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October 2008



Nassau Intergroup will be conducting a Group inventory at the October Reps meeting

CALENDAR OF EVENTS

All Meetings are held at the Intergroup Office unless otherwise noted

October

Oct 1	8:00 pm	Institutions Committee Simpson Methodist Church Locust and Sunset, Amityville
Oct 2	7:30 pm 8:00 pm	Intergroup Rep's Orientation Intergroup Rep's Meeting Garden City Community Church Stewart Ave & Whitehall Blvd
Oct 8	8:00 pm	Share-A-Day Committee
Oct 14	7:00 pm	PI/CPC Committee
Oct 15	7:30 pm	WebSite Committee
Oct 20	7:00 pm 7:30 pm	General Service Rep's Orientation General Service Rep's Meeting Nassau Intergroup Office 361 Hempstead Tpke, W Hemp
Oct 23		Newsletter DeadLine
Oct 30	7:30 pm	Steering Committee

November

Nov 5	8:00 pm	Institutions Committee Simpson Methodist Church Locust and Sunset, Amityville
Nov 6		Meeting List Change Deadline
	7:30 pm 8:00 pm	Intergroup Rep's Orientation Intergroup Rep's Meeting Garden City Community Church Stewart Ave & Whitehall Blvd
Nov 11	7:00 pm	PI/CPC Committee
Nov 13		Newsletter DeadLine
Nov 19	7:30 pm	WebSite Committee
Nov 20	7:30 pm	Steering Committee
Nov 26		Thanksgiving Alkathon
	5:00 pm	Alkathon Starts
Nov 27	11:00 pm	Alkathon Ends
		No GSR Meeting in November

WE LIST ONLY AA MEETINGS

MEETING CHANGES

Douglaston: Fresh Start Group has added a Sun 7:15pm BB mtg

Farmingdale: Sunday at the Park Group last Sun is now an OD mtg

Hicksville: Easy Does It- (Correction from meeting list) meets at Holy Trinity Epis Ch, 130 Jerusalem Ave (Corner of Jerusalem & Old Country Rd), also Sun 6:15pm BB and 7:30 O mtgs are consolidated into one mtg 7:00pm Sun BB/S/Ann

Little Neck: Little Neck/Douglaston Group now meets at Community Ch of Douglaston, 39-50 Douglaston Pkwy

Manhasset: Manhasset Group has added a Tue 7:30 pm woman's CD and a Wed 7:30 pm BB

Merrick: Stepping Stones Group now meets on the ground floor in Saint Michael's room

West Hempstead: Decision Group has changed its Tue 8:15pm CD meeting to an 8:15pm YP and dropped the last Fri 7:00pm CD meeting

Westbury: The Right Place Grp Mon 7:30pm BB now meets on Tue at 7:15pm; last Tue Ann

NEW MEETINGS

Bellmore: Only Booze meets at 7:30pm CD Bellmore Pres Ch, Rambo Hall, Bellmore Ave and Martin Ave

Manhasset: The 11th Step Meditation Group meets at 10:00am, Tue Children welcome, Shelter Rock Church, 626 Plandome Rd

DELETIONS

Hicksville: Step by Step Group: no longer meets

Rosedale: Circle of Serenity: no longer meets

West Hempstead: Came to Believe no longer meets

PHONE VOLUNTEERS:

If you have at least 6 months of Sobriety and are interested in answering phones at Nassau Intergroup,

CONTACT: the Office Coordinator:
(516) 292-3045

From the Chair

Dear Friends:

I can't believe we're already in the month of October...time is really flying by. Before you know it, we'll be preparing for our holiday Alkathons (preparations for our Thanksgiving Alkathon are already in the works look for details in our November newsletter).

This month, Nassau Intergroup Reps will be voting on new Steering Committee Officers for the 2009-2010 terms. Check out next month's newsletter for the results!

As we move into another season, I found the following excerpt which is taken from *The Daily Reflections*; p. 221 entitled **A Prayer for All Seasons**.

God grant us the serenity to accept the things we cannot change, Courage to change the things we can, and wisdom to know the difference

Twelve Steps and Twelve Traditions, p. 125.

The power of this prayer is overwhelming in that its simple beauty parallels the AA Fellowship. There are times when I get stuck while reciting it, but if I examine the section which is troubling me, I find the answer to my problem. The first time this happened I was scared, but now I use it as a valuable tool. By accepting life as it is, I gain serenity. By taking action, I gain courage and I thank God for the ability to distinguish between those situations I can work on, and those I must turn over. All that I have now is a gift from God: my life, my usefulness, my contentment, and this program. The serenity enables me to continue walking forward. Alcoholics Anonymous is the easier softer way.

Happy Anniversary to all of our October celebrants

Blessed to Serve,
Intergroup Chairperson
chair@nassaunya-aa(dot)org

*PATIENCE WITH OTHERS IS LOVE,
PATIENCE WITH SELF IS HOPE,
PATIENCE WITH GOD IS FAITH.*

SERVICE OPPORTUNITIES

SPECIAL NEEDS

**The Mineola Group
1st Pres Church
182 Main Street
Mineola NY**

**NOW has
An ASL (American Sign Language)
interpreter
at their 8pm S meeting**

Anyone interested in helping physically challenged alcoholics or, other alcoholics with special needs.

The Committee meets the
2nd Thursday of December.

Please contact the Special Needs
Chairperson for Nassau Intergroup

LITERATURE

**Now in stock at
Nassau Intergroup
2009 Pocket Planner!!**

NIGHT BOOK

The Hotline is going very well. The groups are stepping up to the plate. We know that nothing insures sobriety like service to the fellowship of alcoholics. When we speak to a newcomer that doesn't know if he's crazy and tell him our plight with this disease, they are so grateful to know the answer at last. Let's get some new groups to sign up.

Thanks to the following groups the month of September:

**Bethpage-New Life
East Rockaway
Levittown
Levittown-Hope**

Yours in love and service,
NightBook Chair
nightbook@nassauny-aa(dot)org

Service

I can make it to a few meetings a week, have a GSR (General Service Rep.) job, and support my home group by shopping for supplies and going to all their business

meetings, and I attend the quarterly exchange meeting. As active as I am I can still forget the good feeling I get when I put my hand out to another person. Sharing my experience, strength and hope reminds me that I'm a different person from the one who wouldn't give you the time of day when I was drinking. It's the way I keep my own recovery program fresh and it's the way I try to help our fellowship grow. Service to others puts my concerns in a healthier perspective and invites others to do the same. AA doesn't ask much and pays off enormously, so I try to answer the phones when our group gets the night book and whenever another alcoholic reaches out to me. When I thank AA for being there for me I remember that I am AA too!

Grateful member

PI/CPC

PUBLIC INFORMATION/COOPERATION WITH THE PROFESSIONAL COMMUNITY

One of the purposes of this committee is to provide requested speakers and literature to schools, the professional community, health fairs and various community organizations. These commitments are filled through intergroup (via PI/CPC). Following this procedure insures that AA is being represented properly and allows us to provide the necessary resources to enhance the presentation. If you, or anyone you know is doing such a commitment, please be sure it is supported through intergroup.

Thank you
Public Information Chair/
CPC Chair
pi@nassauny-aa(dot)org,
cpc@nassauny-aa(dot)org

****Cedarhurst- Hewlett Group****

**49th Anniversary!!!
Friday October 31st 2008**

**Saint Joseph's School Cafeteria
1346 Broadway Hewlett 11557
Speaker @8:00pm
Food/ Music/50/50**

From the Treasurer:

The Elections & Other Matters

By the time this reaches most members in Nassau County, Intergroup will have held its biennial election of officers. Our thanks to all who made themselves available to serve, and to all who otherwise participated in the election process—the current Steering Committee members and Intergroup Reps, the DCMC for Nassau and the other interested member in attendance. The incoming officers have my full support and encouragement.

In other matters, following up on questions of group insurance and setting up a group bank account, I would very much like your shared experience to add to what we have collectively learned. On insurance, what resources did you find? What are the costs like? Have you had any experience with a claim? On bank accounts, what banks did you try? What hoops did you have to jump through before you had your account in place? Any experience on these topics will help other groups as they come to grips with the same questions.

I remain available to come to your group if there is any AA finance/treasurer topic on which I can provide information. Questions are best directed to me at the phone number or e-mail address below rather than through the office.

In service,

Treasurer

treasurer@nassauny-aa(dot)org

General Service News

On September 13th Nassau General Service Group hosted the South Eastern New York (SENY) Election Assembly in Garden City where we elected our 2009-2010 SENY officers. They are: Richard S, (Manhattan) – SENY Delegate; Susan F, (Manhattan) – SENY Alternate Delegate; Brenda P, (Nassau) – SENY Chair; Jim W, (Bronx) SENY Treasurer and Daniel S, (Brooklyn), SENY Registrar. Thank you to all who helped with the planning of this assembly including set-up and clean-up on the day of the event. It was a good day had by all; some members traveled great distances to be part of the election process. Also, special thank you to the Garden City Group and Nassau Intergroup for use of their meeting equipment, etc. I'm very proud of Nassau!

Later this month the county will be electing its new slate of officers by way of the Third Legacy Procedure as outlined in the *AA Service Manual*, also see August/September issue of the *NGSG Gazette*. The new officers will take the helm on January 1st and I wish them the best and know GSR's and DCM's will be supportive of them as they are for the current officers. And by the time you read this, Nassau Intergroup would have elected its new officers for 2009-2010, congratulations to these trusted servants. Rotation is important and service is the key.

Finally, don't panic if your group doesn't have any Unity Breakfast tickets. A waiting list has been established and as soon as we receive returns the first name on the list will be contacted. Money for sold tickets must be given to Unity Breakfast Chair, County Treasurer or me. We ask that members do not leave unsold tickets or money at the Intergroup Office with Phone Reps.

Together We Can,

DCMC Nassau,

nassau@aaseny(dot)org

eMail Addresses

NASSAU INTERGROUP OFFICERS

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1st Vice Chr.....vicechairs@nassauny-aa(dot)org

2nd Vice Chr.....vicechairs@nassauny-aa(dot)org

Secretary.....secretary@nassauny-aa(dot)org

Treasurer.....treasurer@nassauny-aa(dot)org

NASSAU INTERGROUP COMMITTEE CHAIRS

Archives.....archives@nassauny-aa(dot)org

Books/Literature.....literature@nassauny-a.org

CPC.....cpc@nassauny-aa(dot)org

Corrections.....corrections@nassauny-aaa(dot)org

Financial Review.....finance@nassauny-aa(dot)org

Institutions.....institutions@nassauny-aa(dot)org

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.....speakersexchange@nassauny-aa(dot)org

Special Needs.....specneeds@nassauny-aa(dot)org

Web Site.....webcommittee@nassauny-aa(dot)org

12th Step List.....12thstep@nassauny-aa(dot)org

Nassau DCMC.....nassau@aaseny(dot)org
