attract others. When a group asks for any related A.A. announcements, please tell them.

Marty K. Dcmc-AAIOU

#### CONTACT INFORMATION

If you would like to get in touch with the DCMC please send an email to DCMC@aanassaugs-ny.org.

#### JUNE FINANCIAL REVIEW

### Self Support: Where Money & Spirituality

Nobody invented AA. It grew through accrued experience. Out of the trial and error of our early years we today enjoy a wealth of literature supporting our understanding and application of Tradition Seven among other AA principles. Through those trials, we see young AA move from soliciting money from the Rockefeller organization for a very grand range of proposed activities (AA related hospitals, missionaries and publishing) to a more modestly focused organization supported exclusively by member contributions supplemented by literature sale profits.

Significant resources for understanding the practice of self-support in AA may be found at both the "<u>Self-Support</u>" and "<u>Contributions</u>" pages at the World Services and Nassau Intergroup web sites respectively.

One good resource there is the pamphlet, <u>Self-Support: Where</u> <u>Money and Spirituality Mix (F-3)</u>. (It's also available in hard copy complimentary at the Intergroup office.) This pamphlet discusses the need for financial support for AA to carry out its Step Twelve and Tradition Five responsibilities at every level, helping our program reach the alcoholic who still suffers and supporting member recovery. It includes a good Q&A section covering establishing a prudent reserve, making contributions across the service structure and more. The pamphlet concludes with sample pie charts illustrating possible formulas for making contributions of excess funds to the service structure including a do it yourself contributions pie chart option. (Intergroup's take on the <u>contributions pie chart is</u> also available.)

Contributions to Intergroup may be mailed to the office or submitted via <u>Zelle</u>. Contact <u>treasurer@nassauny-aa.org</u> with any questions. Zelle may also be used to pay for literature.

Closer to home, the Financial Review Committee (FR) is continuing its bimonthly meetings and is further considering Intergroup's proposed Purchasing Guidelines and reviewing its suggestions with the Steering Committee along the way. A final set of guidelines will be presented to the Reps for final approval probably later this year with the goal of encouraging and supporting Intergroup's good fiscal stewardship.

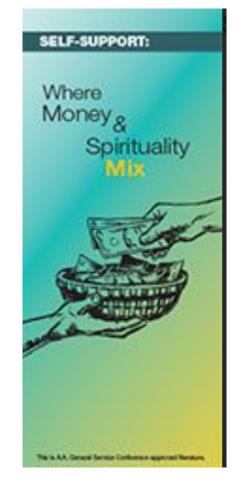
Concerning the General Service Conference, there is limited information available right now on the outcome of the finance related agenda items at this year's Conference. (See the full Conference agenda <u>here</u>.) Find out how the Conference handled these and other matters. Attend our area's virtual <u>Post-Conference</u> Assembly, June 12 where we'll hear our delegate report back from his first Conference. Information should also be available after that date on the "<u>From the Delegate</u>" page of the area website. Watch too for the full Conference report, probably available late in the summer. We will also report back here on the finance related items once the information is available.

As of this writing, although things are improving, COVID-19 unfortunately remains a concern. I continue to encourage vigilance and patience as we look ahead.

Stay safe, stay positive, and stay connected. Hope this is helpful.

Bill C., Financial Review Committee

#### 516-292-3045 or <u>finance@nassauny-aa.org</u>



#### From the Akron Archives

When AA was young, it is said Dr. Bob suggested a local member, Evan W., write some materials to be used to support understanding of the program in tandem with or even instead of the "Big Book." (As now, there was some feeling then the book was too difficult for some to read.) These works, five pamphlets known collectively as the "Akron Pamphlet Set," "reflected the early mindset of Akron's earliest members." Available from Akron Intergroup, it has been suggested Nassau might also carry these works for both their historical interest and as useful recovery tools.

As described by Akron, the set includes: "<u>A Manual for</u> Alcoholics Anonymous," written by members of the King School Group, offers an explanation of AA; the "Second <u>Reader</u>" offers a guide to staying the course for the long haul in recovery; "Spiritual Milestones" offers guidelines for judging one's spiritual journey; "<u>A Guide to the Twelve</u> <u>Steps</u>" looks to offer an easy to read approach to the Steps; and finally, the "AA Speakers Manual" offers advice on speaking at AA meetings.

One further offering from Akron being suggested for Nassau is the pamphlet "<u>The</u> <u>Four Absolutes</u>," moral yardsticks [absolute Honesty (Is it true or false?), Unselfishness (How will it effect others?), Love (Is it ugly or beautiful?) and Purity (Is it right or wrong?)] taken from Oxford Group teachings which were important to Bill and Bob even before they met.

Interested members can find these works at the links provided, and can let Intergroup know if there is interest in our carrying them.

As mentioned last month, this year's General Service Conference considered a number of literature related items among many others including challenges to wording in the "Big Book," some parts of the "Twelve and Twelve" and the "<u>AA</u> <u>Preamble</u>." (See the full Conference agenda <u>here</u>.)

Preliminary word back is that the Conference has decided to move ahead with a fifth edition "Big Book," and has also agreed to the development of a "plain language" edition of the "Big Book." What a plain language book might look like remains to be seen as it must move through a development process involving what will likely be protracted interactions between the trustees, the Literature Department at AAWS, the Conference Literature Committee and the full Conference, the usual steps for developing "new" literature. Guessing it will be quite some time before a plain language edition of our "Big Book" is finally published by AAWS.

The Conference also suggested rewording the "AA Preamble," and the Grapevine Board has since agreed to change the opening sentence phrase "men and women" to simply read "people." You'll start seeing the change in the Grapevine and La Viñas early as July, and in the rest of our literature going forward as things are reprinted. (Individual members and groups remain at liberty to adopt this change or not as they see fit.)

Find out in more detail how the Conference handled these and other matters. Attend our area's virtual <u>Post-Conference</u> <u>Assembly, June 12</u> where we'll hear our delegate report back from his first Conference. Information should also be available after that date on the "<u>From the Delegate</u>" page of the area website. Watch too for the full Conference report, probably available late in the summer.

On the home front, routine sales of AA literature and related items are available through the Intergroup office daily, 9am to 5pm, but call ahead (516-292-3045) before coming in as we don't always have the volunteers on hand we need to have the office fully open. (As presently scheduled, the office is open about half the week.) COVID-related precautions and practices remain in effect in the office including the need to wear a mask and to maintain six foot social distancing.

Intergroup still has available a few copies of the new AA history book, <u>A Visual History</u> <u>of Alcoholics Anonymous</u>, a beautifully and richly illustrated small volume originally intended to be the souvenir book for the 2020 International. This is a limited printing by AAWS, so it won't be available again once the supply is exhausted. The cost is \$12 plus tax.

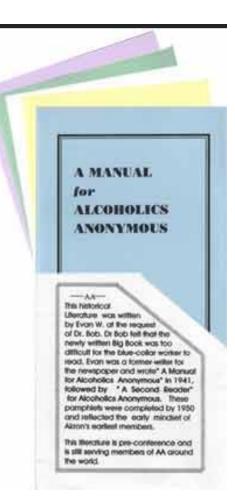
Finally, new from the Grapevine, Free on the Inside features more than 50 "stories by sober members of Alcoholics Anonymous who have experienced AA in prison—while either currently serving, formerly incarcerated, or as outside AA members carrying the message inside." Also, published in Spanish, Mujeres en AA (Women in AA) "is a collection of stories taken from the pages of Grapevine and La Viña." The first two chapters are translations of stories by or about women with

seminal roles in early AA taken from Grapevine's <u>Voices</u> <u>of Women</u> book. The remaining stories were written in Spanish for La Viña.

We expect the hand off of the Literature responsibility to Karen G. will be completed this month. I thank you for the opportunity to serve as Nassau's Literature Chair these past few years. It's been at once interesting, challenging, inspirational and fun.

While we see light at the end of the tunnel, COVID-19 remains a concern, and along with that restrictions on our activities also remain. Stay vigilant and patient. Keep safe and keep others safe, stay positive, use the literature and stay connected. Hope this is helpful.

Bill C., Acting Literature Committee Chair 516-292-3045 or <u>literature@nassauny-aa.org</u>



#### CONTACT INFORMATION

If you would like to get in touch with the Literature Chair please send

an email to <u>literature@nassauny-aa.org</u>

#### PUBLIC INFORMATION CHAIR'S CORNER

On April 28, 2021 my Sponsor, Allison, and I spoke on the "Living Clean and Sober<sup>"</sup>radio show at SUNY Old Westbury. The topic was "Alcohol Awareness Month." College students asked questions about how we deal with the stigma of being an 'alcoholic' and do we think that more people would seek out AA if this stigma changed. Honestly? No. The negative connotation associated with being an Alcoholic has been around since the 1930's when the Big Book was written.

Alcoholics are not the "brown bag bowery person," but we are doctors, nurses, teachers, lawyers, and so on and we can all be the best possible people we are meant to be because we are active members of Alcoholics Anonymous today.

It's truly a blessing to be an Alcoholic in recovery and a member of AA. It's a privilege to help another Alcoholic to achieve sobriety!

Doreen Public Information Chair

CONTACT

My Sponsor and I

both explained that

INFORMATION

If you would like to get in touch with Public Information please send an email to <u>publicinfo@nassauny-aa.org</u> YOU CAN READ THE FULL PAMPHLET HERE

#### A.A. FACT FILE

# LICYPAA presents AA Pride

#### Saturday, June 26, 2021 2:00 - 5:00 pm EST Zoom ID: 658 749 0274 PW: LICYPAA

Join us for an afternoon celebrating the LGBTQIA+ community of AA. Hear the history of some of the pioneers of the program, explore intersectionality, and share your experience strength and hope. Fellowship to follow!

For more info, visit www.licypaa.org

#### Nassau General Services is proud to present: ~A Workshop~

"OUR XII CONCEPTS FOR WORLD SERVICE:" AA'S Spiritual Principles of Recovery

#### **Our "Three Legacies"**



This will be a series of six lectures per year; every other month, covering all XII Concepts of Service ~ Pusented in a related discussion format

On Zoom- ID: 922-8787-8377 Password: 12345 All workshops begin at 7:30 pm and end at 8:30 pm

 March 15th - Concepts III & IV

 May 17th Concepts V & VI

 July 19th Concepts VII & VIII

 Sept 20th Concepts IX & X

 Nov 15th Concepts XI & XII

#### 24<sup>th</sup> National A.A. Archives Workshop "Today is Tomorrow's History"

September 30<sup>th</sup> -- October 3<sup>rd</sup>, 2021 San Antonio, Texas



Home of the Alamo, S.A. Missions World Heritage Site, and Riverwalk www.2021NAAAW.org

Hilton, San Antonio Airport Hotel 611 N.W. Loop 410, San Antonio, TX 78216 Phone: (210) 340-6060 Special Room Rate: \$110. per night Queen-size beds, Single or Double occupancy Rates available from Sep 26 thru Oct 6 Free covered parking Free Shuttle to/from airport and in 3-mi radius

Reservations: Phone: (866) 238-4218 Online: Hilton.com Booking Code: "NAAAW" Thursday City Tours:

City Tours Available. Program includes GSO Archives Workbook contents, speakers, hands-on workshops, and expert presentations. Hospitality Room.

REGISTRATION FORM (Sign up early for discount. Please Print Clearly.)	
Name:	Registration:
Name on Badge:	- Prior Jan 1, 2021 @ \$40
Street Address:	- After Jan 1, 2021 @ \$45
City: State/Province:	Banquet dinner @ \$50.
Zip Code/Postal Code: Full Breakfas	t & lunch @ \$35. (per day)
Service Position: Hospital	ity & Coffee Contribution
Telephone: ( ) Email:	_ Ice Cream Social @ \$15.
Special Needs:	Total Enclosed: \$
Mail form with shade to: 2021 NAAAW Warkshan D.O. Poy 17001 San Antonia TV 7021	

Mail form with check to: 2021 NAAAW Workshop, P.O. Box 17991, San Antonio, TX 78217

For more information, contact:

#### 2021ArchivesWorkshop@gmail.com



REGISTRATION / SEATING / SERVICE FAIR

Brunch will be served at 9:00am CONSISTS OF REGULAAR BREAKFAST ITEMS (KIELBASA INCLUDED)

Program starts at 9:30am

#### LOCATION

Polish Hall of Riverhead 214 MARCY AVE • RIVERHEAD • NY • 11901

#### TICKET COST: \$30.00

For tickets or more information, please contact Jim S. ctdliny@gmail.com \*Seating is limited, tickets will be sold on a first-come-first-serve basis. All guests must wear masks per CDC requirement. (except when eating



#### AA GRAPEVINE STORY HOUR

NEW Zoom ID & Password and an additional meeting!

Now meets: Every Monday and Tuesday evenings at 8:00 PM - 9:00 PM

https://us02web.zoom.us/j/82166416812?pwd=eCtOS2dmRHBLellVQ0dSWjNnVkliZz09 ID: 238-790-0906 For the passcode please email us at <u>GrapevineStoryHour@gmail.com</u>

> We read a story from the GrapevineArchives and share. Grab a cup of coffee & sit back & relax!

> > Questions/Suggestions: GrapevineStoryHour@gmail.com

#### Nassau County General Service presents...

## 36th Unity Breakfast









"AA In a Time of Change" Two Keynote Speakers & Fellowship Sunday June 27th, 2021 9:00am - 11:00am EST ZOOM Meeting ID: 926 5515 7743 Password: unity

#### SPEAKER EXCHANGE -SATURDAY 06/12/2021 EISENHOWER PARK 7:00 AM PARKING FIELD #3



Baldwin Group Est. 1945 76<sup>th</sup> Anniversary

Sunday, 6 June 2021 12 noon to 5PM

#### Eisenhower Park, East Meadow Scarlet Oak Picnic Area Parking Lot 4

Speakers • Fellowship • Fun • Light Refreshments • DJ Rafflels • Barbeques Provided • Bring Your Own Cookout



#### IAN Monthly Tradition Workshops



Are you intimidated by or just not necessarily interested when talk in the rooms turns to the Traditions of AA ? Or maybe just unfamiliar with their meaning and purpose within our Fellowship ? Many of us have felt the same way. As important as they are to AA's continued efforts, discussion of them can often seem technical or "dry".

Intergroup Association of Nassau hosts a monthly Traditions Workshop that not only spends an hour or more discussing the Tradition for the given month, but since its pre-virtual-era inception has done so in a significantly lighter, but no less serious way.

Instead of just "going around the room" reading the tradition from the "12 and 12", we've chosen to use the Illustrated Traditions pamphlet, which is more concise and features artwork and captions which are informative and "humorous" at the same time.

This approach lends itself to livelier, somewhat more informal

sessions than many of the

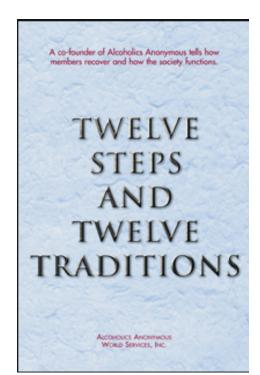
Tradition "Meetings" we may have been accustomed to. Those meetings are extremely valuable and encouraged. These monthly Workshops are designed to enhance our understanding of the Traditions and supplement what we learn about the Traditions throughout our journeys.

It is our hope that attendees, especially those less familiar with the Traditions, come away from these workshops with new understanding and increased enthusiasm toward them (the traditions.)

The Workshops are held (virtually for now) on the second Sunday of each month, starting at 10 am.

The Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607

#### Michael F.



#### NASSAU INTERGROUP - EMAIL ADDRESSES

#### **OFFICERS**

Chairperson <u>chair@nassauny-aa.org</u> 1st Vice Chair <u>1stvice@nassauny-aa.org</u> 2nd Vice Chair <u>2ndvice@nassauny-aa.org</u> Secretary <u>secretary@nassauny-aa.org</u> Treasurer <u>treasurer@nassauny-aa.org</u> Nassau General Service District Committee Member Chair (DCMC) dcmc@aanassaugs-ny.org

#### **STANDING COMMITTEES**

Archives <u>archives@nassauny-aa.org</u> Coop. Pro. Comm. (CPC) cpc@nassauny-aa.org Corrections corrections@nassauny-aa.org Financial Review <u>finance@nassauny-aa.org</u> Institutions (H&I) institutions@nassauny-aa.org Literature literature@nassauny-aa.org Meeting List meetinglist@nassauny-aa.org Newsletter news@nassauny-aa.org Night Book nightbook@nassauny-aa.org Officer Coordinator (Mgr.) officemanager@nassauny-aa.org Public Information (PI) publicinfo@nassauny-aa.org Share-a-Day (SAD) <u>shareaday@nassauny-aa.org</u> Speakers Exchange <a href="mailto:speakerexchange@nassauny-aa.org">speakerexchange@nassauny-aa.org</a> Special Needs specneeds@nassauny-aa.org 12th Step List <u>12thstep@nassauny-aa.org</u> Website webcommittee@nassauny-aa.org

#### <u>Our Purpose</u>

As we say in our meeting books (and more formally in our ByLaws):

Declaration of Purpose:

Nassau InterGroup of Alcoholics Anonymous is an all volunteer organization formed by the AA groups in Nassau County to serve all groups and meetings in Nassau county.

In order to carry the message of Alcoholics Anonymous to the still sick and suffering alcoholic, both in and out of the fellowship, Nassau InterGroup, in accordance with AA's 12 Steps, Traditions, and Concepts of World Service, has as its primary purpose:

- to have all telephone inquiries answered by a recovering alcoholic. The Nassau InterGroup HotLine number will be listed in the Nassau telephone directory. Meeting information and 12 step referrals will be made from all Nassau area groups that have provided up-to-date information.
- publish and distribute at regular intervals up-to-date directories of group meetings in Nassau county.
- publish and distribute a monthly newsletter.
- provide for quarterly group exchange meetings at which groups may exchange meetings with other groups.
- provide for monthly institutions committee meetings at which groups may arrange to participate in "inside" meetings.
- conduct monthly business meetings to address any group concerns and intergroup business.
   Yours in love and service,

Nassau InterGroup of Alcoholics Anonymous

#### Meeting List Changes:

The following Meetings have been added or changed in the Meeting Finder (and by extension, the Meeting Guide App), the Virtual Meeting list on our Website or both, where applicable:

Manhasset Group Baldwin Group North Bellmore Group Seaford Time Levittown Acceptance is the Key Merrick / Bellmore Massapequa Firing Line Bellmore No Frills Freeport Grupo Solo Por Hoy Farmingdale Group - Women's Meeting AA Grapevine Story Hour OPEN Discussion

The meeting finder can be found here. It will reflect the most accurate information. Please help to keep the meeting lists current and correct by submitting a "Meeting List Changes Form" whenever your meeting details change. That form can be found here.

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