



# Nassau Intergroup of AA, Inc.

361 Hempstead Turnpike, West Hempstead, NY 11552-1342

www.nassauny-aa.org intergroup@nassauny-aa.org 516.292.3040 (24/7 Hotline) 516.292.3045 (Business)

WORLD WIDE WEB EDITION

# MARCH 2015

# **CALENDAR OF EVENTS**

All meetings are Intergroup events held at 361 Hempstead Turnpike unless otherwise noted.

#### **MARCH 2015**

- 3/4— Institutions Committee, 8PM, Simpson United Methodist Church, 30 Locust Ave. (off Sunset Ave. from County Line Rd.), Amityville 11701
- 3/5— Reps Orientation, 7PM (Suggested for new Reps.) Reps Meeting, 7:30PM
- 3/11— Share-A-Day Committee, 7PM
- 3/12— PI/CPC Committee, 7:30PM (Meets every other month.)
- 3/18— Website Committee, 7:30PM
- 3/19— **Newsletter deadline** for April
- 3/20-22— SENY Convention, Westchester

  Marriott, 670 White Plains Rd., Tarrytown
  10591 (Go to www.aaseny.org for details.)
- 3/21— Exchange Meeting, 7-9AM, Nassau Community College, 1 Education Dr. (Stewart Ave. to Lifetime Brands Blvd.), Cluster F, Room 127, Garden City 11530 (Park in East 2.)
- 3/26— Steering Committee, 7:30PM
- 3/27— Comedy-Dinner-Dance Evening, "We Are Not a Glum Lot," 7-11:30PM, Plattdeutsche Park Restaurant, 1132 Hempstead Tpk., Franklin Square 11010 (Go to page 5 for details.)

#### **APRIL 2015**

- 4/1— Institutions Committee, 8PM (See 3/4 above for location.)
- 4/2— Reps Orientation, 7PM (Suggested for new Reps.)
  Reps Meeting, 7:30PM
- 4/8— Share-A-Day Committee, 7PM
- 4/15— Website Committee, 7:30PM
- 4/19-25— 65<sup>th</sup> AA General Service Conference (Delegates only.)
- 4/20— Nassau General Service Committee (NGSC) Meeting Orientation, 7PM (Suggested for new DCMs/GSRs.) NGSC Meeting, 7:30PM
- 4/23— Newsletter deadline for May
- 4/25— Share-A-Day XXXVIII, Happy Joyous and Free, AA Turns 80, 8AM-4:30PM, St. Joseph's RC Church School, 1346
  Broadway, Hewlett 11557

# Share-A-Day XXXVIII

Nassau Intergroup invites everyone to our 38<sup>th</sup> Annual Share-A-Day. The date is April 25, 2015, at the Saint Joseph's Catholic School, Hewlett. The theme this year will parallel the up coming AA World Convention in July: Happy, Joyous and Free, AA Turns 80!

We kick off our day at 8:00AM with a FREE continental breakfast. At 8:30 the workshops (aka open discussion meetings) begin. At 10:30 join us for the Old Timers' Panel including an open forum where you will have the opportunity to ask the old timers questions. Lunch will be served at Noon, FREE! 1:00PM, don't miss the Key Note Speaker. I've heard her share, and I can't wait to hear her again. She has had quite a remarkable journey. All I can say is, "You need to be there to hear her for yourself."

Share-A-Day will have tables with AA literature as well as many of the local AA service committees and Alanon. We have accredited child care too. Also, Share-A-Day is an open event.

Although Share-A-Day is FREE, your generous support helps to provide this event. Please consider making a contribution or ask your group to make a contribution. Send contributions to: Nassau Intergroup, 361 Hempstead Turnpike, West Hempstead, NY 11552. And please write "Share-A-Day" on the envelope, and in the memo portion of the check.

For more information, go to: www.nassauny-aa.org > Special Events.

Rich B., Share-A-Day Chair shareaday@nassauny-aa.org

# Happy, Joyous and Free, AA Turns 80

#### **AA'S THREE LEGACIES FOR MARCH**

**Step 3**— Made a decision to turn our will and our lives over the care of God *as we understood Him*.

**Tradition 3**— The only requirement for AA membership is a desire to stop drinking.

**Concept 3—** To ensure effective leadership, we should endow each element of AA—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional "Right of Decision."

#### Who Am I?

I visited a still drinking Bill W. at his home in Brooklyn to bring him the message Roland H. had passed on to me, that the "cure" for alcoholism lay in a program of spiritual action. (Answer on page 6.)



"The more we become willing to depend upon a Higher Power, the more independent we actually are."

-From, Step 3, Twelve Steps and Twelve Traditions, p. 36.

#### Editor's Note

The monthly Nassau Intergroup (NI) newsletter regularly carries quotes from AAWS literature touching AA's Three Legacies: Recovery, Unity and Service, such as the one just above on Step 3. Have a favorite quote from the "Big Book," "Twelve and Twelve," or "Twelve Concepts?" Send them in including the citation, and we'll publish them in the corresponding month.

Did you know you can download copies of this and back issues of the NI newsletter (from June 2000 forward) at our website, www.nassauny-aa.org? Follow the links from the home page to "Newsletters." The available files offer full color graphics in some cases, and, depending on your browser, the "pdf" files have working hyperlinks

In service, Bill C., Editor news@nassauny-aa.org

for URLs and email addresses.

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#### **NASSAU INTERGROUP - EMAIL ADDRESSES**

#### **OFFICERS**

Chairperson chair@nassauny-aa.org 1st Vice Chair 1stvice@nassauny-aa.org 2nd Vice Chair 2ndvice@nassauny-aa.org Secretary secretary@nassauny-aa.org Treasurer treasurer@nassauny-aa.org

#### **STANDING COMMITTEES**

Archives archives@nassauny-aa.org Coop. Prof. Comm. (CPC) cpc@nassauny-aa.org Corrections corrections@nassauny-aa.org Financial Review finance@nassauny-aa.org Institutions (H&I) institutions@nassauny-aa.org Literature @nassauny-aa.org Meeting List meetinglist@nassauny-aa.org Newsletter news@nassauny-aa.org Night Book nightbook@nassauny-aa.org Officer Coordinator (Mgr.) officemanager@nassauny-aa.org Program Chair/Secretary seclist@nassauny-aa.org Public Information (PI) publicinfo@nassauny-aa.org Share-A-Day (SAD) shareaday@nassauny-aa.org Speakers Exchange speakersexchange@nassauny-aa.org Special Needs specneeds@nassauny-aa.org 12<sup>th</sup> Step List 12thstep@nassauny-aa.org Website webcommittee@nassauny-aa.org

# FAQs About AA History from AAWS \*

Q.— What are the origins of the Serenity Prayer?

A.— It seems most likely to have been written by Dr. Reinhold Niebuhr, a well-known theologian who served for many years as Dean and Professor of Applied Christianity at the Union Theological Seminary in NYC. Alcoholics Anonymous became aware of the Serenity Prayer in 1941, when it was discovered printed in the New York Tribune newspaper. Go to www.aa.org (see below) for more.

\* From, www.aa.org > Archives & History > History and Resources > FAOs.

"You are an AA member if you say you are."

-From, Tradition 3, Twelve Steps and Twelve Traditions, p. 139

# **AA Grapevine Highlights for March**

March Issue— "In this month's special section, AAs share a variety of their own experiences on how they found their Higher Power."

New Books— Grapevine Daily Quote Book (GV32)

Subscription Challenge 2015 — Join the challenge to increase new subscriptions to the Grapevine and La Viña.

**Sobriety Calculator**— It's fun to count your years, days, hours or minutes in recovery.

Call for Stories — 2015 topics include AA Around the World, Prison Issue, Sober Travel, Technology, and Anonymity.

The Laugh's On Us— Submit a caption for a Grapevine cartoon.

**Daily Quote Subscription**— Sign up to receive an inspirational daily quote from the Grapevine via email.

Go on-line to www.aagrapevine.org for more info.



## **Call Ahead If Coming to the Intergroup Office**

Save a wasted trip and possible frustration. Please call ahead on the Business line (516-292-3045) before coming to the office. (If no answer, the office is closed.) This is a good practice at any time (since we don't always know when office volunteers aren't able to get in), but particularly if the weather is bad.

#### **AA HISTORY FOR MARCH**

March 1938— Bill W. begins work on the "Big Book." Works Publishing, Inc. established to support the book's publication. March 1941— First prison group formed at San Quentin, Calif. March 1, 1941— Jack Alexander article in Saturday Evening Post boosts awareness of AA and AA membership.

March 10, 1944— NY Intergroup formed.

March 22, 1951 — Dr. William Silkworth dies, Towns Hospital, NYC. March 21, 1966— Ebby T.(Bill W.'s sponsor) dies, Ballston Spa, NY.

## A Spiritual Experience On An Epic Scale

On January 24, 2014 at 7:10PM the fire department knocked on the door of my home and told my wife, Maggie, she had to get out immediately. A fire had started in my neighbor's home and was quickly spreading. It was eight degrees out that night, and the wind was blowing very hard. You can go on YouTube and type in "Albertson Fire," and should still be able to see for yourself.

We live in attached town homes. It was horrific to watch your neighbor's home go up in flames, knowing yours is next. My wife was cradling my neighbor's dog who suffers from seizures, the owners weren't home and the dog had to be evacuated. Shortly, the news media showed up, several stations. Everyone started to panic and cry. So many questions came to mind.

Fire departments from neighboring townships were there helping out. There came a point where it did not matter how much water was being poured on the homes, the fire was winning. The wind was just stoking the fire.

I felt this overwhelming emotion coming over me, and I could not hold back the tears. I did not want to be filmed by any of the news media, so I walked about a block away. I allowed myself to cry, and it was brutal. I cried so hard my legs gave out, and I had to hang onto a neighbor's fence to prevent myself from lying on the ground.

Then it happened. God picked me up off the street. I just did not have it in me. I felt strong, and felt His power and presence flow through me. I was at once determined to only move forward from that point. I had just had an spiritual experience like nothing I had ever imagined or thought possible. I dried my eyes and marched back to the fire. I was infused with the Sprit. God did for me once again what I could not do for myself. I was not going to be beat!

Against the fire department's wishes (I don't condone my actions but this is a program of honesty) I ran into my home and gathered everything of importance. I ran into my garage, waded though two feet of water, and said a prayer I would not get stuck in the garage. The ceiling started to collapse as I drove the car through the water to safety. I led my neighbors. I found shelter for my family.

The evening never ended. It went on hour after hour well into the morning hours. At 2AM the bulldozers came and knocked down two of the homes the fire department could not fully extinguish. At around 4am things started to wind down somewhat.

The following day I shared what happened at my home group, The Solution Group in Williston Park. Immediately the outpouring of love was of the caliber we so often hear of in AA. My phone never stopped ringing. People brought us food, offered us shelter and clothing. It was non-stop.

It's been over a year since the fire, and it has been filled with ups and downs. We are back in our home, but for every three steps we go forward, we go back two.

The night of the fire and the spiritual experience I had that night is still with me. I have shared it many times, and hope it can help others in their journey.

Ray M., The Solution Group, Williston Park



It was then that I carried you.

# 12<sup>th</sup> Step Lists— We Need You

A great many important things happen in AA to help the still suffering alcoholic, things that are unseen and even unknown to many members, but that are important to carrying the AA message of recovery.

At the heart of NI's service to AA is our ability to arrange for a  $12^{\text{th}}$  Step call whenever an alcoholic reaches out for help. To do that, we need current contacts in as many groups as possible. Whether serving as an office phone Rep or doing the Night Book, it's difficult going through  $12^{\text{th}}$  Step contact lists and finding many names still listed for members who, for one reason or another, are no longer available for the call.

Does your group have a current contact list with NI, ideally updated within the last six to 12 months? If you're not sure, please pass around a copy of the "12<sup>th</sup> Step Contact List" form (available at the office or on-line under "Group Services" > "12<sup>th</sup> Step List") at your next business meeting, and return it completed to NI. Or you can email just the list of names with a phone number for each noting any of the "Times Available" slots (Anytime, Weekdays, Weekends) for each. Mark each one willing to give rides to meetings, "R."

"We need you!" Three months or more recovery is suggested to be on the list, but members with less time can join an AA friend or sponsor who is handling a 12<sup>th</sup> Step call for fellowship and to get an idea how it is done. Also, it is suggested always doing 12<sup>th</sup> Step calls in pairs, never alone. So if you field a call, get a buddy to go along with you. This is especially helpful if you are new to this serivce.

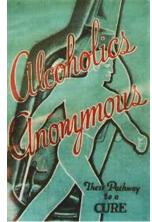
Check out, "About the Night Book" above too as service with the Night Book runs in tandem with our fielding 12<sup>th</sup> Step and other calls for AA help 24/7.

AAIOU, Marty K., 12<sup>th</sup> Step List Chair 12thstep@nassauny-aa.org

#### A Bit More History

Of all the ideas being floated about in the early fellowship (remember Bill W. and some of the others had many grand designs including for hospitals, rehabs and paid missionaries), in 1937 the idea of writing a book began to be discussed.

"By setting forth a clear statement of the recovery program, a book could prevent distortion of the message. It could be sent or carried to alcoholics in distant cities; it could help publicize the movement among nonalcoholics. It might even make money—which could be used to establish an office to handle inquiries, publicity, etc." (Pass It On, p.190.)



Rendering for the original "Big Book" dust jacket.

Work on a book began in March (or April) 1938.

In considering the writing, Bill was concerned the message in print needed to be "powerful—and thorough," that, "There must not be a single loop-hole through which the rationalizing alcoholic could wiggle out." (*Pass It On*, p. 196.) With these thoughts in mind, Bill went on to write Chapter Five, "How It Works."

#### **About the Night Book**

Nassau Intergroup (NI) had its beginning as a member covered answering service in the late 1940's. One of the special services NI offers today is the possibility of still being able to connect to an AA member through the Hotline (516-292-3040), now 24/7. This is unique as this is something very few of the about 600 AA Intergroup/Central Offices in the US and Canada are able to do.

Between 9AM and 5PM, NI's Hotline is answered by our office volunteers. Once the office closes, calls to the Hotline are forwarded to individual members' home or cell phones in a coordinated system we call the "Night Book." This provides 24/7 access.

How does the Night Book work? Groups are asked to step up to cover the Night Book for a given week, Saturday to Friday. To do this, the group picks a week, and fields a Night Book coordinator.

The coordinator recruits seven members willing and

able to receive incoming calls between 5pm and 9AM for one day each, usually by explaining the service and passing around a Night Book sign up sheet (available at the office or on-line under "Group Services" > "Group Forms") at a business meeting. If a group can't field seven members, or if willing members can't quite cover all the hours, NI can make

up the difference. Before the scheduled week

begins, the coordinator picks up two sets of books (the Night Book cases) with Nassau meeting info, group 12<sup>th</sup> Step lists and other info to help them respond to typical Hotline questions. The two cases are passed among the members covering the Hotline that week.

Despite the occasional "crank" call (these too many be fellow sufferers), Night Book service is very gratifying. Many members find creative and fun ways to cover this service such as holding an overnight pizza party where several members together take turns answering calls interspersed with doing some Step-work or Big Book study.

About 50 groups help cover the Night Book every year with some taking it more than once. Please consider getting your group to step up this year. It's a great way to give legs to your commitment to the 12<sup>th</sup> Step and 5<sup>th</sup> Tradition, and a service you will enjoy.

For the Night Book nightbook@nassauny-aa.org

#### Do You Know an Alcoholic with Special Needs?

Hello. My name is Laura NC. I am the new Nassau Intergroup (NI) Special Needs Committee Chairperson.

What do you think of when you hear, "Special Needs?" Alcoholics Anonymous understands AA's with special needs "as persons who are blind or visually impaired; deaf or hard of hearing; chronically ill or homebound, those who are developmentally disabled, and many others who may have less visible challenges." (AA Guidelines: Serving Alcoholics with Special Needs, AAWS, p. 1.) For me personally, it became wheelchair accessibility.

In 2007, I was in a very serious motorcycle accident, and in the hospital for months. Members of AA came to the hospital, and we had meetings in my room. When I came home, they brought meetings to my house. When I was finally able to get out of the house in my wheelchair, I found the very limited number of wheelchair accessible meetings made it very difficult. For those

listed by Intergroup as accessible, at times I was unable to find the entry ramp. Some meetings had elevators, but they were inside a different part of the building for which the group did not have the key. Once I did get in the building for a meeting, the bathrooms were often not wheelchair accessible.

Today, I can put on my prosthetic leg and get out of my wheelchair, but what about people who cannot?

"I am responsible . . .

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

Do you know of any alcoholics who need special help to receive the AA message? If you're not sure how you can help, contact the NI Special Needs Committee. The next meeting of the Special Needs Committee will be at 7PM at the NI office on May 21.





















# **Nassau County Unity Breakfast**

After considering some changes to the venue and date which delayed our holding the event last year, we are finally ready to hold our Nassau County General Service Committee Unity Breakfast again: June 7, 2015, Uniondale Marriott Hotel.

The idea for a Nassau breakfast started in 1984 when a few members from Nassau County attended the Bronx Breakfast. The first Nassau breakfast was held at Anton's in Massapequa. For a few years it was held at Best Western in Hempstead, but in 2001 it needed a new location. The new location was the Holiday Inn in Rockville Center. Then in June 2002, the event moved for its 18<sup>th</sup> breakfast to the Plattdeutsche Park Restaurant in Franklin Square where it was held until 2012. In February 2013 we held the event at the Marriott Hotel in Uniondale where 616 Members attended.

I hope all those who have attended this wonderful event in the past will come again and bring their fellow AAs in support with them.

Doing Service is the secret to staying sober. 100% of the work in AA is done by 10% of the members, and most of that 10% stay sober from that service including events like the Unity Breakfast.

It will be my honor and privilege to be Chair of the 2015 Nassau County Unity Breakfast. Your group GSR will be able to get tickets, or contact me for tickets which are now available.

Kevin Mc H., 2015 Nassau County Unity Breakfast Chair office@aasenv.org

#### **Announcements**



March 20-22, 2015 Westchester Marriot Hotel www.aaseny.org

#### The Business Meeting

It's easy to feel "recovered" when I sit comfortably in an AA meeting. That sometimes misleading sense of accomplishment can be easily unsettled when I sit down to an AA business meeting.

I've attended very orderly and civil meetings where everyone walked away satisfied with at least the process even when their point of view on a big question did not prevail. I've also attended meetings where tempers flared and chairs flew. I remember one where a disagreement spilled out into the street threatening to come to blows with dismayed neighbors looking on as the loud dispute moved on to the parking lot a block away.

I'd like to offer a few suggestions for running business meetings. Remembering "keep it simple," and understanding that small meetings and large meetings may have somewhat different needs, most effective business meetings have in common good leadership, and a clear agenda and guidelines for conducting the meeting.

On leadership: Keeping in mind what Tradition 2 tells us about who is in charge, the meeting chair need not be without opinions, stand above any discussion, or be an expert at Robert's Rules. Consideration and support for the chair from among the members is important.

A good chair will help set a tone, perhaps opening with a prayer or reading. The chair needs to temper enthusiasm for any question lest it overtake the sense of responsibility for the orderly and effective conduct of the meeting. It is probably a mistake for the leader to repeatedly interject a personal point of view into a discussion, or to try to drive a favored decision through. A patient chair will simply add their thoughts to the discussion in turn. It helps too if the chair is organized, having a sense of what needs to be covered in each meeting, and a sensitivity to the clock. Informal leadership can come from group elders as well.

On guidelines: Guidelines help bring order and effectiveness to the meeting. They help us get things done and help us to listen. That means the group probably needs to agree on a minimal set of guidelines for running the meeting at the outset including a standard agenda.

It is suggested we agree that members wishing to speak raise their hand and wait to be recognized before speaking. Only one member speaks at a time, no one speaks over another. Everyone wants to be heard, so it also helps if we agree no member speak again on a question until everyone who wishes to be heard speaks a first time. This too discourages direct debate which can come to feel personal and become heated.

This article first appeared in the October 2011 issue of this newsletter.

#### The Business Meeting 2

Last month we talked about AA business meetings, some basic thoughts on both their leadership and guidelines or "rules of order". We observed that the needs of meetings will vary with the size of the group, its purpose and agenda. Home group business meetings and service committee business meetings may need to be approached somewhat differently, but the fundamentals are the same.

Good leadership has a light touch, is patient and supports consensus. While the leader should have the needs of the meeting and how best to meet them in mind, good leadership is not overly directive. After all, "Our leaders are but trusted servants; they do not govern." An effective chair will also seek advice from experience.

This makes leadership roles open to inexperienced members too.

We need some guidelines for how we run our meetings, but which and how many before we run up against "Rule #62"? Agreement on a basic order and agenda is helpful before any business is undertaken. A basic agenda might include a brief review of what happened at the last meeting along with a treasurer's report before moving on to any pending or new questions.

Some thoughts on what should be common sense "rules" for civility were offered last month. Beyond that, the meeting needs to agree on how it will decide questions, simple majority or better? Matters of group conscience, policy decisions, are probably best decided by a majority after full discussion (no rush to decide), that way a revisiting of any question would probably sustain the same decision. Procedural questions might take a lighter touch, simple majority. Assure the minority is heard too.

A loose application of Robert's Rules is often helpful. This would include guiding the making of motions, tabling or postponing questions, raising points of order and so on. A brief list of the meeting guidelines used at Intergroup and other handouts on rules of order are available on request.

Keep in mind that a small business meeting may not need any of this beyond the ideas on civility to function well, but as the size of the meeting and/or its agenda grows, some further structure is probably needed.

This article first appeared in the November 2011 issue of this newsletter.

#### **More Announcements**

# Share-A-Day XXXVIII Happy Joyous and Free AA Turns 80

Saturday, April 25, 8AM-4:30PM St. Joseph's RC Church School 1346 Broadway, Hewlett 11557

Speakers • Oldtimers Panel Workshops • Lunch • Child Care

Nassau Intergroup Comedy-Dinner-Dance Evening "We Are Not A Glum Lot"

March 27, 2015, 7-11:30PM

Tickets \$45

Plattdeutsche Park Restaurant 1132 Hempstead Turnpike, Franklin Square 11010

Ask your Intergroup Rep about tickets or chair@nassauny-aa.org

### **Meeting List Changes**

Please help NI keep its meeting information current and correct by submitting a "Meeting List Changes" form (available



through the office or on-line under "Group Services") whenever your group's meeting details change.

BEGINNERS = B BIG BOOK = BB CLOSED = C
CLOSED DISCUSSION = CD OPEN = O
OPEN DISCUSSION = OD STEP = S TRADITION = T

NON-ALCOHOLICS ARE WELCOME AT "OPEN" MEETINGS.

#### **NEW GROUPS**

-Amityville 11701

**Three Legacies Group**, Dominican Village, 565 Albany Ave.; Tues. 7PM OD; WC accessible.

-Cedarhurst 11516

Saturday Morning Literature Group, 23 Grove St., Suite 200; Sat. 7:15AM C Men's.

—Hempstead 11550

We Ask God Group, Salvation Army, 65 Atlantic Ave.; Tues. 7:30PM BB.

-Point Lookout 11569

Point Lookout Group, Point Lookout Community Church, 60 Freeport Ave.; Thur. 7PM As Bill Sees It, Thur. 8:30PM 11<sup>th</sup> Step Meditation.

-Woodmere 11598

 $\mbox{\bf Arcade Legends Group}, 936 \mbox{ Broadway; Tues. and Thurs. 6:30AM C Men's.}$ 

#### **CHANGES**

—Baldwin 11510

**New Look on Life Group** (formerly **Baldwin New Outlook Group**), First Church Baldwin, 881 Merrick Rd.; no changes to meetings.

-Farmingdale 11735

I Am Responsible Group, Crossroads Church, 610 Carmans Rd.; 7:30 PM BB now 7:00PM.

—Hicksville

**Levittown Group**, Parkway Comm. Church, 95 Stewart Ave.; no Mon. 8:15PM meeting. First Mon. 7PM CD is B. Thurs. 7:30PM O.

-Massapequa 11758

Into Action Group, Grace Episcopal Church, 23 Cedar Shore Dr.; Sat. 3PM O BB. (Incorrectly listed as Fri. 3PM BB and OD.)

-Port Washington 11050

**Port Washington Group**, United Methodist Church, 1515 Middle Neck Rd.; Tues. 8:45PM OD now CD.

-Rockville Centre 11570

**The Men's Group**, 30 Hempstead Ave., Basement Office Building, Suite H6; Fri. 8PM CD now Open Ended Topic.

-Roslyn 11576

**Roslyn Group**, Roslyn Presbyterian Church, 140 E. Broadway (formerly Roslyn Community Center); Thurs. 8PM CD only.

-Seaford 11783

**Time Group**, St. James School, 80 Hicksville Rd.; 4PM Sun. S now 7PM. No other changes.

-Svosset 11791

**Berry Hill Discussion Group** (formerly at Saint Bede's Episcopal Church), moved to Shelter Rock Church, 178 Cold Spring Rd.; all Fri. meetings are now held on Thur., same times; no changes to Sun. or Tues. meetings.

#### CLOSED GROUPS

-North Bellmore 11710

Miracles Group, 906 Newbridge Road.

#### **TEMPORARY CHANGES**

-Cambria Heights 11411

**Give It A Try Group** (formerly at the Presbyterian Church, Elmont), meeting at Cambria Heights Community Church, 116-02 220<sup>th</sup> St. (Basement). No changes to meetings. A permanent location is being sought.

-Elmont 11003

Give It A Try Group, moved to Cambria Heights. See above.

-Roosevelt 11575

**Sunday Sunrise Group**, meeting at the First United Methodist Church of Roosevelt, 30 Union Pl./Whitehouse Ave.; 8:30AM CD. (Formerly meeting at the Reach Center.)

Women Caring for Women Group, meeting at the First United Methodist Church of Roosevelt, 30 Union Pl./Whitehouse Ave.; 1PM Women's Meeting. (Formerly meeting at the Reach Center.)

#### Answer to Who Am I?

**Ebby T.** (1896-1966) brought Bill W. the idea of some kind of spiritual program being essential to overcoming his alcoholism, this on a foundation of accepting the hopelessness of his condition. (Ebby had been influenced by Roland H. who had in turn been a patient of Dr. Carl Jung who suggested the spiritual approach, "spiritus contra spiritum.") Ebby introduced Bill to the Calvary Mission on 23rd Street in NYC where Bill would begin his reaching out to fellow sufferers following his release from Towns Hospital in December 1934. Although Ebby would find continuous sobriety elusive, Bill considered Ebby his sponsor through Ebby's death in 1966. See, Alcoholics Anonymous, pp. 8-10, and Pass It On, pp. 111-120.

"Some . . . principle has to be devised which . . . will continuously balance the right relation between ultimate authority and delegated responsibility."

-From, Concept 3, Twelve Concepts for World Service, p. 12.

#### More Announcements

"Give It A Try"
Group

We are temporarily moving to:

Cambria Heights Community Church 116-02 220<sup>th</sup> Street Cambria Heights, NY 11411

Directly on the corner of 220th Street & 116 Ave.
In the basement

Effective Monday, January 5, 2015 Same Meeting time

> Monday 7:00pm Thursday 7:15pm

# THE GLEN HEAD GROUP

200 Glen Head Road Glen Head, NY

Invites you to:

GROUP ANNIVERSARY PARTY CELEBRATING 67 YEARS!

Tuesday, March 24th, 2015

Dinner at 6:45, Speaker at 8:00, Fellowship at 9:00

Join us for the celebration.
All are welcome!



14<sup>th</sup> International Convention "80 Years-Happy, Joyous and Free" July 2-5, 2015 Atlanta, Georgia www.aa.org

JOURNEY INTO THE 11™ STEP

**EXPERIENCING PRAYER & MEDITATION** 

Workshop sponsored by the 11<sup>th</sup> Step Meditation Group of Great Neck

April 17-19, 2015

Peace Village Learning Center Haines Falls, NY

518-589-5000

