nassau intergroup of alcoholics anonymous®

Nassau Intergroup of AA, Inc.) 361 Hempstead Turnpike, West Hempstead, NY 11552-1342

516.292.3040 (24/7 hotline) intergroup@nassaunyaa.org Business 516.292.3045

NOVEMBER 2019



All workshops & meetings are held in office, 361 Hempstead Tpke ,West Hempstead. unless otherwise noted.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
				Halloween		
3 Daylight Savings Time Ends	4	5	6 H&I 8pm, followed by Corrections Committee	7 New Reps orientation 7pm Reps meeting 7:30 pm	8	9 Nassau County Big meeting 5:30-7:30 Humanist Society 38 Old Country rd. Garden City
10 Tradition Workshop 11 9:30 am SENY ASSEMBLY Check last pg. for loc.	11 Veterans Day	12	13 Share-A- Day Meeting 7:30	14 PI/CPC 7:30	15	16
17	18 Archives Workshop 7:30-9:00pm	19	20 NEWSLETTER DEADLINE WEB COM.7:30	21 Steering Committee meeting 7:30pm by invitation only	22	23
24	25	26	27 ALKATHON 5PM	28 Thanksgiving ALKATHON MEETING ENDS 11 PM	29	30

November 2019 Intergroup Chair Report

The month of November is a time for gratitude. Our annual Thanksgiving Alkathon starts at 5:00 pm on Nov 27. There are 'round the clock meetings until Thanksgiving Day, Nov 28, with the last meeting going from 10:00 pm – 11:00 pm. We have 30 meetings chaired by 10 participating Nassau groups. We show our gratitude by giving service of ourselves to others.

My trip to Arizona for the Intergroup Seminar was very enlightening. I was with intergroup chairs and representatives from throughout the US and Canada. The Intergroup Seminar consists of 11 areas (geographical swaths of territory from both the US and Canada), each with a delegate to match an area. AA General Services uses the same system, and they call their area delegates "trustees." Elections were held for new delegates from each area. To be a delegate for the Northeast for example, you need to have been to at least one previous Intergroup Seminar and be elected by the representatives present at the seminar business meeting.

There was a topic that came up at the seminar to be brought back to our areas, regarding giving a voice and a possible vote by intergroup representatives at the General Service Area level. Another issue discussed concerned literature sales. Since intergroup offices are often the first contact that a new or prospective AA member has with our fellowship, it is appropriate for them to offer AA approved literature for sale. AAWS (AA World Services) offers discounts for bulk purchases.

Many representatives stated that their intergroups cannot afford bulk purchases in order to receive a discount; whereas places like Hazelden can buy in bulk, receive the discount, and then turn around and sell AA literature to the public at a large profit; effectively making money off of our literature. For example, they can sell Big Books for \$25.00 or \$30.00 a copy, while the majority of intergroups sell their Big Books for \$10.00. As a possible way of offsetting the price of bulk purchases of literature by intergroups, it was proposed that a special discount be given to AA Members from AAWS so that members do not have to turn to Hazelden or another outside entity to buy literature at exorbitant prices. This is an ongoing issue and we will keep you posted on developments as they happen. Happy Thanksgiving to everyone!

Sincerely, Nassau Intergroup Chair:Kevin McH. Any questions or concerns, contact me at <u>chair@nassany-</u> <u>aa.org</u> or leave message at 516 292-3045

Literature: Further Progress Report



Concerning progress on the return to selling AA literature and related items locally, Nassau Intergroup (NI) has completed its reconciliation with the State of New York on all past sales tax collection matters. A report on the details of that was provided by the treasurer at last month's Reps meeting.

Behind our actions on this with the State, NI has provided reports through the SENY Intergroup Liaison workgroup and the SENY Committee on our activities to other local AA products resellers who might be affected by or otherwise want to know of our actions. A similar report will probably be made to the rest of NY State AA through the GSO.

In the meantime, we are in the process of applying to State for our resale certificate which will enable us to collect sales tax as required, a necessary step before we can restart sales.

We have also continued to work on updating the hardware, software and data in our point of sale (POS) system (an i-pad based sale terminal connected to an online server such as you find in many retail outlets). A defective scanner has been replaced, bar coding of all sale items has been completed and tested including the creation of a for sale items workbook, and a small work group is becoming more familiar with how the POS works with an eye toward developing training materials to add to the workbook for the office volunteers who will ultimately work the POS. A "customer" data base has been uploaded to the POS (essentially a list of all current groups served by NI), and Finance in mid-October completed an inventory of currently available sale items. This will be uploaded to the POS along with current pricing information. It is likely we could begin training on the POS for the office volunteers this month, December at the latest.

At this point, we are probably on target with getting sales up and running on a limited basis (we expect to restart sales only on Saturdays and then expand to additional days as POS trainings are completed) around the beginning of next year. Follow this column for more info as it develops.

Bill C., Literature Committee Chair 516-292-3045 or literature@nassauny-aa.org By, Sean M.

Gratitude Group, Malverne, N.Y.





STEP 11

Sought through prayer and meditation. "Uh oh" says the skeptic. Prayer? Here comes the God stuff again. Meditation? Here comes the granola, incense and chimes. Step 11 can be these things for us if that's what we want, but it can also be a lot more down to earth than that. In fact, prayer can be viewed as a form of meditation, so both can be done at the same time. Prayer, if viewed as an expression of hope, doesn't need to be to a traditional God or formal prayers from the religion of our youth. It can simply be an effort to step out of ourselves and seek a conscious contact with a power greater than ourselves. And if our higher power is a traditional God and we prefer traditional prayers, then Step 11 gives us a daily opportunity to assess ourselves in light of the way we believe our God would want us to be. As for meditation, this too can be formal or informal, the main objective is to take time for guiet personal reflection and listen for answers to our prayers (and in our prayers we are careful not to ask for outcomes, only guidance, lest we be disappointed in the outcomes - life on life's terms).

The Big Book offers very clear suggestions on this step, that we start and end our day taking a simple, relaxed and mindful inventory that is neither overly emotional nor lax. In the evening we ask ourselves how we did during the preceding day against what we believe our higher power wants us to be. In the morning, we proactively ask our higher power to help us map out our day. Just as the office worker prepares for a presentation or trade workers check their tools before a job, we prepare ourselves to follow the design for living that helps us work toward personal betterment which in turn helps keep us sober one day at a time. The Big Book uses words like assurance, inspiration, watching our motives, etc. This helps us to be purposeful in our daily lives, not willful and disorganized, or easily agitated and so on. We are reminded again in Step 11 that "faith without works is dead". The more we practice this step, the more able we are to push away the self will run riot and to better our lives and the lives of those around us. Like the closing at some meetings says: "It works if you work it, so work it you're worth it." We are all worth it.

TRADITION 11

Like many things in AA, Tradition 11 might at first seem to present a paradox. We are advised to have AA be a program of attraction rather than promotion, but if we look at the early days of AA, we might ask ourselves, "what about the Liberty Magazine article, or Jack Alexander and the Saturday Evening Post?" Real AA history buffs might even ask about a radio segment in 1939 on the Gabriel Heatter show. True, these were promotions, and in fact there are still promotions and Public Service Announcements made available through AA World Services (https://www.aa.org/pages/en_US/videos-and-audios). The fact is that AA has to be promoted in some way, it won't do much good if it's a too wellkept secret. The key guidance in this tradition is to maintain individual anonymity. If and when AA is promoted in public media, it is done so as to attract based on our message and program as a whole, not on the individual. There should be no personal publicity and if personal stories or testimonies are used, efforts are made to protect the individual from recognition. The reason for this is twofold. First, as individuals we are all fallible and inappropriate actions, words, etc. could bring harm to the fellowship - a few bad apples can ruin the whole barrel as the saying goes. Second, the AA message should be about principles, not personalities. The program and promise of AA could easily be diminished in the shadows of overly charismatic or popular individuals. Thus, it is far better for the simple program of AA to speak for itself and for our good work to inspire others to comment about the benefits of Alcoholics Anonymous.

Nassau Intergroup of AA Presents AA Traditions Workshop

361 Hempstead Turnpike West Hempstead, NY 11552

JOIN US!!!!

Second Sunday monthly 2019

Open discussion... -- Not just reading!

Time: 9:30Am-11AM Lite refreshments



Tradition One 1/13 Tradition Two---2/10 Tradition Three 3/10 Tradition Four--4/14 Tradition Five---5/12 Tradition Six---6/9 Tradition Seven---7/14 Tradition Eight---8/11 Tradition Nine---9/8 Tradition Ten---10/13 Tradition Eleven---11/10 Tradition Twelve---12/8

"<u>NIGHTBOOK COVERAGE NEEDED</u>"



HAVE YOU EVER CALLED THE HOTLINE FOR HELP? Well, that would really be sad if nobody was there to answer!

Please support our hotline by signing your group up for one week of service. All you need is 6 months of continuous sobriety, and a telephone. Leave me an email message at <u>Nightbook@nassauny-aa.org</u> or call 516-292-3045 and leave a message for me to contact you. Another way would be to attend the Intergroup Rep meeting the first Thursday of every month.

Your help is greatly needed for this to be successful. LET'S HELP ANOTHER ALCOHOLIC IN NEED!

Thanks to Extravagant Promises, Primary Purpose, Rockville Centre, and East Meadow Groups who stepped up and took the night book last month

Nassau Intergroup gives life to this service in part through our 24/7 Hotline through which an alcoholic can connect with an AA member for shared experience, strength and hope. That hope may be delivered through our arranging a 12th Step call through which the struggling alcoholic can meet with members in recovery, and perhaps get to a first meeting. But for this to work, we need current group contact info which is where the 12th Step Contact List comes in. Office and Night Book volunteers use group 12th Step Contact Lists to set up those first meetings but can't effectively do so unless the member info is accurate and current. Since member availability and contact info changes readily, it is suggested groups update their lists every six to 12 months. Does your group have a current list on file? Not sure? Best to submit a new list. 12th Step Contact Lists are available through the office, and online at www.nassauny-aa.org > "Group Forms" > "12th Step Contact." You can scan filled out form and email it to 12thstep@nassauny-aa.org

Yours in service, Karen, Nightbook Chair. Kenny,12 Step Contact list Chair

Corrections



In 2015 I was facing 2 years in prison for a DWI incident. It was what God needed me to go through to realize my life was unmanageable and to show me that my will didn't work. In court I was blessed with a miracle and ended up with probation instead of incarceration!

In 2018 I began to bring meetings into the Nassau County jail, and I am now blessed with serving as our Corrections Committee chairperson. Each week I spend time with others who made the same mistakes I did and try my best to share my experiences with them

Of all the many service positions I have enjoyed, service in the jail is the most rewarding.

If you're interested in sharing your experience, strength and hope, we ask that you attend a monthly meeting of the Corrections Committee for a brief orientation and to fill out the proper form. You'll need to bring your driver's license too. The committee meets the FIRST WEDNESDAY OF THE MONTH, immediately following the monthly Hospital & Institutions Committee meeting.

You can also volunteer for our Corrections pre-release hotline or sign up to correspond with alcoholics incarcerated in long-term facilities (always in a different region of the country). Are you ready to be rocketed into the fourth dimension of love and service?

Alcoholics are waiting for us to carry the message to them - they CAN'T COME TO US! Not able to make the time commitment for any of the above? Maybe you can help us round up literature? Spread the word at your home group? Give me a call if you want to help and we'll find a way that suits your time and talents

Please contact me if you have an interest in corrections service.

Paul L. corrections@nassauny-aa.org

Nassau General Service Group of AA presents:

ACCESS TO AA ARCHIVES

A lively presentation about ongoing efforts to preserve and access our common history. SENY archivists have collected thousands of documents and other items reflecting Area 49's participation in the life of AA over the years, and Nassau County continues to assist.

This endeavour is essential to the present and future health of AA. While the physical archive is being catalogued and preserved for future generations, this Digital Archive is an effort to make some of the history reflected in our collection available online to interested members.

Light dinner provided •

MONDAY, NOVEMBER 18, 2019 7:30 – 9:00PM

Nassau Intergroup Office 361 Hempstead Turnpike, West Hempstead, NY 11552

> All are Welcome to Attend! - Food, Fellowship, Lively Panel Discussion -



From the Editor Steven S. "Series on Slogans"



This month's" Series on Slogans" contribution I have been lucky enough to have shared several meetings with the person who wrote this month's article. This slogan is something I absolutely identified with. I believe most of you reading this may have experienced the same feelings and learned from it. So; If you have not yet experienced this type of growth and understanding, hopefully this will help you identify.

Being comfortable with the uncomfortable

It's human nature to want to be comfortable. Before I got sober, I was comfortable with the certainty of a drink and how it would make me forget at times and not feel at others. I was comfortable in feeling like I would disappoint people and feeling like there was nothing I could do to change my miserable existence. I tried a few times to get sober, but it never worked for long. Feeling again, facing what I'd done, and toxic relationships were just too much. I couldn't live without a drink as it was the only way I felt normal. I got to the point where nothing mattered, not even life itself but by a miracle I wound up in a disastrous circumstance which brought me to my knees. My experiences led me to have a moment in which it seemed to click. Nothing I did would keep me sober and staying comfortable in my depressive alcoholic mind was never going to work. I realized I needed to become uncomfortable.

My first step was to feel uncomfortable in meetings, talking to people, and even going out with them after a meeting. I knew what I did didn't work and the suggestions people were giving me were coming from people who had what I wanted...sobriety. One of the hardest things for me was feeling things and learning to sit with them. For so long I tried to escape them or drink to cover up what I was truly feeling. I was a hurt, scared, and terrified of not being perfect. I was able to find a sponsor who told me I wasn't alone. She was hard on me and made me feel uncomfortable but always safe. I learned to trust her and other women at my home group. I read the big book and began step work. Doing my steps made me even more uncomfortable as how could I be truly honest? If I was honest that would mean that I had to mentally go back to situations that made me feel uncomfortable or even were traumatic. I would have to sit with old feelings and new ones. I would have to tell the truth, do the right thing, and trust my higher power would help me. At times I felt like it was too much and running from it would be the answer, but something inside me kept telling me to stick it out and begin to get comfortable with the uncomfortable.

The longer I stayed sober the more I found out that I would feel uncomfortable and I would have to learn to accept it and deal with it in healthy ways. I slowly started becoming comfortable in uncomfortable feelings and situations that bring up those feelings. I have learned to walk away, put boundaries in place, journal, meditate, talk to my sober support system and share at meetings. I still don't always react perfect especially when I am uncomfortable, but I know picking up a drink will never solve my need to feel comfortable. Notes from Grapevine Chair Nassau County Service Group



First things First!!!

Let's give a big thank you to cluster/district 202&203,213& 216 for their contribution to gifting 8 Grapevine subscriptions to sober houses, nursing homes and rehabs.

A thank you to members, groups and committees for supporting Grapevine by subscriptions. submitting articles @aagrapevine.org and anonymity protected photos of your meeting space, home group @aagrapevine.org

Let me suggest to members, a group, a committee can support the Grapevine. At your next business meeting discuss ordering a subscription for the group. Let individual members know they can order a subscription @aagrapevin.org.

It also makes a wonderful gift for members anniversary or for sponsees.

The Holidays are coming!!!

At your next group anniversary raffle off a subscription!!

Purchase one of the many Grapevine Publishing Books and raffle off a book.

Martin K. AAIOU

Nassau County Big Meeting

2019 Saturday, November 9th

5:30-7:30 PM



Location: LI Ethical Humanist Society 38 Old Country Road, Garden City, NY 1530

Celebrating 78 Years in Nassau County

Co-Hosted by Nassau County Intergroup & Nassau County General Service

Light refreshments and coffee will be served

2019 Holiday Alkathons at Nassau Intergroup

361 Hempstead Turnpike, West Hempstead 11552

THANKSGIVING ALKATHON Meetings Beginning Wednesday, Nov. 27st at 5 pm, Last meeting Thanksgiving Thursday, Nov. 28nd at 10 pm



CHRISTMAS ALKATHON Meetings Beginning Christmas Eve Monday, Dec. 24th at 5 pm, Last meeting Christmas Tuesday, Dec. 25th at 10 pm.

NEW YEAR'S ALKATHON Meetings Beginning New Year's Eve Monday, Dec. 31st at 5 pm, Last meeting New Year's Day Tuesday, Jan. 1st at 10 pm.

Meetings start on the hour throughout. Light refreshments available. Groups may sign up at Reps Meetings to help cover Alkathons.

Our Holiday Gift to You

Once again, the holidays are upon us, and with it, the need for us to be together and support each other during what for many, are trying times. As alcoholics, we sometimes have feelings of excessive loneliness and isolation during Thanksgiving, Christmas and New Year's. Sure, anyone can feel like that, but for us, these feelings can be dangerous, and lead to a reacquaintance with the bottle – God forbid! As the Big Book says, "... and for us, to drink is to die."

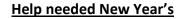
Thankfully, some dedicated AAs here in Nassau are making sure that NONE OF US has to go through the holidays alone in emotional turmoil and distress. In my service position as your Intergroup Second Vice Chair, I was given the privilege of securing volunteers to chair our three annual Nassau Intergroup Holiday Alkathons.

The Alkathons are really the most moving and impactful meetings we have all year. Why, you may ask? Because everyone has come together for mutual support during stressful days, and everyone is from different groups. Also, the Alkathon meetings go for 30 hours starting at 5:00 pm the day before each holiday and run until 11:00 pm the day of the holiday itself. 10 local groups sign up for three-hour shifts which means 30 different AA's take each meeting – in three-hour blocks for one hosting group. The sharing I've generally found is "freer" perhaps than a regular closed meeting, I think because; in some home groups people may not want to share things that they are not comfortable with, so they share freely at an Alkathon with AAs from different groups.

There is ALWAYS plenty of food, soft drinks and lots and lots of coffee! During the breaks between the meetings (about 15 minutes), people congregate outside to socialize, make new friends, and reunite with people they haven't seen for many years! These meetings are an AWESOME experience that you will not want to miss. So, this Thanksgiving, Christmas and New Year's, come on down to YOUR Nassau County Intergroup for meetings, fellowship and fun. Come down with a bunch of friends from your home groups.

The Alkathons are what we're all about. Now I would like to thank the volunteers who have stepped up to organize and chair the Alkathons, and the groups who man them. Happy Holidays, from us, the Steering Committee, to all of you! Steve S 2nd Vice Chair.

Intergroup Association of Nassau County (IANC).



<u>Eve</u>



4 blocks remain open. Each require 3 ppl 1 speaker 1 leader 1 person for the hotline And they rotate every hour. Blocks

<u>12/31</u>- 5, 6, 7pm <u>01/01</u> - 2,3,4am 5, 6, 7 am 8, 9 and 10 PM

Thank you for your service. Archie H & I chair: leave message at office 516 292-3045 or Contact institutions@nassaunyaa.org

Primary Purpose Group of Lynbrook Presents

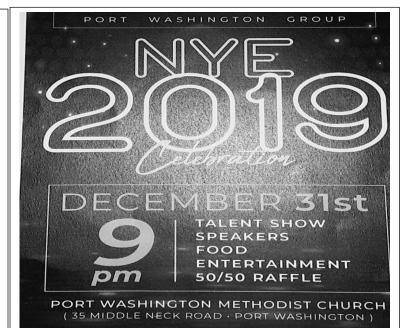
Their 14th Annual Group Anniversary

Tuesday, December 10, 2019

Dessert Reception 6pm –7pm Speaker: 7:00 PM Chris S

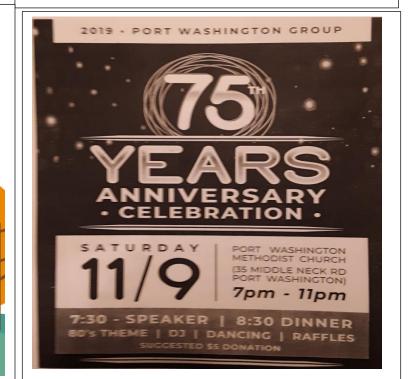
From Bernardsville NJ

Location: Lynbrook Baptist Church Earle Ave and (entrance on) Peninsula Boulevard, Lynbrook, NY



Serenity by the Sea AM Gratitude Meeting and Celebration All are welcome! <u>November 28, 2019.</u> <u>Gratitude meeting 9am</u>. <u>Beginners meeting 10am.</u> Thanksgiving celebration with food and fellowship <u>11:30am-2pm.</u>







GARDEN CITY GROUP

73rd Annual Group Anniversary

 When: → → →
 Sunday November 10th, 2019
 1 - 6 PM

 Where: → → →
 Garden City Community Church

 245 Stewart Ave (Corner of Stewart and Whitehall)

 Garden City NY

With Keynote Speaker: Jim M. Primary Purpose Group Lynbrook, NY



Celebrate with us and Enjoy

Brunch ∻ Raffles ∻ 50/50 DJ ∻ Dancing

Stick around after for our 7:30pm Young People's Meeting and Big Book Study



COME ONE COME ALL! LET'S CELEBRATE DISTRICT 301 SOBER DANCE!

7PM-8PM: OPEN SPEAKER MEETING

8PM-11PM: DANCE (DJ, REFRESHMENTS, 50/50 RAFFLE)

\$5 SUGGESTED DONATION AT THE DOOR



41-01 DITMARS BLVD

NASSAU INTERGROUP EMAIL ADDRESSES

OFFICERS

Chairperson	<u>chair@nassauny-aa.org</u>		
1 st Vice Chair	<u>1stvice@nassauny-aa.org</u>		
2 nd Vice Chair	2ndvice@nassauny-aa.org		
Secretary	<u>secretary@nassauny-aa.org</u>		
Treasurer	<u>treasurer@nassauny-aa.org</u>		

STANDING COMMITTEES

Archives <u>archives@nassauny-aa.org</u>

Coop. Pro. Comm. (CPC) cpc@nassauny-aa.org Corrections corrections@nassauny-aa.org **Financial Review** finance@nassauny-aa.org Institutions (H&I) institutions@nassauny-aa.org Literature literature@nassauny-aa.org Meeting List meetinglist@nassauny-aa.org Newsletter news@nassauny-aa.org Night Book nightbook@nassauny-aa.org Office Coordinator(Mgr)

officemanager@nassaunyaa.org Public Information(PI) <u>publicinfo@nassauny-aa.org</u> Share-a-Day (SAD) <u>shareaday@nassauny-aa.org</u>

Speakers Exchange

speakersexchange@nassaunyaa.org Special Needs <u>specneeds@nassauny-aa.org</u> 12th Step List 12thstep@nassauny-aa.org

Webmaster webmaster@nassauny-aa.org

Or phone 516-292-3045 business hours 9-5 and leave a message with phone rep

Nassau County General Service

contact: Annabel

dcmc@aanassaugs-ny.org



Meeting List Changes

Please help NI keep its meeting information current and correct by submitting a "Meeting List Changes" form (available through the office or online under "Group Services") whenever your meeting details change.

BEGINNERS = B BIG BOOK = BB CLOSED = C CLOSED DISCUSSION = CD OPEN = O OPEN DISCUSSION = OD STEP = S TRADITION = T WC = WHEELCHAIR ACCESSIBLE YP = YOUNG PEOPLE NON-ALCOHOLICS ARE WELCOME AT "OPEN" MEETINGS. ALL TIMES ARE PM UNLESS OTHERWISE NOTED.

NEW GROUPS

-<u>Glenwood Landing 11547</u> Women's Big Book Study Group, Glenwood Life Center, 71 Grove St.; Thurs. 7:00, BB.

-<u>Levittown 11756</u> Courage to Change Group, 3434 Hempstead Tpke., 6:00, BB (Women's closed, wheelchair accessible).

--<u>Malverne11565</u> Malverne Gratitude Group Community Presbyterian Church,12 Knottingham Rd. Living Sober meeting Tues.7:30

-<u>Westbury 11590</u> AA Beyond Belief Group, Life Lutheran Church, 1 Old Westbury Rd. (parking in rear, wheelchair accessible); Wed. 8:00, CD.

Meeting List CHANGE

<u>--Baldwin11510</u> Sobe<u>r</u> Livin<u>g</u> Calvary Church 2801 Park Ave Mon, B. last Mon. of the month will be a step meets 8

<u>--Bethpage 11714</u> St Paul's Church 449 Stewart Ave, 3 pm Step Deleted

--<u>East Rockaway Group 11518</u> 100 Main st, 7:30 B. Thurs, BB now deleted

-<u>East Meadow 11554</u> Old Skool Group, 36 Taylor Ave.; Wed. B, now meets at 7:00.

--<u>East Meadow 11554</u> The Moonlight Group, 36 Taylor Ave.; Mon. B. now meets at 8:00, BB now meets on Thurs.8:00

-<u>Farmingdale 11735</u> I Am Responsible Group, Crossroads Church, 610 Carmens Rd. (handicap accessible); Tues. BB now 7:30; no other changes. —Franklin Square 11010

--Franklin Square,11010 Brew Crew Group, Ascension Lutheran Church, 145 Franklin Ave.; add Mon. 11:00AM, Topic (T last Mon.), Tues. 11:00AM, CD.

-- <u>Glen Cove, 11542</u> Closed Discussion Group, Glen Cove Hosp., 101 St. Andrews lane, lower level. now BB 7PM WED

<u>-Glen Head 11545</u> Glen Head Group, Glen Head Youth Center, 200 Glen Head Rd.; Thurs. 8:00, CD dropped; no other changes.

<u>-Great Neck 11020</u> Big Book Group, St. Áloysius, 592 Middle Neck Rd. (school building basement, enter from Breuer Ave. at awning); Mon. BB now meets at 7:45.

<u>—Hicksville 11801</u> Monday Night Big Book Group, United Methodist Church,

<u>--Levittown 11756</u> Thursday A.M. Good Shepherd Church, 3434 Hempstead Tpke, 11:30Am group Cancelled.

--<u>Levittown 11756</u> Women's Discussion 474 Wantagh Ave First Presb. Church, Now Women's 3pm Group Moved to Good Shepheard Luth. Church, 3434 Hempstead Tpke. 3pm Sun

--<u>Long beach 11561</u> St. Johns Luth. Church 75E Oliver St/Riverside Blvd, Last Sunday Anniversary (Anniv.as needed), last Sunday 6:30 am

--Malverne 11565 Sobriety Without End, Our Lady of Lourdes Church,75 park place, Wed. 7:30 (OD)

--Merrick, N.Y. 11566 Sobriety with Hope, CUR OF ARS Church, 2323 Merrick Ave., 7:00 S

<u>Merrick, N.Y. 11566</u> Sobriety with Hope,2323 Merrick Ave, rm210.7pm Step Traditions, last Monday of the Month

--Rosedale, N.Y. 11422 Rosedale Sobriety with Love, location change St Peters Episcopal Church 137-28 244 St., Rosedale. Meetings and Time remains same

SENY ASSEMBLY AREA 49

8:15 AM-3:15PM SENY Assembly, 11/10/2019 Rockland Community College 145 College Avenue Suffern, N.Y.10901