

NEWSLETTER

Intergroup Association of Nassau, Inc. 361 Hempstead Turnpike, West Hempstead, NY 11552-1342

> 24/7 Hotline: (516) 292-3040 Business: (516) 292-3045 intergroup@nassauny-aa.org

FEBRUARY 2021

A.A. ANNOUNCEMENTS

- Traditions workshops will be every second Sunday of the month at 10 AM. Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607
- The Feb. Reps meeting will be on 1/4/21 at 7:30 PM. The Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607
- The H&I Meeting is being held on 3/3/21 at 7:30 PM. The Zoom information is as follows:

Meeting ID: 554 670 5146 Passcode: 870607

- The SENY Convention is being held on 3/5/21-3/7/21 (see pg. 14)
- There are service opportunities with the Nightbook/Daybook (see pg. 6)
- The office is open with restricted access, please call ahead (516-292-3045) to verify
 if someone is available. Masks and social distancing is required.

"Each day my friend's simple talk in our kitchen multiplies itself in a widening circle of peace on earth and good will to men."

Reprinted from the Big Book, Alcoholics Anonymous, p.16, with permission of A.A. World Services, Inc.

Drunks are calling...
Let's ensure the hand of
A.A. is there to answer their calls.

The A.A. hotline, both the daytime phones and the Nightbook, is in dire need of phone volunteers.

Reach out to
Kenny at officemanager@nassaunyaa.org or
Karen at nightbook@nassaunyaa.org
for opportunities
to do service.

Calendar Of Events:

February 2021

2/1/21:

- SENY committee meeting

2/3/21:

- Institutions Committee Meeting (postponed until further notice) - Corrections Committee Meeting (postponed until further notice)

2/4/21

- New Representatives Orientation

- Nassau Intergroup Representatives Meeting

2/10/21:

- Share-A-Day Planning Committee

2/14/21:

- Traditions Workshop

2/15/21:

- GSR Meeting

2/17/21:

- Tech. Committee Meeting

2/25/21

- Steering Committee Meeting

2/26/21

- 30th Northeast Regional A.A. Service Assembly

2/27/20:

- 30th Northeast Regional A.A. Service Assembly

2/28/21:

- 30th Northeast Regional A.A. Service Assembly March 2021

3/3/21:

- Institutions Committee Meeting

- Corrections Committee Meeting

<u>3/4/21:</u>

- New Representatives Orientation

- Nassau Intergroup Representatives Meeting

3/5/21

- Annual SENY Convention

3/6/21:

- Annual SENY Convention

3/7/21

- Annual SENY Convention

3/10/21:

- Share-A-Day Planning Committee

3/14/21:

- Traditions Workshop

3/17/21:

- Tech. Committee Meeting

3/20/21:

- Quarterly Groups Speaker Exchange Meeting

- Delegate's Day of Sharing

3/25/21:

- Steering Committee Meeting

For detailed information regarding each meeting, please refer to the Nassau Intergroup Calendar of Events website, which can be found here.

Step Two

Letting go was very difficult for me. I believed in God, but did not trust that He would help me with my alcoholism or my life. I had preconceived ideas about religion and God. My parents vehemently disagreed about us going to church as a family. And I had some childhood trauma with nuns, in school, that left emotional scars.

I remember reading Step Two on the shade in early sobriety and thinking, they may be insane but I am not! Defiant and different from, always. Funny because my 30 year drinking career was nothing short of insanity.

As the chaos and confusion increased in my life, without my master "alcohol" in the equation, I was beginning to surrender. I couldn't do this alone anymore. Who knew? I thought all would be well separated from alcohol.

A friend took me to a solution based meeting and I felt something in that room. I felt a power and I wanted what those people had. I began to have some hope.

I had to humble myself and ask for help.

There was a woman at this meeting who had God in her eyes, in her smile, and spirit. I

was blessed to have her show me the way. She took me through the Big Book, line by line, and showed me the directions to freedom. I came to believe through the group, through her and through my experience with all the steps. The power was available to me.

I began to lean on God to help me with my emotional nature and my resistance to a positive life. He showed up in so many beautiful ways. That crushing loneliness was gone. I had this friend who resided within me. Not to mention that He removed my obsession to drink! A true miracle.

When I take my willful ways back and attempt to run my life, I inevitably fail. It is just how it is for me. Many surrenders. I cannot manifest peace, joy, and contentment without God. And thank you God, I no longer have to!

He helps me overcome and restores me to wholeness. Blessed. Grateful. Saved by His Grace. Not of me.

Sharon C.

STEP TWO

Came to believe
that a Power
greater than
ourselves could
restore us
to sanity.

Reprinted from Alcoholics Anonymous, p. 59, with permission of A.A. World Services, Inc.

THE TWELVE STEPS

- We admitted we were powerless over alcohol—that our lives had become unmanageable.
- Came to believe that a Power greater than ourselves could restore us to sanity.
- Made a decision to turn our will and our lives over to the care of God as we understood Him.
- 4. Made a searching and fearless moral inventory of ourselves.
- Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- Were entirely ready to have God remove all these defects of character.
- 7. Humbly asked Him to remove our shortcomings.
- Made a list of all persons we had harmed, and became willing to make amends to them all.
- Made direct amends to such people wherever possible, except when to do so would injure them or others.
- Continued to take personal inventory and when we were wrong promptly admitted it.
- Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

THE THREE LEGACIES CONTINUED...

Tradition Two

My homegroup goes through the traditions on the second Thursday of the month. As we were discussing Tradition 1, I had a thought that the world needs the traditions in their lives, and in its infrastructure. This tradition reminds us that we don't have any rulers. The results of the whole group is where God shows His loving hand.

When I moved out to Lynbrook, from Forrest Hills, I joined a group. In every business meeting, I would bring up how we did it in my old group. I was trying to exert my authority based on what I thought was right. A song from the 80's came to my mind "Everyone wants to rule the world". This group did not have a group conscience, so issues were decided on the fly.

When I moved to another group, The Primary Purpose Group of Lynbrook, I thought maybe I could teach them how to run things. To my surprise, they had a very organized group. There was a handbook to guide the group, business meetings not hurried through, much to the consternation of some of us at times. I also learned about Robert's Rules of Order. The most important thing was that I experienced group conscience meetings reserved for issues that might change group policy. Some think that it is too stringent, but speaking for myself, I appreciate it, lest I try to take over once again.

One night, at a group conscience meeting, there was an item on the agenda that everyone was seemingly in favor of. We went around the room with everyone voicing their opinion, and again everyone seemed in favor of the item on the agenda. Then we went around again with one person against it. Then practicing Concept 5, the chair asked if the lone dissenter would like to voice his opinion. After he did, the chair asked if anyone would like to change their vote. Everyone else saw the wisdom of his opinion and voted along with him. That had a profound effect on me, and as Bill said, "sometimes the good is the enemy of best"..

God Bless, Kenny W.

TRADITION TWO

For our group purpose, there is but one ultimate authority- a loving God as He may express Himself in our group conscious. Our leaders are but trusted servants; they do not govern.

Reprinted from Twelve Steps and Twelve Traditions, p.132, with permission of A.A. World Services, Inc.

TRADITION TWO CHECKLIST

- 1. Do I criticize or do I trust and support my group officers, AA committees, and office workers? Newcomers? Old-timers?
- 2. Am I absolutely trustworthy, even in secret, with AA Twelfth Step jobs or other AA responsibility?
 - 3. Do I look for credit in my AA jobs? Praise for my AA ideas?
- 4. Do I have to save face in group discussion, or can I yield in good spirit to the group conscience and work cheerfully along with it?
 - 5. Although I have been sober a few years, am I still willing to serve my turn at AA chores?
 - 6. In group discussions, do I sound off about matters on which I have no experience and little knowledge?

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THE THREE LEGACIES CONTINUED...

Concept Two:

A Practical Mechanism for Power to Flow

Concept One introduced us to the idea that Alcoholics Anonymous as a whole might be guided by a Higher Power working through our collective conscience.

Concept Two says, "Well that's a pretty little principle you got there! But is it <u>practical</u>?"

It is indeed -- thanks to the General Service Conference structure.

Most of us have heard the expression "Conference-approved literature." The Conference referred to in that phrase is a rotating group of AAs who meet annually to address ongoing questions of policy and publishing. The General Service Conference consists of elected A.A. members (delegates) from all over the US and Canada, members of our corporate boards that operate the General Service Office (GSO) and the A.A. Grapevine, and a handful of staff members from those offices. All told, the Conference consists of about 120 people.

Why so many?

Because we want our decisions to represent the experience of members from all corners of AA. An area delegate from New Jersey might not understand the challenges that AA members face in Saskatchewan, Canada. And few of those delegates will be able to bring to the discussion a full financial picture that a

corporate board member might provide. Staff members from GSO and the Grapevine office can advise on pragmatic matters like timelines for major projects, as well as serving as the "corporate memory" so that the lessons of the past are taken into consideration.

Nassau Intergroup operates on a similar practical principle. Our monthly meeting of Intergroup representatives is our attempt to reach a group conscience that can guide us in matters of overall policy. Our annual budget is drafted by a handful of trusted servants, but must be approved by representatives from the AA groups of Nassau County. Challenging questions that can arise such as including a controversial group on our meeting list are best decided by the "collective conscience" of our local fellowship, rather than by an individual or two who may have a personal agenda.

Concept One presented us with the need for A.A. power to reside in the fellowship, rather than in a handful of trusted servants. Concept Two has now introduced us to a practical mechanism — a representative body we call the General Service Conference — that allows that broad fellowship to make informed decisions about policy and publishing.

Next month, we'll look at Concept Three: how we delegate authority to individuals and entities to carry out the decisions made to the mechanism of our general service conference.

Jim M.

CONCEPT TWO

The General Service
Conference of A.A. has
become, for nearly every
practical purpose, the active
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Reprinted from Service Material from the General Service Office, p.1, with permission of A.A. World Services, Inc.

CONCEPT TWO CHECKLIST

- 1. Do we have an understanding of the history of the General Service Conference (the "Conference")?
- 2. What is a Conference Advisory Action? Does our home group's G.S.R., D.C.M., area delegate report back to the group on the highlights of the Conference and Conference Advisory Actions?
- 3. Is our group meeting its wider Seventh Tradition responsibilities?

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THE A.A. "PROMISES"

"All sorts of remarkable things followed. We had a new Employer. Being all powerful, He provided what we needed, if we kept close to Him and performed His work well. Established on such a footing we became less and less interested in ourselves, our little plans and designs. More and more we became interested in seeing what we could contribute to life. As we felt new power flow in, as we enjoyed peace of mind, as we discovered we could face life successfully, as we became conscious of His presence, we began to lose our fear of today, tomorrow or the hereafter. We were reborn."

Reprinted from Alcoholics Anonymous, p. 63, with permission of A.A. World Services, Inc.

I would have to say that the 3rd step promise is my favorite because it is so true! Giving to others makes me feel good. I never thought I would feel that way until I got sober. My life today revolves around giving back to others. Whether its holding a commitment on LICYPAA, chairing a meeting, going through the work with a Sponsee, reaching out to the newcomer, or taking a coffee commitment.

Putting a smile on someone's face brings me joy. In the past, all that I cared about was myself and what others could do for me. Today it isn't like that anymore. I wouldn't feel this way if I didn't have a connection with my Higher Power.

The third step promise says, "Being all powerful, He provided what we needed, if we kept close to Him and performed His work well." As long as I have my connection with God, he will put people and things in my life for a reason, in that moment of my life.

When I first came into the rooms of AA, I began getting commitments. My first commitment was making coffee at my home group. It wasn't until I went through the work (the 12-steps) that I realized the purpose in commitments and doing things for others. At first, the commitments were teaching me to show up, which was something I didn't do in the past. I now realize that being of service is a part of the bigger picture. Selfless acts of kindness are part of what keeps me sober today. After going through the work, and doing what was suggested to me, I became less interested in self and more interested in what I can do for others.

Erin M.

"WE ASK"... A.A. MEMBERS FAVORITE BIG BOOK PRAYERS

I have struggled with maintaining my sobriety for nearly 7 years. I grew up around people who battle addiction and have named themselves alcoholics without accepting the first step, powerlessness. I couldn't grasp the idea of powerlessness until I was completely under the lashes of alcohol for yet another countless time, yet this time was not only a rock bottom, but an act of grace. Once I understood I was and will always be completely powerless over alcohol, and the actions of other people, I realized this was divine wisdom. There was no logic in my alcoholic ways as much as I rationalized there to be. It was a power greater than myself that not only revealed this powerlessness, but restored me to sanity through sponsorship, the

fellowship of AA and meetings. When I consciously and quietly connect with the God of my understanding, I somehow feel completely cared for. From then on, I had a deep intuition to give my all to my higher power because I accepted my way just wasn't working. I utilize the third step prayer in these last 7 months and I have been able to hit the pillow sober and satisfied with what I did each day. I used to live on such self-will (run riot). I would make daily to do lists, shut everyone out to be productive, constantly feel like I was lacking and once I added a drink in the mix, I felt better. This lasted long enough for me to lose everything including my mind. It was all about how I thought things should go, and I now see my will and

alcohol go hand in hand. Now, it is no longer about what I expect of myself that day, it becomes how I can serve others and be in the moments of life God intends me to be in. If I survived alcoholism, I am here for a reason, a purpose given by my creator. I must give my will to Him every morning so that I can be guided by this life sustaining, love intended force that nourishes all living things. Since doing this consciously, my connection to Him, people and life has been trusting and peaceful. Instead of resisting lessons that I may need to go through (often many times), I accept them and learn them from a place of grace, nonjudgement and willingness. If my will is thy will, I will not drink.

Kelly J.

Third Step Prayer:

"God, I offer myself to Thee – to build with me and to do with me as Thou wilt.

Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of Life."

Reprinted from Alcoholics Anonymous, p.63, with permission of A.A. World Services, Inc.

CHAIR'S CORNER

Don't Miss It!

The word "crisis," when written in Mandarin, consists of two Chinese characters: "danger" and "opportunity."

The global health crisis currently facing our planet and our local community presents a variety of dangers we must be aware of to be safe. As AA members however it also affords us the opportunity to be helpful.

As you read this, alcoholics in Nassau County who can't stop drinking are deciding to reach out for help. Some of them are going online, some of them are talking to professionals, some of them are confiding in a loved one.

In our Big Book, in the chapter "Working With Others" we find this promise: "To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, to have a host of friends - this is an experience you must not miss. We know you will not want to miss

CONTACT INFORMATION

If you need to get in touch with the Nassau Intergroup Chair please send an email to chair@nassauny-aa.org.



it."Don't want to miss it? Come to <u>our</u> monthly meeting, where you will hear of many ways you can help alcoholics who might otherwise never find the freedom we enjoy.

Iim M.- Chair

"TO WATCH PEOPLE RECOVER,

TO SEE THEM HELP OTHERS,

TO WATCH LONELINESS VANISH,

TO SEE A FELLOWSHIP GROW UP ABOUT YOU,

TO HAVE A HOST OF FRIENDS
THIS IS AN EXPERIENCE YOU MUST NOT MISS.

WE KNOW YOU WILL NOT WANT TO MISS IT."

Reprinted from Alcoholics Anonymous, p.89, with permission of A.A. World Services, Inc.

NIGHTBOOK CHAIR'S CORNER

THE NIGHTBOOK IS IN GREAT NEED OF YOUR HELP!!

Doing service by giving back where it is needed helps us to stay sober. We often think of service as work; however, there are many ways of finding honor and pride in serving others.

Having a commitment as the Nightbook Chair, has been a great opportunity for me. But, this can only be as successful with the support of people in this program! I am asking for each individual to reach out to your group and group of friends, and commit to one week of phone coverage with 7 people. There are more people in need during this pandemic then before. Let us

be the ones to help the next sick and suffering alcoholic, and be the one to save a life.

That life could be yours!

This is a great way to give back, and help others. When we view our service to others as a positive contribution, we can discover its dignity and honor. This results in positive effects for us. These positive feelings result from believing we are involved in something greater than ourselves.

We need to be able to answer the hotline, and be of service to those in need.

We are looking for groups, or even individuals, who can answer the phones from 5 pm - 9 am. Could this be you???

If you can help out for just one night, it would be a great service to the A.A. community. Please contact me at nightbook@nassauny-aa.org. Please leave me your name, and phone number so that I can contact you directly.

I would like to thank all who have helped out last month.

Your service is greatly appreciated.

Yours in service, Karen Nightbook Chair



"Each day my friend's simple talk in our kitchen multiplies itself in a widening circle of peace on earth and good will to men."

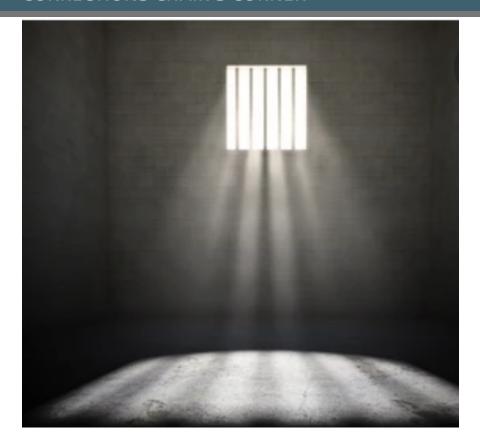
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Kenny at officemanager@nassaunyaa.org or
Karen at nightbook@nassaunyaa.org
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CORRECTIONS CHAIR'S CORNER



This is Auggie R., the Corrections Chair.

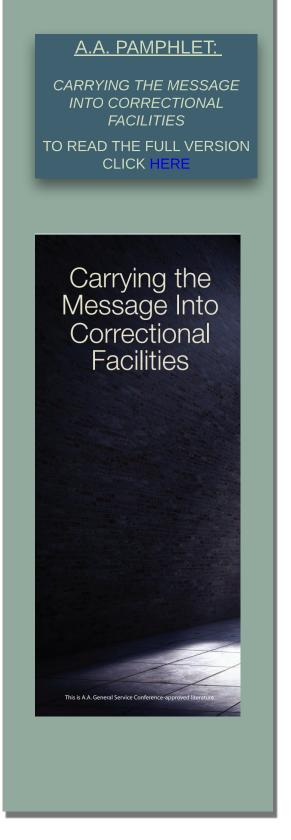
For all members that are interested in a speaking commitment at the Nassau County Jail!

In accordance with the CDC guidelines, we are still not permitted to conduct AA meetings, due to the Coronavirus. We are in close contact with the authorities, and they will inform us when we can move forward with the in person meetings. The most up to date information is that the DART program will be called MTC, Modified Therapeutic Community. We will keep you informed as we learn more.

If you need any information please contact me.

Email: corrections@nassauny-aa.org.

Auggie R.- Corrections Chair



SHARE-A-DAY CHAIR'S CORNER



The 2021 Share-A-Day committee met for the first time via Zoom on Wednesday, January 13. Two members attended and began discussing plans for this year's event. If you would like to get involved, we meet the 2nd Wednesday of each month via Zoom (see below).

We will need members to help with greeting, hospitality/food, the Traditions Play, set up and clean up and other tasks. We hope to have display tables (if the event is live) for A.A. literature, Nassau General Service, Archives, Al Anon Literature, and various

service committees. The Hospitality Chair is responsible for registration, sign in and greeting. The food Chair gets the food and needs to be available to go shopping and finds the best location to supply lunch. The Tradition's Play Chair set ups the play and finds volunteers to act in the play. Set Up is separate committee than Clean up. For the Set Up Committee volunteers need to be available early in the day and for Clean Up, volunteers need to have open availability late in the day.

At this time, we don't know if the event will be virtual or live. It will depend on many factors due to the ongoing pandemic. The date and location are still in question too. But we still need volunteers to help with planning so we're ready either way!

Please contact Kevin, the Share-A-Day event chair at shareaday@nassauny-aa.org to find out how you can help. You can also just show up at the next planning meeting on February 10 at 7pm.

Meeting ID: 554 670 5146

Passcode: 870607

See you there!

DISTRICT COMMITTEE MEMBER CHAIR'S CORNER

7th Tradition: The Service It Provides

A.A. is self supporting through our own contributions.
According to the Oxford
Dictionary, the definition of the word contribution is "the part played by a person or thing in bringing about a result or helping something to advance".

Why contributions and not "we need your money"? Let me explain the importance of the 7th tradition regarding our use of the contributions from individuals or groups. Through our contributions, we are able to facilitate 12-step work, and pay our own way. Some of the ways that these contributions facilitate 12-step work are: running the General Service website and being able to host the aanassaugs-ny.org email addresses, rental fees to the Post Office for correspondence mail, paying a subscription for the Zoom platform to host virtual meetings, grapevines, and SENY committee events.

We also encourage GSR'S to participate at the SENY Assemblies, Forums, North East Regional Forums(NERF), NERAASA, and The New York State Informational Workshop. We budget for 2-3 GSR'S who haven't attended in the past to attend. Registration, hotel expenses, and travel are reimbursed with the provision of a receipt. Contributions greatly support these services, whose aim is to make possible 12-step work. We purchase Service Manuals that provide vital information for GSR'S. We provide other service pamphlets at GSR'S orientation. We encourage support at SENY Assemblies. We encourage a GSR to provide a budget line for their travel (tolls & gas) and when a group doesn't, we reimburse their expenses to

assemblies. For more information about the purpose of a GSR, read the Service Manual or SENY Handbook pg.7, pg.14-16. Contributions support the DCMC'S travel to be informed of what is going on in A.A. outside of Nassau County and to carry the conscious of the county, as well as to inform the Reps as

to what is going on in Area and at the General Service Office. Discuss the 7th contribution at your home group and if you don't presently have a GSR, we encourage this vital position.

Marty K. DCMC



Combined With

TWELVE CONCEPTS for WORLD SERVICE

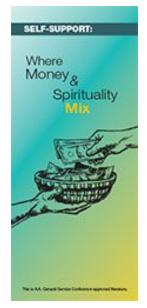
by Bill W.

nte anan Ele...

REFLECTING ACTIONS OF THE 2018 GENERAL SERVICE CONFERENCE

CONTACT INFORMATION

If you need to get in touch with the DCMC please send an email to DCMC@aanassaugs-ny.org.



At this time of year, many newly selected trusted servants are taking a first look at their responsibilities supporting their groups' finances as home or service group treasurers. A.A. has shared experience in

this area to support you in your new service responsibilities.

A good starting point is to look at the long form of "Tradition 7."

The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals, or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then too, we view with much concern those AA treasuries which continue, beyond prudent reserves, to accumulate funds for no stated AA purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority. (Twelve Steps and Twelve Traditions, pages 190-191.)

The long forms conveys the depth of co-founder Bill W.'s experience and thinking on finance in AA, and it's interesting to note Bill's movement from soliciting money for young AA from the Rockefeller organization to fund AA branded hospitals and missionaries to where he comes to stand on the matter of self-support by the time he publishes his seminal overview essay, "Twelve Suggested Points for AA Tradition," in the Grapevine, April 1946.

Additional useful resources for the new AA treasurer may be found on the Intergroup website under, "Contributions: Practicing the 7th Tradition", including the pamphlets Self-Support: Where Money and Spirituality Mix and The AA Group Treasurer, A.A. Guidelines: Finance, and the ubiquitous "Blue Card" among other resources. Additional information and resources may also be found under, "Contributions & Self-Support" through AAWS.

Available too is the experience, strength and hope of trusted servants past and present who have done this work before you. These include Intergroup's past and current treasurers

(treasurer@nassauny-aa.org) along with the Intergroup Financial Review Committee (finance@nassauny-aa.org), and our counterparts in district, county and area General Service. You just need to ask for information or help.

In related matters, the January meeting of the Intergroup Reps approved, with a few amendments, the suggested changes to Intergroup's ByLaws, Article VIII concerning finance. Those suggestions were reviewed in this column in some detail in last month's newsletter.

Looking to this month's work, Financial Review is offering a summary of 2020's Intergroup financial activities for members' information and comment. We're fortunate to have come through 2020 financially intact without having to fall back on our Reserve Fund although it's also meant fewer services were delivered.

Next month we'll talk a bit more about making contributions to the AA service structure. We should also by then know a bit more about the finance-related agenda before the 71st General Service Conference which will meet virtually, April 18-24.

COVID-19 unfortunately remains a concern that has impacted our AA way of life in many ways. On the positive side, it forced us to take a serious look at digital vehicles for "carrying the message" and doing service, vehicles which will remain a part of AA going forward. On the negative side, it made access to our life-saving program of recovery from alcoholism less accessible for at least some fellow suffers, no doubt with tragic consequences for some. The future is unclear. I continue to encourage vigilance and patience as we look ahead to what we all hope is a better spring. Stay safe, stay positive, and stay

connected. Hope this is helpful.

Bill C., Financial Review Committee finance@nassauny-aa.org

We all know the International Convention of AA planned for July 2020 in Detroit didn't take place owing to the COVID-19 pandemic. As for some past Internationals, AA World Services (AAWS) had planned a souvenir book. That book, A Visual History of Alcoholics Anonymous, will be available in a limited edition (probably only one printing) beginning mid-February.

From AAWS, "Lavishly illustrated, this lively tour through AA's history is told in hundreds of Iconic images never before published in one volume. Illuminating descriptions walk us through powerful moments in our shared history—from the people, places and things integral to A.A.'s early growth, and forward to today's vibrant, international Fellowship."

From the pre-publication materials I've seen, it does appear to be a beautiful volume, ideal for the AA history buff or anyone who enjoys the history of our Fellowship or who is looking for a thoughtful A.A.-related gift.

Intergroup expects to have a limited number of copies available by the end of this month.

Once those are gone, the book will not again be readily available locally. Interested? Check with literature@nassauny-aa.org later this month.

AA Grapevine reminds us of their "Carry the Message" project which encourages members to offer gift subscriptions to the *Grapevine* and *La Viña* including through anonymous gift subscriptions through the Grapevine office. Supportive of "our meeting in print" which, unlike AAWS. cannot accept contributions, it's a nice alternative to the common "drunk junk" offered to honor personal recovery or group anniversaries. This is an especially effective way to reach the alcoholic who still suffers but who may be otherwise cut off from AA participation by the continuing imposition of COVID-related restrictions such as those who are incarcerated or otherwise institutionalized, or those who are being extra cautious about returning to face to face meetings. Go to Grapevine's "Carry the Message" page online for more information on how to "give the gift of recovery."

Sales of A.A. literature and related items remain available through the Intergroup office daily, 9am to 5pm, but call ahead (516-292-3045) before coming in as we don't always have the volunteers on hand that we need to keep the office open. COVID-related precautions and practices remain in effect in the office including the need to wear a mask and to maintain social distancing.

As of this writing, COVID-19 unfortunately continues to be a concern, and along with that the restrictions on our activities remain. Many things in AA have not been able to return to their pre-COVID norms, and the future is somewhat unclear.

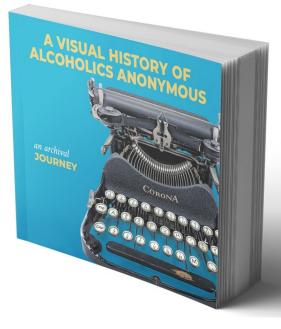
I continue to encourage vigilance and patience as we move through the closing winter months and look ahead to what we hope is a better spring for all.

Stay safe, stay positive, use the literature and stay connected. Hope this is helpful.

Bill C., Acting Literature Committee Chair literature@nassauny-aa.org

CONTACT INFORMATION

"Sales of A.A. literature and related items remain available through the Intergroup office daily, 9am to 5pm, but call ahead (516-292-3045) before coming in"



* 2021 SENY CONVENTION * A.A. IN A TIME OF CHANGE



MARCH 5 - 7

HISTORIC 53RD VIRTUAL CELEBRATION ON ZOOM *

- * A.A. * AL-ANON * ALATEEN * YOUNG PEOPLE IN A.A. *
- * SPEAKER MEETINGS * 15 WORKSHOPS * ALKATHONS *
- * SPANISH LANGUAGE MEETINGS * SPANISH TRANSLATION *
 - * UNITY * INCLUSIVITY * DIVERSITY * ACCESSIBILITY *
 - * BOX LUNCH + DINNER GUEST HOSPITALITY *
 - * 12 STEPS * 12 TRADITIONS * 12 CONCEPTS *
 - * FUN * GAMES * ENTERTAINMENT *

* LET'S GET THE PARTY STARTED *



REGISTER ONLINE @ AASENY.ORG REGISTER BY MAIL : SENY CONVENTION 2021 PO BOX 571 NEW YORK, NY 10116

REGISTRATION FEE: \$20.00

* INFORM - COMMUNICATE * INVOLVE - ACT * INSPIRE - ATTRACT *

2021 SENY CONVENTION A.A. IN A TIME OF CHANGE



TECH VOLUNTEERS

THE 2021 SENY CONVENTION NEEDS YOUR TALENT TO HELP FACILITATE MAIN SESSIONS + WORKSHOPS

Since our 2021 Convention will be held virtually March 5 - 7 using the Zoom platform, we are looking for volunteers with experience using Zoom's host controls or experience acting as a host or co-host in a large (>20 participants) meeting. Volunteers should be proficient in managing the waiting room, muting and unmuting participants, removing unwanted participants from the meeting, and other participant management tasks. Volunteers should also be familiar with common Zoom settlings, and have an understanding of basic user functionality to be able to assist participants who are accessing the meeting space with either a smartphone, a computer, or dialing in with a phone.

Each workshop will require at least 2 volunteers: a primary Host and a Co-Host. If enough volunteers are available, we would like I or 2 additional volunteers to act as Spiritual Ushers / Time Keepers and help with monitoring for unwanted disruptions, especially in the larger sessions. The Tech Committee will provide training and rehearsal.

HOST: Primarily responsible that the workshop is running smoothly and on time.

CO - HOST: Assists host with room/participant management duties.

SPIRITUAL USHERS / TIMEKEEPERS: Monitors for disruptions and takes appropriate action.

* LET'S GET THE PARTY STARTED! *



TO VOLUNTEER: CLICK HERE OR FOR MORE INFORMATION PLEASE CONTACT

2021 SENY CONVENTION
VOLUNTEER COORDINATOR
JPLIVZ@YAHOO.COM

* INFORM - COMMUNICATE * INVOLVE - ACT * INSPIRE - ATTRACT *



* 2021 SENY CONVENTION * A.A. IN A TIME OF CHANGE MARCH 5 - 7

* REGISTRATION FORM *

Full Name
Address
City/State/Zip
Phone
Email Address
* Must Provide Email Address To Receive Meeting IDs And Passwords *
AAAI-AnonOther (Please Specify)
Home Group
Sober 25+ years? Sobriety Date ://
Translation/ASL/Accessibilities Request? (Please Specify)
Registration : \$20 Per Person Number of Registrations Total : \$

* All Attendees At The Convention Will Need To Register To Have Access To Meeting IDs And Passwords *

Checks or Money Orders Payable to : SENY Convention 2021 Mail Payment and Registration Form to: SENY Convention 2021 PO Box 571 New York, NY 10116

Questions? Email : convention@aaseny.org

* INFORM - COMMUNICATE * INVOLVE - ACT * INSPIRE - ATTRACT *



The Platform Committee for the Virtual Northeast Regional AA Service Assembly (NERAASA) 2021 needs your help!

We are looking for volunteers to assist hosting Zoom meetings & webinars.

Experience hosting your home group, committee or district meeting is suggested.

Hosting Zoom meetings is letting people in from the waiting room, confirming attendees are in the right place, enabling features such as polling if needed by the chair, moderator, or presenter, monitoring the room for bombers, any rude or inappropriate behavior and responding as quickly as possible, and any other technical issues that might arise from attendees.

Based on your current service position, you will be placed in the appropriate roundtable room so that you can also benefit from the NERAASA experience.

Training will be provided by our outsourced production company. You are never alone!

Please contact John D. neraasa21tpc@gmail.com



IAN Monthly Tradition Workshops

Are you intimidated by or just not necessarily interested when talk in the rooms turns to the Traditions of AA? Or maybe just unfamiliar with their meaning and purpose within our Fellowship? Many of us have felt the same way. As important as they are to AA's continued efforts, discussion of them can often seem technical or "dry".

Intergroup Association of Nassau hosts a monthly Traditions Workshop that not only spends an hour or more discussing the Tradition for the given month, but since its pre-virtual-era inception has done so in a significantly lighter, but no less serious way.

Instead of just "going around the

room" reading the tradition from the "12 and 12", we've chosen to use the Illustrated Traditions pamphlet, which is more concise and features artwork and captions which are informative and "humorous" at the same time.

This approach lends itself to livelier, somewhat more informal

sessions than many of the Tradition "Meetings" we may have been accustomed to. Those meetings are extremely valuable and encouraged. These monthly Workshops are designed to enhance our understanding of the Traditions and supplement what we learn about the Traditions throughout our journeys.

It is our hope that attendees, especially those less familiar with the Traditions, come away from these workshops with new understanding and increased enthusiasm toward them (the traditions.)

The Workshops are held (virtually for now) on the second Sunday of each month, starting at 10 am.

The Zoom information is as follows: Meeting ID: 554 670 5146 Passcode: 870607

Michael F.

NASSAU INTERGROUP - EMAIL ADDRESSES

OFFICERS

Chairperson chair@nassauny-aa.org

1st Vice Chair 1stvice@nassauny-aa.org

2nd Vice Chair 2ndvice@nassauny-aa.org

Secretary@nassauny-aa.org

Treasurer <u>treasurer@nassauny-aa.org</u>

STANDING COMMITTEES

Archives archives@nassauny-aa.org

Coop. Pro. Comm. (CPC) cpc@nassauny-aa.org

Corrections corrections@nassauny-aa.org

Financial Review finance@nassauny-aa.org

Institutions(H&I) institutions@nassauny-aa.org

Literature <u>literature@nassauny-aa.org</u>

Meeting List meetinglist@nassauny-aa.org

Newsletter news@nassauny-aa.org

Night Book nightbook@nassauny-aa.org

Officer Coordinator (Mgr.) officemanager@nassauny-aa.org

Public Information(PI) publicinfo@nassauny-aa.org

 $Share-a-Day(SAD)~\underline{shareaday@nassauny-aa.org}$

Speakers Exchange speakerexchange@nassauny-aa.org

Special Needs special Needs special Needs special Needs special needs@nassauny-aa.org

 $12_{\rm th} Step\ List\ \underline{12thstep@nassauny-aa.org}$

Website webcommittee@nassauny-aa.org

Our Purpose

As we say in our meeting books (and more formally in our ByLaws):

Declaration of Purpose:

Nassau InterGroup of Alcoholics Anonymous is an all volunteer organization formed by the AA groups in Nassau County to serve all groups and meetings in Nassau county.

In order to carry the message of Alcoholics Anonymous to the still sick and suffering alcoholic, both in and out of the fellowship, Nassau InterGroup, in accordance with AA's 12 Steps, Traditions, and Concepts of World Service, has as its primary purpose:

- to have all telephone inquiries answered by a recovering alcoholic. The Nassau InterGroup HotLine number will be listed in the Nassau telephone directory. Meeting information and 12 step referrals will be made from all Nassau area groups that have provided up-to-date information.
- publish and distribute at regular intervals up-to-date directories of group meetings in Nassau county.
- publish and distribute a monthly newsletter.
- provide for quarterly group exchange meetings at which groups may exchange meetings with other groups.
- provide for monthly institutions committee meetings at which groups may arrange to participate in "inside" meetings.
- conduct monthly business meetings to address any group concerns and intergroup business.

Yours in love and service, Nassau InterGroup of Alcoholics Anonymous

Meeting List Changes:

Due to the nature of the current situation, please refer to the meeting list on the Intergroup website. The meeting finder can be found here. It will reflect the most accurate information. Please help to keep the meeting lists current and correct by submitting a "Meeting List Changes Form" whenever your meeting details change. That form can be found here.

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